



SOUTHERN REGION CHAMPIONSHIPS

HARARE, ZIMBABWE

10-11 JUNE

TEAM AND RESULTS

No	Name and Surname	Province	Demographics	Result	Event 2	Result
MALE						
1	Brendan Skinner	AGN	White	67.0 (1)		
2	Chris Molaya	AGN	Black	2.13 (1)		
3	Hendrik Maartens	AFS	White	-	-	-
4	Jason van Rooyen	AFS	White	19.00 PB (1)	Discus	(1)
5	Luxolo Adams	EPA	Black	20.85 H (2)	20.60 F (2)	

6	Sefako Mokhosoa	AFS	Black	15.30 (3)	Long Jump			7.03 (2)	PB 2.2
7	Thabang Masiakhu	ACNW	Black	14:13, 58 (2)					
8	Tshepo Tsepo	ACNW	Black	1:49,6 2 (2)					
FEMALE									
1	Belindie van der Merwe	AGN	White	60.43 (2)					
2	Gena Lofstrand	KZN	White	2:03,8 5 (1)					
3	Geraldine King	WPA	Black	1.70 (5)					
4	Jana Steinman	ACNW	White	12.30 (2)	Discus			42.04	(1)
5	Julia du Plessis	ACNW	White	1.75 (2)					
6	Lente Pieterse	ACNW	White	12.15 (H)	11.77 (2) F +0.7				
7	Letitia Janse Van Vuuren	ACNW	White	32.52 (5)	Shot Put			10.06	(5)
8	Marilize Higgens	CGA	White	1.70 (4)					
9	Nicola Schoeman	AGN	White	5.15 (3) 2.4	Javelin	37.00 (2)	100m H	18.43	(3)
10	Niene Muller	AGN	White	2:10.9 6 (3)					
11	Nienka du Toit	BOL	White	5.57 (1)	Javelin	38.60 (2)	100m H	15.44	(2)

				-3.0			
12	Stephanie Greyling	ACNW	White	23.50 (9)	Shot Put		8.78 (8)
13	Thamzin Thomas	WPA	Black	11.57 (H)	11.56 (1) F		
14	Zinzi Shabangu	CGA	Black	13.02 (1) 0.5 wind			

Medal **Distribution**

Gold	Silver	Bronze
9	11	4
TOTAL	24	

TEAM MANAGEMENT

No	Name and Surname	Demographics	Position
1	Motlatsi Keikabile	Black	Team Leader
2	Brandon Du Plessis	Black	Team Manager/ Coach
3	Suzan Molobye-Milanzi	Black	Team Manager/ Coach
4	Dr Terence Jones	Black	Team Doctor

