



1992-2018

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BOARD MEMBERS

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MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	12 April 2018
Subject	Squad to 2018 CAA African Championships
No pages	3

ELECTRONIC TRANSMISSION

Dear ASA Members

Circular 32 of ASA 2018 (04/12) – SQUAD TO 2018 CAA AFRICAN CHAMPIONSHIPS

With the 2018 Athletics World Cup Squad in place, and the athletes now in preparation for the mentioned event, ASA now focus its attention on the preparation for the 2018 CAA African Senior Championships that will take in Asaba, Nigeria from 1 – 5 August 2018, a mere 2 weeks after the 2018 Athletics World Cup.

The fundamental difference of the 2 events mentioned above, apart from the fact that the Athletics World Cup is an international event and the CAA African Championships a continental event, is that for the 2018 Athletics World Cup only one athlete can be entered per event, while 3 athletes can be entered per event for 2018 CAA African Senior Championships.

Both abovementioned events will be used to groom the ASA Team for the 2019 IAAF World Senior Championships and ultimately the 2020 Olympic Games.

Please find attached a Squad that was identified by ASA in preparation for the 2018 CAA African Championships. The squad consist of 127 athletes (77 men and 50 women).

Athletes not listed in the attached 2018 CAA African Senior Championships Squad, have the right to appeal for reconsideration in writing, to ASA for att. Hezekiel Sepeng on Hezekiel@athleticssa.co.za before close of business on Thursday 19 April 2018.

The appeal should include the performance of the athlete, and the date/event of the achievement to be considered.

Athletics greetings

Richard Stander
ASA ACEO
Not signed due to electronic sending



CAA AFRICAN SENIOR CHAMPIONSHIPS SQUAD

NIGERIA 1 – 5 AUGUST 2018

Men	Event	Women
Akani Simbine (AGN) Rosco Engel (WPA) Simon Magakwe (WPA) Clarence Munyai (AGN) Henricho Bruintjies (WPA) Anaso Jobodwana (AGN) Emile Erasmus (AGN)	100m	Carina Horn (AGN) Tebogo Mamatu (AGN) Lente Pieterse (ACNW) Cassidy Williamson (KZNA) Tamzin Thomas (CGA) Alyssa Conley (CGA)
Akani Simbine (AGN) Rosco Engel (WPA) Luxolo Adams (EPA) Clarence Munyai (AGN) Chederick van Wyk (ACNW) Anaso Jobodwana (AGN) Thando Dlodlo (CGA)	200m	Justine Palframan (BOLA) Tamzin Thomas (CGA) Lente Pieterse (ACNW) Nabeela Parker (WPA)
Pieter Conradie (ACNW) Thapelo Phora (AGN) Zakhitine Nene (KZNA) Derick Mokaleng (CGA) Sokwakhana Zazini (AGN) Thando Dlodlo (CGA)	400m	Justine Palframan (BOLA) Ariane Nel (ACNW) Danelle Holton (ACNW) Rorisang Rammony (ANWN) Marli Viljoen (AGN) Zene van Der Walt (AGN)
Tshepo Tshite (ACNW) Kabelo Mahlosi (ANWN) Rynardt van Rensburg (AFS)	800m	Caster Semenya (AGN) Jenna Lofstrand (KZNA) Prudence Sekgodiso (AGN)
Ryan Mphahlele (CGA) Nkosinathi Sibiya (KZNA) Jerry Motsau (ACNW)	1500m	Caster Semenya (AGN) Dominique Scott (WPA) Thineke Cloete
Elroy Gelant (ACNW) Jerry Motsau (ACNW) Stephen Mokoka (AGN) Gladwin Mzazi (CGA)	5000m	Dominique Scott (WPA) Glenrose Xaba (AGN) Kayla van Graan
Stephen Mokoka (AGN) Elroy Gelant (ACNW) Mokofane Kekana (AGN) Regan Magwai (AGN)	10000m	Glenrose Xaba (AGN) Cherise Sims (BORA)
Rantso Mokopane (ACNW) Dumisang Monnatlala (CGA) Dikotsi Lekopa (ACNW)	3000m SC	Cherise Sims (BORA)
Antonio Alkana (WPA) Ruan de Vries (AGN) Tian Kleynhans (ACNW)	110m H / 100m H	Rikenette Steenkamp (AGN) Taylon Bieldt (AGN)

Lindsey Hanekom (AGN) Le Roux Hamman (AGN) Sokwakana Zazini (AGN) LJ van Zyl (AGN) Cornel Fredericks (AGN). Constant Pretorius (AGN)	400m H	Wenda Nel (AGN) Zene van der Walt (AGN)
Chris Moleya (AGN) Mpho Links (ACNW) Breyton Poole (WPA)	High Jump	Julia du Plessis (ACNW) Yvonne Robson (AGN) Kristi Snyman (WPA)
Walco van Wyk (BOLA) Nikolai van Huysteen (BOLA)	Pole Vault	Jody Sedras (WPA) Nicole Janse van Rensburg (BOLA)
Luvo Manyonga (EPA) Ruswahl Samaai (BOLA) Zarck Visser (CGA)	Long Jump	Lenique Benecke (AFS) Zinzi Chabangu (CGA) Patience Ntshingila (CGA) Kelly Kingwill (EPA)
Kgotso Mokoena (CGA) Menzi Mthembu (CGA) Sefaku Mokhosa (AFS)	Triple Jump	Zinzi Chabangu (CGA) Patience Ntsingila (CGA)
Orazio Cremona (CGA) Jason van Rooyen (CGA) Kayle Bignaut (CGA)	Shot Put	Ischke Senekal (EPA) Monique Wagner (CGA) Mieke Strydom (ASWD) Angeline Smit (BOLA)
Victor Hogan (BOLA) Werner Visser (CGA) Brynn Peter Kemp (BOLA) Patrick Duvenhage (CGA)	Discus Throw	Ischke Senekal (EPA) Riette Heyns (ACNW) Yolandie Stander (AFS)
Tshepang Makhetha (ACNW) Chris Harmse (AFS) Allen Cumming (ACNW)	Hammer Throw	Margo Chene Coetzee (AGN) Marga Cumming (ACNW) Stephanie Greyling (ACNW) Tharina van der Walt (AFS)
Philmar Janse van Rensburg (MPU) Tobie Holtzhausen (AGN) Johan Grobler (CNW)	Javelin Throw	Jo Ane van Dyk (ACNW) Sunette Viljoen (ACNW) Megan Wilke (ACNW)
Fredriech Pretorius (AGN) Duncan MC Gladdery (AGN)	Decathlon / Heptath	Nienka Du Toit (BOLA)
Lebogang Shange (CGA) Wayne Snyman (AGN) Sizwe Ndebele (AGN)	20000m Race Walk	Anel Oosthuizen (ASWD)
Akani Simbine (AGN) Rosco Engel (WPA) Simon Magakwe (WPA) Clarence Munyai (AGN) Henricho Bruintjies (AGN) Anaso Jobodwana (AGN) Emile Erasmus (AGN)	4 x 100 Relay	Carina Horn (AGN) Tebogo Mamatu (AGN) Lente Pieterse (ACNW) Cassidy Williamson (KZNA) Tamzin Thomas (CGA) Alyssa Conley (CGA)
Pieter Conradie (ACNW) Thapelo Phora (AGN) Zakhitine Nene (KZNA) Derick Mokaleng (CGA) Sokwakhana Zazini (AGN) Thando Dlodlo (CGA)	4 x 400m Relay	Justine Palframan (BOLA) Ariane Nel (ACNW) Danelle Holton (ACNW) Rorisang Rammony (ANWN) Marli Viljoen (AGN) Zene van Der Walt (AGN)