

IAAF WORLD RELAYS

NASSAU 2014

SELECTED BIOGRAPHICAL SUMMARIES



SELECTED BIOGRAPHICAL SUMMARIES

Here are summarised biographies of most (but not all) athletes entered for Nassau 2014. The information has been based on an unofficial and preliminary entry lists, so there may well be additional or adjusted information appearing on final start lists. The athletes's name, birthdate, country and principal events are shown along with their personal bests (in bold), their most significant achievements (international then domestic) and other data. The athlete's main achievement is summarised in the first lines after their name.

Meeting Abbreviations

COM	Commonwealth Games
ECH	European Championships
ECP	European Cup
EIC	European Indoor Championships
ETCh	European Team Championships
EXC	European Cross Country Championships
NCAA	National Collegiate Athletic Association Championships
OLY	Olympic Games
WCH	World Championships
WCP	World Cup
WIC	World Indoor Championships

WJC	World Junior Championships
WSG	World Student Games
WXC	World Cross Country Championships

Additional Abbreviations

Dec	decathlon
dnq	did not qualify
h	hurdles
Half Mar	half marathon
Mar	marathon
pb	personal best
XC	cross-country

MEN

BECK Alex (AUS) 7/2/1992 **4x400 Metres**
400 pb: 46.07 -12. sf World Youth 2009. 1 Australian 2013

BERTACCO Matthew (AUS) 15/7/1994 **4x100 Metres**
100 pb: 10.42w, 10.46 -14

BIRMINGHAM Collis (AUS) 27/12/1984 **4x800/1500 Metres**
 Eighth at 2013 World Cross Country Championships
800 pb: 1:49.36 -12. 1500 pb: 3:35.50 -10. 3000 pb: 7:35.45 -12. 5000 pb: 13:09.57 -12. 10,000 pb: 27:29.73 -09. Half Mar pb: 60:56 -13. ht OLY 5000 2008/2012; 6 IAAF Continental Cup 5000 2010; 6 COM 5000 2010 (9 10,000); 24 WCH 10,000 2013 (2009-dnf, 2011-ht); 10 WIC 3000 2014. 1 Australian 5000 2009/2014; 1 Scottish 1500 2007/2008/2009. At WXC: 2003-84J, 2007-67, 2008-73, 2009-29, 2010-83, 2013-8. Coach-Nic Bideau

BURNS Craig (AUS) 7/10/1988 **4x100/400 Metres**
400 pb: 46.21 -14. 200 pb: 20.76 -13. 8 WCH 4x400 2013. 2 Australian 2014

CAREW Alex (AUS) 19/12/1989 **4x400 Metres**
400 pb: 46.63 -11. 6 WSG 4x400 2013

GEDDES Jarrod (AUS) 24/2/1994 **4x100 Metres**
100 pb: 10.30 14. 200 pb: 20.59 -14. 6 World Youth 100 2011

GRANT Dylan (AUS) 14/3/1988 **4x400 Metres**
400 pb: 45.69 -08. sf WJC 2006. 4 Australian 2008 (2014-5)

GREGSON Ryan (AUS) 26-4-1990 **4x800/1500 Metres**
 Australian record holder at 1500m
800 pb: 1:46.04 -10. 1500 pb: 3:31.06 -10. Mile pb: 3:52.24 -10. 3000 pb: 7:49.53 -11. 5 World Youth 1500 2007; 4 WSG 1500 2009; ht WCH 1500 2009; sf OLY 1500 2012. 1 Australian 1500 2010. At WXC: 2009-24J. Australian Junior Mountain Running Champion 2007. Coach-Nic Bideau

HAMMOND Jake (AUS) 5/12/1991 **4x100 Metres**
100 pb: 10.38 -14. 400 pb: 47.96 -08. sf WJC 200 2010

HARTMANN Alex (AUS) 7/3/1993 **4x100 Metres**
100 pb: 10.55 -14. 200 pb: 20.92 -14. 7 Australian 100 2014 (8 200)

JUNG Jin Su (AUS) 16/11/1993 **4x100 Metres**
100 pb: 10.45w, 10.49 -14. 1 Australian University Games 100/200 2013

McENTEE Sam (AUS) 3/2/1992 **4x800/1500 Metres**
1500 pb: 3:36.81 -13. 7 NCAA 1500 2013 (2012-9). Student of Computer Science at the University of Villanova

RALPH Joshua (AUS) 27/10/1991 **4x800/1500 Metres**
 Since October 2013 he has improved at 800m from 1:50.30 to 1:45.80
800 pb: 1:45.80 -14. 400 pb: 46.34 -13. 1 Australian 800 2014. Physiotherapy student, also works part-time in Sydney in the bakery franchise owned by his parents. Coach-Phil Moore

WEST Jared (AUS) 14/7/1988 **4x800/1500 Metres**
800 pb: 1:47.04 -14. 3 Australian 800 2013

WILLIAMSZ Jordan (AUS) 21/8/1992 **4x800/1500 Metres**
800 pb: 1:47.34 -11. 1500 pb: 3:36.74 -12. sf World Youth 800 2009. 5 NCAA indoor Mile 2014. Attends Villanova University

BAIN Andretti (BAH) 1/12/1985 **4x200 Metres**
 Ran first leg for Bahamian relay team which won 2008 Olympic silver. 2008 US Collegiate Champion indoors & out, representing Oral Roberts University (at Tulsa, Oklahoma)
200 pb: 21.15 -07. 400 pb: 44.62 -08. sf WJC 2004; 2 OLY 4x400 2008; 4 Central American & Caribbean Games 2010; sf COM 2010; 4 WIC 4x400 2014. 1 NCAA indoor/out 2008. He was named after the former World Motor Racing Champion Mario Andretti

BARTLETT Blake (BAH) 3/2/1993 **4x100/200 Metres**
100 pb: 10.30w, 10.38 -14. 6 WJC 4x100 2012

BROWN Chris (BAH) 15/10/1978 **4x400 Metres**
 First leg for Bahamas relay team which beat the Americans at the London Olympics (he said waiting for the race to finish was the longest two minutes of his life)
400 pb: 44.40 -08. 200 pb: 21.05 -2. 100 pb: 10.26 -14. ht COM 800 98; qf OLY 2000 (3 4x400); 1 WCH 4x400 2001 (2003-3, 2005/2007-2); 7 COM 2002 (3 4x400); sf OLY 2004; 4 WCH 2005/2007 (2001-ht, 2003-sf, 2009-5, 2011/2013-sf); 4 COM 2006; 1 Pan-Am Games 2007 (2011-7); 4 OLY 2008 (2 4x400); 1 WIC 2010 (2003-sf, 2006/2008/2012-3); 4 OLY 2012 (1 4x400); 2 WIC 2014. Bahamas record holder at 400m & 800m (1:49.54 -98). His parents Nola & Harcourt were both sprinters. Based-Atlanta. 1.78 tall

FARQUHARSON Jonathan (BAH) 3-2-1993 **4x200 Metres**
200 pb: 20.92 -14. 100 pb: 10.29w -12, 10.38 -14. ht World Youth 100 2009

FRASER Warren (BAH) 8/7/1991 **4x100 Metres**
 Bahamian record holder at 60m
100 pb: 10.18 -12. 200 pb: 20.85 -12. sf World Youth 100 2007; ht OLY 100 2012; 8 Central American & Caribbean Champs 100 2013; sf WIC 60 2014. Attends Clemson University

GRIFFITH Adrian (BAH) 11/11/1984 **4x100/200 Metres**
 Led off the winning Bahamian sprint relay team at 2012 Central American & Caribbean Championships
100 pb: 10.14 -14. 200 pb: 20.54 -14. 5 Central American & Caribbean

- Champs 100 2009 (2008-8, 2011-7); qf WCH 100 2009; 5 Central American & Caribbean Games 100 2010; sf COM 100 2010; 1 Central American & Caribbean Champs 4x100 2013; ht WIC 60 2014. 1 Bahamian 100 2010/2011
- HART Shavez (BAH) 9/6/1992** **4x100 Metres**
Anchored Bahamas to sprint relay victory at 2013 Central American & Caribbean Championships
100 pb: 10.08w, 10.16 -13. 200 pb: 20.24w, 20.80 -13. 1 Central American & Caribbean Champs 4x100 2013 (4 100); qf WCH 100 2013
- MACKEY Trevorvano (BAH) 5/1/1992** **4x100/200 Metres**
Third leg for winning Bahamian sprint relay team at 2013 Central American & Caribbean Championships
100 pb: 10.10w, 10.23 -13. 200 pb: 20.52 -12. sf WJC 200 2010; 4 North/Central American & Caribbean under-23 200 2012; ht OLY 200 2012; 1 Central American & Caribbean Champs 4x100 2013. 1 Bahamian 100 2011 & 200 2012
- MATHIEU Michael (BAH) 24/6/1984** **4x400 Metres**
Bahamian record holder at 200m ... third leg for relay team which won 2012 Olympic gold
400 pb: 45.06 -12. 200 pb: 20.16 -12. 4 Pan-American Games 200 2007/2011 (1 4x400 2007); 2 WCH 4x400 2007; sf OLY 400 2008 (2 4x400); dq ht WCH 400 2009 (out of lane); sf WIC 400 2010 (2008-ht); 4 COM 400 2010; 1 Central American & Caribbean Champs 200/4x400 2011; dnf sf WCH 200 2011; dq sf OLY 200 2012 (false start); 1 OLY 4x400 2012; 4 WIC 4x400 2014
- MILLER Ramon (BAH) 17/2/1987** **4x400 Metres**
Anchored Bahamas to 2012 Olympic relay gold ... 2010 Commonwealth bronze ... 2011 Pan-American bronze
400 pb: 44.87 -12. 200 pb: 20.29w, 20.50 -12. sf WCH 2009; 3 COM 2010; 2 Central American & Caribbean Champs 2011; sf WCH 2011; 3 Pan-Am Games 2011; sf OLY 2012, then a 44.01 anchor in 4x400 final to overtake Angelo Taylor to win the first Olympic gold by Bahamian men; 4 WIC 4x400 2014. 1 Bahamian 800 2005 & 400 2013
- NEYMOUR Wesley (BAH) 1-9-1988** **4x400 Metres**
400 pb: 45.54 -13. 2 Central American & Caribbean Champs 4x400 2013. 1 Bahamian 800 2011
- PINDER Demetrius (BAH) 13-2-1989** **4x400 Metres**
Ran the fastest leg of the 2012 Olympic 4x400m final (43.3) which his team won ... 2012 World indoor silver
400 pb: 44.77 -12. 200 pb: 20.23 -12. 3 North/Central American & Caribbean under-23 2010; sf WCH 2011; 2 WIC 2012; 7 OLY 2012 (1 4x400). 1 NCAA indoor 2011 (4 outdoors). 1 Bahamian 2011/2012. Studied Theatre at Texas A&M University
- ROLLE Jamial (BAH) 16-4-1980** **4x100 Metres**
Second leg for winning Bahamian sprint relay team at 2012 Central American & Caribbean Championships
100 pb: 10.18w -10, 10.26 -11. 200 pb: 20.51 -13. qf COM 200 2002/2006; ht OLY 200 2008; sf COM 100/200 2010; 1 Central American & Caribbean Champs 4x100 2013; ht WCH 200 2013
- RUSSELL Alonzo (BAH) 8/2/1992** **4x200 Metres**
400 pb: 46.14 -14. 5 North/Central American & Caribbean under-23 2012. 3 NCAA indoor 4x400 2013 (Representing Florida State University)
- WILLIAMS Latoy (BAH) 28/5/1988** **4x400 Metres**
400 pb: 44.73 -09. 1 Central American & Caribbean Champs 4x400 2011 (2013-2); ht WCH 2013. Clocked only a 48.65 split in the heats of the 2014 World Indoor relay where Bahamas were eliminated
- BRAITHWAITE Shane (BAR) 8-2-1990** **4x100/200 Metres**
2007 World Youth Champion at Octathlon
100 pb: 10.43 -09. 200 pb: 20.97 -14. 110H pb: 13.31 -12. 400H pb: 50.90 -12. 1 World Youth Octathlon 2009; sf WJC 400H 2008; 3 Pan-American junior 2009; 6 Central American & Caribbean Games 2010; 4 Central American & Caribbean Champs 2011; 1 North/Central American & Caribbean under-23 2012
He is not related to 2009 World Champion Ryan Braithwaite
- CADOGAN Levi (BAR) 8/11/1995** **4x100/200 Metres**
100 pb: 10.24w, 10.25 -14. 200 pb: 20.67- 14. 6 Pan-Am junior 100 2013
- FORDE Akeem (BAR) 3-6-1987** **4x100/200 Metres**
100 pb: 10.23w -14, 10.44 -13. 4 Barbadian 100 2013
- FORDE Fallon (BAR) 6-6-1990** **4x100/200 Metres**
200 pb: 21.25 -14
- GITTENS Ramon (BAR) 20/7/1987** **4x100/200 Metres**
100 pb: 10.02 -13. 200 pb: 20.55w -14. 20.56 -09. ht World Youth 100/200 2003; 5 WJC 200 2006; ht WCH 100/200 2009; ht OLY 100 2012; 3 Central American & Caribbean Champs 100 2013 (2011-5); sf WCH 100 2013 (2011-ht)
- HINDS Andrew (BAR) 25-4-1984** **4x100/200 Metres**
Multiple winner of Barbados sprint titles
100 pb: 10.03 -09. 200 pb: 20.38 -09. qf OLY 100 2008; 3 Central American & Caribbean 100 2009; qf WCH 100 2009/2013. 1 Barbados 100 2003/2006/2008/2009/2011 & 200 2003/2004/2009
- BORLÉE Dylan (BEL) 20-9-1992** **4x400 Metres**
He is the third Borlée brother, there are two further (much younger) half-brothers (as well as three sisters)
400 pb: 45.80 -13. 2 under-23 ECH 4x400 2013; 5 WCH 4x400 2013. 1 Belgian junior 200 2011. Younger brother of Jonathan & Kevin ... 1.90 tall
- BORLÉE Jonathan (BEL) 22-2-1988** **4x400 Metres**
Belgian record holder at 400 Metres, supplanting brother Kevin
400 pb: 44.43 -12. 200 pb: 20.31 -12. 5 World Youth 2005; 4 WJC 2006; sf OLY 2008 (5 4x400 with 43.6 split); 2 WIC 4x400 2010; 7 ECH 2010 (3 4x400); 3 EIC 4x400 2011; 4 ECH 200 2012 (1 4x400); 6 OLY 400/4x400 2012; 4 WCH 2013 (2011-5). 1 NCAA 2009. 1 Belgian 2006/2011. His mother Mother-Edith De Martelaere was an international sprinter and he has a twin brother Kevin and younger brother Dylan who are also international 400m runners, while their elder sister Olivia ran the first leg for the Belgian 4x100m relay team which won 2008 Olympic silver ... formerly a student of economics at Florida State University where his twin was a student of physiotherapy (Jonathan is the elder of the twins by five minutes)
- BORLÉE Kevin (BEL) 22-2-1988** **4x400 Metres**
Surprise European Champion in 2010 when he went from fifth to first in the last 50m ... 2011 world bronze
400 pb: 44.56 -12. 200 pb: 20.72 -11. sf World Youth 200 2005; sf WJC 2006; 6 ECP 2007; sf OLY 2008 (5 4x400); sf WCH 2009 (4 4x400); 1 ECH 2010 (3 4x400); 4 IAAF Continental Cup 2010; 3 EIC 4x400 2011; 3 WCH 2011 (2013-sf); 1 ECH 4x400 2012; 5 OLY 2012. 1 Belgian 2013 & 200 2007/2011. His father/coach Jacques was an international 400m runner as his twin brother Jonathan and younger brother Dylan, while their elder sister Olivia ran the first leg for the Belgian 4x100m relay team which won 2007 world bronze & 2008 Olympic silver. Kevin is the younger of the twins by five minutes
- RUMMENS Tim (BEL) 16-12-1987** **4x400 Metres**
400 pb: 46.93 -12. 400H pb: 50.23 -13. HJ pb: 2.15 -08. 4 EIC 4x400 2013. 2 Belgian 400H 2012
- WATRIN Julien (BEL) 27/6/1992** **4x400 Metres**
400 pb: 47.36 -13. 100 pb: 10.31w, 10.39 -10. 200 pb: 20.80 -13. 7 WJC 100 2010 (sf 200); 4 Francophone Games 200 2013
- EVANS Aaron (BER) 31-1-1990** **4x800 Metres**
Bermudan record holder
800 pb: 1:46.26 -12. 6 Central American & Caribbean Champs 2013; 4 NCAA indoor 2012 (7 outdoors)
- CARDOSO Wagner Francisco (BRA) 20-3-1989** **4x400 Metres**
400 pb: 45.80 -13. 2 South American 2013; 7 WCH 4x400 2013. 3 Brazilian 2011/2013
- da SILVA Aldemir (BRA) 8-6-1992** **4x100 Metres**
Full name-Aldemir Gomes da Silva Junior
100 pb: 10.29 -13. 200 pb: 20.32 -14. 1 South American junior 100 2011; sf OLY 200 2012; ht WCH 200 2013
- da SILVA Jonathan (BRA) 17-8-1990** **4x400 Metres**
400 pb: 46.04 -13. sf World Youth 2007; 7 South American 2013 (3 4x400). 4 Brazilian 2013

- de BARROS Bruno (BRA) 7/1/1987** **4x100 Metres**
Full name-Bruno Lins Tenorio de Barros
2011 Pan-American Games bronze at 200m
100 pb: 10.16 -09. 200 pb: 20.16 -11. 2 Ibero-American 200 2008; ht OLY 200 2008 (4 4x100); 6 WCH 200 2011; 3 Pan-Am Games 200 2011; sf OLY 200 2012; 2 South American 100 2013; ht WCH 200 2013. 1 Brazilian 100/200 2011 (1 200 2012/2013). Served two-year doping suspension to June 14, 2011
- de OLIVEIRA Pedro Luis (BRA) 17-2-1992** **4x400 Metres**
400 pb: 45.52 -12. 200 pb: 20.81 -13. 1 South American under-23 2012; 6 WSG 2013; 7 WCH 4x400 2013. 2 Brazilian 2013
- dos SANTOS Vitor (BRA) 1/2/1996** **4x100 Metres**
2013 World Youth silver at 200m
100 pb: 10.30w, 10.36 -13. 200 pb: 20.67 -13. 2 World Youth 200 2013 (6 100); 1 South American junior 200 2013
- HENRIQUES Anderson (BRA) 3-3-1992** **4x400 Metres**
2013 World outdoor finalist
400 pb: 44.95 -13. 8 Pan-American Games 2011; 1 Ibero-American 2012; 2 WSG 2013 (2011-7); 8 WCH 2013; ht WIC 2014. 1 Brazilian 2011/2013. Lost 2013 World Student Games title by 0.01 to Vladimir Krasnov RUS
- LUCINDO Jefferson (BRA) 17/10/1990** **4x100 Metres**
Third leg for winning Brazilian sprint relay team at 2013 South American Championships
100 pb: 10.17 -13. 200 pb: 20.62 -13. sf World Youth 200 2007 (qf 100); 2 South American Games 100 2014. 1 Brazilian 100/200 2010
- SOUZA Hugo (BRA) 5-3-1987** **4x400 Metres**
400 pb: 45.09 -14. 2 South American 200 2009; 7 WCH 4x400 2013; 2 South American Games 2014
- VIDES Jorge Henrique (BRA) 24/11/1992** **4x100 Metres**
Second leg for winning Brazilian sprint relay team at 2013 South American Championships
100 pb: 10.28 -14. 200 pb: 20.38 -14. 3 South American 200 2013 (1 4x100)
- KAMEL Youssef Saäd (BRN) 29-3-1981** **4x1500 Metres**
TRANSFEREE – Formerly: Gregory Konchellah KEN
2009 World Champion at 1500m & bronze at 800m ... Asian record holder at 800m ... 2008 World indoor bronze at 800m
1500 pb: 3:31.56 -09. 800 pb: 1:42.79 -08. 1000 pb: 2:14.72 -08. sf WCH 800 2005/2007; 1 WCP 800 2006; 1 Asian Games 800 2006; 1 Asian indoor 800 2008; 3 WIC 800 2008 (2004-sf); 5 OLY 800 2008 (2004-ht); 1 WCH 1500 2009 (3 800); sf WCH 1500 2011; 6 Asian Champs 800 2013. The IAAF approved his transfer from November 23, 2003 ... his father is twice World 800m Champion Billy Konchellah
- KIPLAGAT Linus (BRN) 23-12-1994** **4x1500 Metres**
TRANSFEREE – Formerly of Kenya, cleared by the IAAF to represent Bahrain from February 12, 2014
1500 pb: 3:36.60 -12
- RAMZI Rashid (BRN) 17-7-1980** **4x1500 Metres**
TRANSFEREE: Competed from Morocco before July 1, 2002
In Helsinki 2005 became the first man since Peter Snell 1964 to win a global middle distance double gold
Won again at the 2008 Olympics, but in Beijing failed a doping test for EPO and was disqualified until May 2011
800 pb: 1:44.05 -06. 1500 pb: 3:29.14 -06. 5000 pb: 13:10.72 -08. 2 African junior 1500 99; 2 Asian Champs 1500 2002 (2003-2); 1 Asian Games 800/1500 2002; 1 Asian indoor 800/1500 2004; 2 WIC 800 2004; sf OLY 1500 2004 (2008-dq); 1 WCH 800/1500 2005; 3 Asian Games 1500 2006; 2 WCH 1500 2007 (sf 800); 5 WIC 1500 2008. At WXC: 2005-32 short. Moved to Bahrain in 2002 to get a job as a Palace Guard in that country's armed forces; in doing so gained Bahraini citizenship, though he retains his Moroccan passport . 1.74 tall
- ROTICH Abraham Kipchirchir (BRN) 26-9-1993** **4x1500 Metres**
TRANSFEREE – Formerly of Kenya, cleared by the IAAF to represent Bahrain from April 1, 2014
800 pb: 1:43.13 -12. 1000 pb: 2:17.08 -12. Set a short-lived Kenyan junior 800m record of 1:43.13 in 2012
- SEUREI Benson (BRN) 27/3/1984** **4x1500 Metres**
Full name-Benson Kiplagat Seurei
TRANSFEREE - Ex-Kenya, acquired Bahraini citizenship on April 2, 2013 and cleared by the IAAF to compete for Bahrain from April 1, 2014
800 pb: 1:45.67 -12. 1500 pb: 3:31.61 -12. 10 Kenyan Olympic Trial 1500 2012; 2 Arab Champs 1500 2013 (but as that is a smaller scale international contest)
- BARNABY Daudre (CAN) 9/12/1990** **4x400 Metres**
400 pb: 45.47 -13. ht OLY 2012. 3 NCAA 2011. 1 Canadian 2012. At Mississippi State University
- CONNAUGHTON Jared (CAN) 20/7/1985** **4x100 Metres**
100 pb: 10.04w -11, 10.15 -08. 200 pb: 20.30 -12. sf WJC 200 2004; 3 North/Central American & Caribbean under-23 200 2006 (8 100); 2 Pan-American 4x100 2007; sf OLY 200 2008; qf WCH 200 2009 (5 4x100); 4 COM 200 2010; ht WCH 200 2011; 4 Francophone Games 100 2013. 1 Canadian 200 2010
He was unfortunate to step on the line on the bend in the Olympic 4x100m final, meaning that Canada were disqualified after finishing third behind Jamaica and the USA
- HARPER Daniel (CAN) 28/8/1989** **4x400 Metres**
2009 World Student Games bronze
400 pb: 45.60 -12. 6 WJC 2008; 3 WSG 2009 (2013-8); 2 WSG 4x400 2013. 1 Canadian 2010
- HARRIS Tremaine (CAN) 10-2-1992** **4x400 Metres**
2012 North/Central American & Caribbean Champion at 200m
400 pb: 46.22 -11. 200 pb: 20.22 -12. 100 pb: 10.38 -13. ht WJC 400 2010; 1 North/Central American & Caribbean under-23 200 2012. 1 Canadian 200 2012/2013 & 400 2011; ht OLY 200 2012; ht WCH 200 2013
- MAKINDE Segun (CAN) 6/7/1991** **4x100 Metres**
Segun is short for Oluwasegun
2013 Francophone Games Champion at 200m
100 pb: 10.34w, 10.35 -12. 200 pb: 20.48 -13. sf World Youth 200 2007; sf WJC 200/110H 2010; 4 WSG 2013 (2011-5); 1 Francophone Games 200 2013
- OSEI Philip (CAN) 30/10/1990** **4x400 Metres**
400 pb: 45.51 -12. 2 North/Central American & Caribbean under-23 2012; 4 Francophone Games 2013. 1 Canadian 2013
- RICHARDS-KWOK Dontae (CAN) 1/3/1989** **4x100 Metres**
2013 World sprint relay bronze (third leg)
100 pb: 10.12 -13. 200 pb: 20.74 -12. 8 WSG 100 2011; 3 WCH 4x100 2013; 2 Francophone Games 100 2013
- ROBERTSON Michael (CAN) 18/6/1989** **4x400 Metres**
400 pb: 46.32 -13. 2 WSG 4x400 2013. 3 Canadian 2013
- SMELLIE Gavin (CAN) 26/6/1986** **4x100 Metres**
Led off the ill-fated Canadian sprint relay squad at the London Olympics who finished third, but were then disqualified because of a lane infringement; One year later in Moscow he led off the team which originally placed fourth, but were then promoted to bronze following Britain's disqualification
100 pb: 10.20 -11/14. 200 pb: 20.33w -14, 20.45 -09. 6 Pan-American junior 200 2005; 5 WSG 200 2007 (2009-6); qf WCH 200 2009; sf WCH 100 2013 (3 4x100). 5 NCAA 200 2009. Born-Jamaica ... studied Business at the University of Western Kentucky
- WARNER Justyn (CAN) 28/6/1987** **4x100 Metres**
2013 World relay bronze, he also anchored Canada to third place at the London Olympics before his team were disqualified for a marginal lane infringement
100 pb: 10.09 -12. 2 Pan-American junior 100 2005; 2 WJC 100 2006; sf WCH 100 2011; 7 WIC 60 2012; sf OLY 100 2012; 3 WCH 4x100 2013. 1 Canadian 100 2012. Based-Toronto ... graduate of Kinesiology from Texas Christian University ... with his younger brother Ian he has a sports clothing business - "We're athletes making clothing for athletes" Wife-Nikkita Holder (2011 World Championship finalist at 100m hurdles)
- ADOLPHUS Rhymiech (CAY) 13-4-1988** **4x100/200 Metres**
100 pb: 10.57 -14. 200 pb: 21.32 -14

- CUFFY Tyrell (CAY) 6-9-1988** **4x100/200 Metres**
100 pb: 10.26w -07, 10.33 -08. 200 pb: 20.83 -07. sf World Youth 100/200 2005; ht WJC 100/200 2006; 5 Central American & Caribbean Champs 100 2008 & 200 2009
- HAMIL David (CAY) 26-6-1983** **4x100/200 Metres**
100 pb: 10.49w, 10.51 -11. 200 pb: 21.08 -11. ht WJC 200/400 2000; qf COM 200 2010
- HYMAN Kemar (CAY) 11/10/1989** **4x100/200 Metres**
 Caymanian record holder at 60m & 100m
100 pb: 9.95 -12. 200 pb: 21.06 -07. sf World Youth 200 2005 (ht 100); sf WJC 100/200 2006; 8 WJC 100 2008; ht WCH 100 2009/2013; sf OLY 100 2012. Ran first leg for Florida State sprint relay team which won at 2011 NCAA Championships
- CHEN Shiwei (CHN) 2/8/1991** **4x100 Metres**
100 pb: 10.40 -14. 200 pb: 21.50i -12
- MO Youxue (CHN) 10/2/1996** **4x100 Metres**
 2013 World Youth Champion at 100m
100 pb: 10.35 -13. 200 pb: 21.39 -13. 1 World Youth 100 2013 (7 200). 1 Chinese youth 100/200 2013
- XIE Zhenye (CHN) 17-8-1993** **4x100 Metres**
 2012 Youth Olympic Champion at 200m
100 pb: 10.31 -13. 200 pb: 20.54 -12. 1 Youth Olympic Games 200 2010; 1 Asian junior 200 2012 (2 100); 5 WJC 200 2012 (8 100); ht WCH 200 2013
- XU Cheng (CHN) 23-4-1988** **4x100 Metres**
100 pb: 10.43 -08. 200 pb: 21.20 -08. 3 Chinese 100 2012
- YANG Yang (CHN) 13/10/1993** **4x100 Metres**
100 pb: 10.41 -11. 2 WSG 4x100 2011
- ACEA Raidel (CUB) 31/10/1990** **4x400 Metres**
400 pb: 45.90 -13. 800 pb: 1:45.62 -11. 1 Pan-American junior 800 2009; 3 Pan-American 800 Games 2011. 1 Cuban 800 2011
- CARRERO Yaniel (CUB) 17-8-1995** **4x100 Metres**
100 pb: 10.30w, 10.38 -13. 1 Cuban under-19 100 100/200 2013; 1 Cuban 100 2014
- CHACÓN Adrián (CUB) 10/12/1988** **4x400 Metres**
400 pb: 46.97 -10. 4 Cuban 2014
- COLLAZO William (CUB) 31/8/1986** **4x400 Metres**
 2010 World indoor silver ... he missed the 2009 world final by one place and despite cracking 45 seconds
400 pb: 44.93 -09. 4 Pan-Am Games 2007/2011; sf WCH 2007/2009/2011; sf OLY 2008; 1 Central American & Caribbean Champs 2009; 2 WIC 2010; 2 Ibero-American 2010/2012
- LESCAY Yoandys (CUB) 5/1/1994** **4x400 Metres**
400 pb: 45.29 -13. 200 pb: 20.83 -14. sf WJC 200 2012; 1 Central American & Caribbean junior 200 2012
- MENA Reynier (CUB) 21/11/1996** **4x100 Metres**
 Sprint double bronze at 2013 World Youth Championships
 100 pb: 10.30 -12. 200 pb: 20.63 -13. 3 World Youth 100/200 2013
- SKYERS Roberto (CUB) 12/11/1991** **4x100 Metres**
 2011 Pan-American Champion at 200m
100 pb: 10.29 -10. 200 pb: 20.24 -09. 4 Ibero-American 100 2010; 1 Pan-Am Games 200 2011; ht OLY 200 2012. Nickname-"La Bala de Minas" [The Minas Bullet], Minas being a city in the Camagüey Province of Cuba
- CUESTA Gustavo (DOM) 14/11/1988** **4x400 Metres**
400 pb: 45.45 -13. 200 pb: 20.85 -13. 3 Central American & Caribbean Champs 2012; sf WCH 2013; ht WIC 2014
- MEJIA Joel (DOM) 18-8-1990** **4x400 Metres**
400 pb: 46.32 -12. 800 pb: 1:49.67 -11. 3 Central American & Caribbean Champs 800 2011; 4 North/Central American & Caribbean under-23 400 2012
- SANTOS Luguelín (DOM) 12/11/1993** **4x400 Metres**
 2012 Olympic silver at age 18, then 2013 World Championship bronze ... Dominican Republic record holder at 200m & 400m
400 pb: 44.45 -11. 200 pb: 20.55 -13. 1 Youth Olympic Games 2010; 2 Pan-Am Games 2011; sf WIC 2012/2014; 1 WJC 2012 (2010-6); 2 OLY 2012; 3 WCH 2013. Coach-Jose Ludwig Rubio. 1.73/61kg
- SORIANO Yon (DOM) 2-1-1987** **4x400 Metres**
400 pb: 46.32 -09. 6 WCH 4x400 2009; 6 Ibero-American 2012
- ALONSO Carlos (ESP) 15/9/1989** **4x1500 Metres**
1500 pb: 3:37.77 -11. 3000 pb: 8:03.33 -12. 3000SC pb: 8:37.45 -12. 3 EJC 3000SC 2007. At WXC: 2009-92J. At EXC: 2011-53u23
- BURRIEL Adrià (ESP) 18/1/1992** **4x100 Metres**
100 pb: 10.42 -13. 200 pb: 20.82 -13. qf World Youth 100 2009; 3 under-23 ECH 4x100 2013. 1 Spanish under-23 100 2013
- ESTESO José Alberto (ESP) 25-8-1990** **4x800 Metres**
800 pb: 1:47.55 -13. 2 Spanish under-23 2010
- HUSILLOS Óscar (ESP) 18/7/1993** **4x200 Metres**
200 pb: 21.20 -11. 4 WJC 4x100 2012. 1 Spanish indoor 200 2014
- IMEDIO Alberto (ESP) 24/5/1991** **4x1500 Metres**
1500 pb: 3:37.68 -13. 5 WJC 2010; 3 under-23 ECH 2013 (2011-8). At EXC: 2010-50J
- LÓPEZ Kevin (ESP) 12/6/1990** **4x800/1500 Metres**
 Spanish record holder ... two European indoor medals
800 pb: 1:43.74 -12. 1500 pb: 3:38.30 -13. 400 pb: 46.90 -13. ht World Youth 2007; sf WJC 2008; 1 EJC 2009; 6 ECH 2010 (2012-sf); 2 under-23 ECH 2011; sf OLY 2012; 2 EIC 2013 (2011-3); 8 ETCh 2013; sf WCH 2013; ht WIC 2014. 1 Spanish 2010/2013 & indoor 2012/2013/2014. His father named him after the 1993 Motorcycle World Champion Kevin Schwantz
- LÓPEZ Mario (ESP) 5/6/1992** **4x200 Metres**
200 pb: 21.54 -14. 3 Spanish indoor 60 2014
- MARCO Luis Alberto (ESP) 20/8/1986** **4x800/1500 Metres**
 2009 European indoor silver ... 2010 World indoor finalist
800 pb: 1:45.14 -14. 11 World Youth 1500 2003; ht WJC 2004; 4 EJC 2005; 2 EIC 2009 (2007-4, 2011-5, 2013-6); 6 WIC 2010 (2012-sf); 7 ECH 2010 (2012-sf); sf WCH 2011/2013 (2009-ht); sf OLY 2012. 1 Spanish 2009 & indoor 2010/2011
- MECHAAL Adel (ESP) 5/12/1990** **4x1500 Metres**
 Born-Morocco, gained Spanish citizenship in February 2013
1500 pb: 3:36.78 -13. 5 ETCh 1500 2013; ht WIC 1500 2014. 2 Spanish indoor 1500 2014
- RAMOS Iván Jesús (ESP) 31/7/1990** **4x200 Metres**
200 pb: 20.79 -11. 8 under-23 ECH 200 2011. 1 Spanish under-23 200 2011
- RODRÍGUEZ Alejandro (ESP) 1/5/1989** **4x800 Metres**
800 pb: 1:45.97 -13. 3 Spanish 2013 (2011-5, 2012-6)
- RODRÍGUEZ Álvaro (ESP) 25-5-1987** **4x800/1500 Metres**
 2007 European under-23 Champion
 800 pb: 1:45.98 -10. 1500 pb: 3:34.10 -12. ht World Youth 2000SC 2003; dnf EJC final 2005; 7 WJC 2006; 1 under-23 ECH 2007; 2 WSG 2007; 7 EIC 2009; ht WIC 2010; ht ECH 2012; ht OLY 2012. At WXC: 2006-64J. At EXC: 2004-36J, 2005-26J, 2006-73J
- RODRÍGUEZ Ángel David (ESP) 25/4/1980** **4x200 Metres**
 6x Spanish Champion at 100m
200 pb: 20.34w -11, 20.61 -08. 100 pb: 10.14 -08. 6 EJC 100 99; 8 WCP 100 2002; 4 ECP 100 2006/2008; sf ECH 100 2006/2010; sf EIC 60 2007/2011 (2009-ht); qf WCH 100 2007/2009; sf WIC 60 2008/2010/2012; qf OLY 100/200 2008; ht WCH 200 2009; ht OLY 100 2012. 1 Spanish 100 2006/2007/2009/2010/2011/2013 (1 200 2009/2010/2011) (1 indoor 60 2007/2008/2009/2010/2012). His nickname is 'El Pájaro' (the bird)
- ROLDÁN Francisco (ESP) 26/5/1990** **4x800 Metres**
800 pb: 1:47.19i -13, 1:47.23 -12. sf EIC 2013. Spanish under-23 2012

- RUIZ Sergio (ESP) 21/10/1989** **4x200 Metres**
Improved from 20.97 to 20.51 so far in 2013 to break the Spanish 200m record which had stood since 1997 (but the record only lasted for two months before Bruno Hortelano broke it in Moscow)
100 pb: 10.58 -13. 6 ETCh 200 2013; 3 Mediterranean Games 200 2013; ht WCH 200 2013
- ALEMAYEHU Zebene (ETH) 4-9-1992** **4x1500 Metres**
2011 World semi-finalist
1500 pb: 3:33.73 -13. **2000 pb: 4:59.18 -11.** 4 World Youth 2009; dnf/ht WJC 2010; sf WCH 2011 (2013-ht); 10 African Champs 2012
- FIDA Soresa (ETH) 27-5-1993** **4x1500 Metres**
1500 pb: 3:34.72 -11. ht WJC 2010; 3 African junior 2011; 7 African Games 2011
- GBREMEDHIN Mekonnen (ETH) 11/10/1988** **4x1500 Metres**
Full name-Mekonnen Gebremedhin Woldegiorgis
Seventh at the past two World Championships ... 2012 World Indoor bronze
1500 pb: 3:31.45 -12. **800 pb: 1:46.63 -12.** **Mile pb: 3:49.70 -11.** ht World Youth 800 2003; sf WJC 800 2006; 3 African Champs 2010; 2 IAAF Continental Cup 2010; 7 WCH 2011/2013 (2007-sf, 2009-ht); 3 WIC 2012 (2008-6, 2010-4, 2014-ht); 6 OLY 2012 (was in bronze medal position entering the homestraight)
- SHIMELS Chalachew (ETH) 1-1-0996** **4x1500 Metres**
1500 pb: 3:42.3 -13. 3 African junior 2013. 1 Ethiopian junior 2013
- WOTE Aman (ETH) 18/4/1984** **4x1500 Metres**
(Aka Aman Wetiye) .. 2014 World indoor silver
1500 pb: 3:32.65 -13. **800 pb: 1:44.99 -13.** **Mile pb: 3:49.88 -13.** 7 African Champs 2010; 5 African Games 2011; ht OLY 2012; sf WCH 2013; 2 WIC 2014 (2012-4)
- ANNE Mame-Ibra (FRA) 7/11/1989** **4x400 Metres**
400 pb: 45.78 -13. 5 under-23 ECH 2011; 3 Mediterranean Games 2013. 1 French 2013
- BASSAW Ben (FRA) 9/7/1989** **4x100/200 Metres**
100 pb: 10.20w, 10.31 -12. **200 pb: 20.58 -12.** sf ECH 200 2012. 1 French under-23 100 2010
- FONSAT Yannick (FRA) 16/6/1988** **4x200/400 Metres**
2012 European bronze
400 pb: 45.30 -12. **200 pb: 20.93 -14.** sf WJC 2006; 1 EJC 2007; 3 Mediterranean Games 2009; 1 under-23 ECH 2009 (3 4x400); 7 WCH 4x400 2009; 3 ECH 2012 (2010-sf). 1 French 2010/2012 & indoor 200 2012
- JOHN Jeffrey (FRA) 6/6/1992** **4x100/200 Metres**
100 pb: 10.54 -14. **200 pb: 20.72 -12.** 3 EJC 200 2011 (1 4x100); 8 under-23 ECH 200 2013
- JORDIER Thomas (FRA) 12/8/1994** **4x400 Metres**
Set a French junior record of 46.21 in 2013 at age 18, to break the previous mark of 46.31 which had stood to Gilles Bertould since 1968
400 pb: 46.21 -13. 3 World Youth Medley Relay 2011 (sf 400); dq/ht EIC 2013; 3 EJC 2013. 2 French indoor 2013
- LEMAITRE Christophe (FRA) 11/6/1990** **4x100/200 Metres**
In Barcelona 2010 became the first man to win the sprint treble at the European Championships
100 pb: 9.92 -11. **200 pb: 19.80 -11.** 4 World Youth 100 2007 (5 200); 1 WJC 200 2008; 1 EJC 100 2009; dq qf WCH 100 2009 (false start); 2 ETCh 100 2010; 1 ECH 100/200/4x100 2010; 1 IAAF Continental Cup 100 2010; 3 EIC 60 2011 (2009-sf); 1 ETCh 100/200 2011; 3 WCH 200 2011 (4 100); 2 WCH 4x100 2011; 1 ECH 100 2012; 6 OLY 200 2012; 1 ETCh 200 2013; 7 WCH 100 2013 (injured). 1 French 100/200 2010/2011/2012, 200 2013 & indoor 60 2011
- MAURICE Patrice (FRA) 16/5/1989** **4x400 Metres**
400 pb: 46.46 -14. 3 French Universities 2013
- REMY Arnaud (FRA) 19/8/1986** **4x200 Metres**
100 pb: 10.22 -12. **200 pb: 20.99 -12.** 4 French 100 2013
- ROMAIN Ken (FRA) 17/4/1993** **4x100/200 Metres**
100 pb: 10.47 -12. **200 pb: 20.94 -12.** 1 EJC 4x100 2011; ht WJC 200 2012. 1 French under-23 100 2013
- VENEL Teddy (FRA) 16/3/1985** **4x400 Metres**
44.82 split at 2008 European Cup relay
400 pb: 45.54 -08. ht WJC 2004; 1 ECP 4x400 2008; 2 Mediterranean Games 2009; sf WCH 2009 (2011-ht); sf ECH 2010; 6 ETCh 2011. 1 French under-23 2006. His elder brother Didier is also a 400m runner (47.23 -10). Heavily tattooed, including a necklace of blood & tears. Coach-Bobby Kersee
- VICAUT Jimmy (FRA) 27-2-1992** **4x100 Metres**
2011 European Junior Champion at 100m ... anchored France to 2011 World relay silvers
100 pb: 9.95 -13. **200 pb: 20.30 -13.** 7 World Youth 100 2009; 3 WJC 100 2010; 1 ECH 4x100 2010; 1 EJC 100/4x100 2011; 6 WCH 100 2011 (2 4x100); sf OLY 100 2012 (4 4x100); 1 ETCh 100 2013; sf WCH 100/200 2013. 1 French indoor 60 2013 & 100 2013. His mother is Ivorian ... his younger brother Willy Vicaut in 2013 French Junior Champion at Shot Put
- ZEZE Mickael-Meba (FRA) 19/5/1994** **4x100 Metres**
2011 World Youth bronze at 100m
100 pb: 10.36w -11, 10.44 -12. **200 pb: 20.74 -13.** HJ pb: 2.05 -14. 3 World Youth 100 2011 (5 200); 6 EJC 200 2013. 1 French junior indoor 60/200 2013
- AIKINES-ARYEETAY Harry (GBR) 29/8/1988** **4x100 Metres**
Former World Youth & World Junior Champion at 100m ... anchored Britain to World Championship relay bronze in 2009
100 pb: 10.08 -13. **200 pb: 20.46 -11.** 1 World Youth 100/200 2005; 1 WJC 100 2006 (3 4x100); 1 under-23 ECH 100 2009; 3 WCH 4x100 2009; dnf sf WIC 60 2010; sf WCH 100 2011/2013; 4 ECH 100 2012; 7 EIC 60 2013 (2011-ht); 1 ETCh 4x100 2013. 1 English 100 2011. Stress fracture of back in 2007; hamstring tears in 2008, 2010 & 2012. Ghanaian descent. Coach-Rana Reider
- AWDE Daniel (GBR) 22/6/1988** **4x400 Metres**
In 2012 became only the fourth Briton to score more than 8000 points in the Decathlon, but now concentrating on the 400m
400 pb: 45.96 -14. pbs in Decathlon events:
100: 10.67w/10.71; LJ: 7.47; SP: 13.67; HJ: 2.01; 400: 45.96; 110H: 14.14w/14.23; DT: 43.90; PV: 5.10; JT: 56.08; 1500: 4:23.35
dnf WJC 2006; dnf EJC 2007; 21 OLY 2008 (2012-dnf with knee injury. 1 UK 2008/2011. His older brother brother Chris is also a useful decathlete (pb 6819). Coach-Chris Zah
- BINGHAM Michael (GBR) 13/4/1986** **4x400 Metres**
Three silvers from European Championships outdoors ... British #1 in 2009 & 2010
400 pb: 44.74 -09. **200 pb: 20.75 -09.** 3 Pan-American junior Decathlon 2005; 4 OLY 4x400 2008; 7 WCH 2009 (2 4x400); 2 ECH 400/4x400 2010; 3 IAAF Continental Cup 2010; 2 WIC 4x400 2012; silver ECH 4x400 2012; 5 EIC 2013 (1 4x400); 4 WCH 4x400 2013; silver WIC 4x400 2104 (ran heat). 1 US junior Decathlon 2005; 1 NCAA indoor 2009 (2 outdoors). His father Norris is British and lives in Nottingham, though Michael was born in the USA ... cleared by the IAAF to represent Britain on April 30, 2008 though he has had a British passport since August 2, 2007
Married 400m international Shana Cox on November 9, 2013
- BOWIE Jamie (GBR) 1/4/1989** **4x400 Metres**
2014 World indoor relay silver
400 pb: 46.06 -13. 1 under-23 ECH 4x400 2011; ht WCH 4x400 2013; 2 WIC 4x400 2014. 1 British Universities indoor 2011; 1 Scottish indoor 2011; 5 UK 2013. Coach-Piotr Haczek
He was controversially omitted from the final line-up of the British relay team in the Moscow World Championships after having clocked the fastest British split in the heats (44.64)
- CHAMBERS Dwain (GBR) 5/4/1978** **4x100 Metres**
Former World Indoor Champion ... World 100m finalist in 1999, 2001 & 2009, but achievements in 2002-2003 annulled because of doping violations
100 pb: 9.97 -99. **200 pb: 20.31 -01.** 1 EJC 100/4x100 95/97; 2 ECH 100 98 (1 4x100); 3 WCP 100 98 (1 4x100); sf COM 100 98 (1 4x100);

1 ECP 100 99 (2002-dq); 3 WCH 100 99 (2 4x100); 4 OLY 100 2000 (2012-sf); 4 WCH 100 2001 (sf 200); 1 Goodwill Games 100 2001; dq COM 100 2002 (originally 8th); dq ECH 100 2002 (1st); dq WCP 100 2002 (5th); dq WCH 100 2003 (4th); 7 ECH 100 2006 (1 4x100); 1 EIC 60 2009 (2011-2, 2013-ht); 1 ETCh 100/200 2009 & 100 2010; 6 WCH 100 2009; 1 WIC 60 2010 (2008-2, 2012-3, 2014-6); 5 ECH 100 2010; 2 ETCh 100 2011; sf WCH 100 2011/2013. 1 AAA 100 2000/2001. 1 UK indoor 60 2008/2009/2010/2011/2012; 1 UK 100 2008/2010/2011/2012/2013

ELLINGTON James (GBR) 6/9/1985 **4x100 Metres**
Twice UK Champion at 200m ... he holds the UK best for "straight" 200m (20.67 in Manchester 2012)
100 pb: 10.12w -11, 10.17 -13. 200 pb: 20.42 -13. 6 EJC 200 2003; 7 WJC 100 2004; 5 under-23 ECH 100 2005 (4 4x100); 1 under-23 ECH 4x100 2007; 1 ETCh 4x100 2011/2013; ht OLY 200 2012; sf WCH 200 2013 (2011-ht). 1 UK 200 2012/2013. Winner of AAA sprint titles as an under-15, under-17 and junior, and now UK Champion as a senior ... once played rugby for Kent (outside centre position) ... born-Catford, studied sports science at Lewisham College ... his motto (tattooed on his arm) is "Victory Loves Preparation". Coach-Rana Reider

KILTY Richard (GBR) 2/9/1989 **4x100 Metres**
2014 World Indoor Champion at 60m
100 pb: 10.10 -13. 200 pb: 20.34 -13. sf WJC 200 2008 (5 4x100); 7 under-23 ECH 200 2009; 2 under-23 ECH 4x100 2011; 6 ETCh 100 2013; 1 WIC 60 2014. 1 English Schools 100 2007; 1 English junior 200 2008. Father Kevin was a 10.8 100m sprinter and a professional body-builder, his sister Heidi is also an athlete. Coach-Rana Rieder (formerly Linford Christie)

LEVINE Nigel (GBR) 30/4/1989 **4x400 Metres**
2011 European Under-23 Champion. Four times UK Indoor Champion. The "vine" in Levine is pronounced as in grapevine
400 pb: 45.11 -12. 4 EJC 2007 (1 4x400); 2 WJC 4x400 2008; 2 EIC 4x400 2009/2011; 2 under-23 ECH 2009; 3 WIC 4x400 2010; 1 under-23 ECH 400/4x400 2011; sf WIC 2012 (2 4x400); 2 ECH 4x400 2012; sf OLY 2012; 2 EIC 2013 (1 4x400); 2 ETCh 2013; sf WCH 2013 (4 4x400); sf WIC 2014 (2 4x400). 1 English junior 2007; 1 UK 2013 & indoor 2011/2012/2013/2014. Born-Trinidad, moved to Britain in 2000 ... he is a qualified car technician and has plans to race motorcycles. Coach-Linford Christie

ROBERTSON Andrew (GBR) 17/12/1990 **4x100 Metres**
2011 European under-23 100m bronze & relay silver
100 pb: 10.14 -13. 200 pb: 20.76 -13. 3 EJC 100/4x100 2009; 3 under-23 ECH 100 2011 (2 4x100). 1 North of England 100 2010/2011; 2 UK indoor 60 2012

ROONEY Martyn (GBR) 3-4-1987 **4x400 Metres**
Two epic relay anchors at the Olympics ending up in fourth place: 43.73 in Beijing 2008 and 44.09 in London 2012
400 pb: 44.60 -08. 200 pb: 20.87w -11, 21.33 -07. 2 EJC 2005 (1 4x400); 5 COM 2006; 3 WJC 2006 (3 4x400); 1 ECP 2008; 6 OLY 2008 (4 4x400); sf WCH 2009/2011 (2007-ht); 2 WCH 4x400 2009 (2011-7, 2013-4); 1 ETCh 2010; 3 ECH 2010 (2 4x400); sf OLY 2012 (4 4x400). 1 UK 2008/2010/2011/2012. Born in Croydon of Irish parents, has dual nationality with Ireland ... based-Loughborough. Coach-Rana Reider (formerly Nick Dakin)... 1.98 tall

TALBOT Danny (GBR) 1-5-1991 **4x100 Metres**
2012 European bronze medallist at 200m
100 pb: 10.17 -14. 200 pb: 20.45 -13. sf WJC 200 2010; 6 ETCh 200 2011; 3 ECH 200 2012; 4 ETCh 200 2013 (2011-6); 2 under-23 ECH 200 2013 (2011-4). 1 UK indoor 200 2011; 1 English under-23 200 2011/2012. Two of his uncles competed for Wales as schoolboys, one as a javelin thrower and another as a rugby player

WILLIAMS Conrad (GBR) 20-3-1982 **4x400 Metres**
2009 World relay silver ... twice European relay silver ... twice World indoor relay silver
400 pb: 45.08 -12. 200 pb: 20.96 -11. 1 ETCh 4x400 2009; 2 WCH 4x400 2009; 3 WIC 4x400 2010; 2 ECH 4x400 2010 (sf individually); 6 COM 400 2010 (3 4x400); 2 WIC 4x400 2012/2014; 2 ECH 4x400 2012; sf OLY 2012 (4 4x400). 1 UK 2012/2013. Coach-Linford Christie (formerly-John Powell)

BLUM Christian (GER) 10/3/1987 **4x100 Metres**
3x German Indoor Champion at 60m
100 pb: 10.26 -07. 200 pb: 20.85 -07. sf EJC 100 2005 (1 4x100); sf WJC 100 2006; sf EIC 60 2007 (2011-ht); 3 ECP 100 2007; 7 under-23 ECH 100 2007; sf ECH 100 2010; sf WIC 60 2012. 1 German junior 100 2006 & indoor 60 2007/2011/2012

DOMOGALA Patrick (GER) 14-3-1993 **4x200 Metres**
200 pb: 20.90 -13. 100 pb: 10.34 -13. 3 Youth Olympic Games 200 2010; sf WJC 100/200 2012

EREWA Robin (GER) 24/6/1991 **4x200 Metres**
200 pb: 20.56i -14, 20.75 -14. 5 WJC 200 2010; 3 under-23 ECH 4x100 2011. 1 German 200 2011

ERNST Sebastian (GER) 11/10/1984 **4x200 Metres**
2003 European Junior Champion at 200m ... 2006 European Police Champion at 100m
200 pb: 20.36 -04. 100 pb: 10.33w -04, 10.36 -04/09/10. sf World Youth 200 2001; 6 WJC 200 2002; 1 EJC 200 2003; sf WIC 200 2004; 5 ECP 200 2004; sf OLY 200 2004 (missed final by one place); 2 under-23 ECH 200/4x100 2005; qf WCH 200 2005; sf ECH 200 2006/2010; 3 ETCh 200 2010. 1 German 200 2006

JAKUBCZYK Lucas (GER) 28/4/1985 **4x100 Metres**
Ran anchor for German team which won sprint relay silver at 2012 European Championships
100 pb: 10.07 -14. 200 pb: 20.77 -12. dnq WJC LJ 2004; 8 under-23 ECH LJ 2007; 2 European Police LJ 2012; sf ECH 100 2012 (2 4x100); 4 WCH 4x100 2013; sf WIC 60 2104. 1 German 100 2012. He was in the Sports Unit of the German Federal Police (Bundespolizei) in 2004-2011.

KELLER Martin (GER) 26/9/1986 **4x100 Metres**
Anchored Germany to European relay bronze in 2010 & fourth place at Moscow 2013
100 pb: 9.99w, 10.07 -13. 200 pb: 20.88w -13, 21.25 -14. 5 OLY 4x100 2008; qf WCH 100 2009; dq ETCh 100 2010 (false start); 3 ECH 4x100 2010 (2012 silver after running in heat only); 5 ETCh 100 2013; ht WCH 100 2013 (4 4x100)

KOSENKOW Alexander (GER) 14/3/1977 **4x200 Metres**
European sprint relay silver in 2012 & bronze in 2010, third leg each time
200 pb: 20.43 -09. 100 pb: 10.14 -03. 5 EJC 100 95 (3 4x100); 3 under-23 ECH 4x100 99; sf EIC 60 2000; qf WCH 200 2001 (2009-ht); qf ECH 100 2002; qf OLY 200 2004; sf EIC 200 2005; 6 ECP 200 2007; 5 OLY 4x100 2008; sf ECH 100 2010 (3 4x100). 1 German 100 2003/2007/2010. Born-Kyrgyzstan

MENGA Alex-Platini (GER) 29/9/1987 **4x200 Metres**
2009 European under-23 silver at 200m
100 pb: 10.16w -12, 10.19 -14. 200 pb: 20.33 -12. 2 under-23 ECH 200 2009; qf WCH 200 2009. 2 German 100/200 2012

REUS Julian (GER) 29/4/1988 **4x100 Metres**
Treble German Champion at sprints (60/100/200) in 2013
100 pb: 10.00w, 10.08- 13. 200 pb: 20.36 -13. sf World Youth 100 2005 (ht 200); sf WJC 200 2006 (ht 100); 1 EJC 100/4x100 2007 (2 200); 6 WCH 4x100 2007; sf ECH 100 2012 (2 4x100); 6 EIC 60 2013; 8 ETCh 200 2013; qf WCH 100/2013 (4 4x100). 1 German 100 2013, 200 2012/2013 & indoor 60 2013

SCHMIDT Roy (GER) 30/9/1991 **4x200 Metres**
200 pb: 20.91w , 21.07 -13. 100 pb: 10.33 -13. 7 EJC 200 2009 (1 4x100); sf WJC 200 2010

DASCENT Calvin (ISV) 5-4-1989 **4x200 Metres**
US Virgin Islands record holder at 200m
200 pb: 20.66 -11. 400 pb: 46.38 -11. ht WCH 200 2011

HENRY Tabarie (ISV) 1/12/1987 **4x200 Metres**
Fourth in World Championships indoors (2012) and out (2009) ... US Virgin Islands record holder at 200m & 400m
200 pb: 20.71 -09. 400 pb: 44.77 -09. sf OLY 400 2008/2012; 4 WCH 400 2009 (2011-7); 4 WIC 400 2012 (2014-ht). Born in the US Virgin islands, moved to Miami at age 4 ... he has "MIA" (the airport code for

Miami) tattooed on his right bicep and "305" (the area telephone dialling code for Miami) on the left

MURRAY Leslie (ISV) 24-1-1991 **4x200 Metres**
US Virgin Islands record holder at 400m hurdles
400 pb: 46.41 -09. 400H pb: 49.83 -09. 3 WJC 400H 2010 (2008-sf); 3 North/Central American & Caribbean under-23 2012

WALTERS David (ISV) 5/4/1989 **4x200 Metres**
US Virgin Island record holder at indoor 60m (6.66 in 2013)
200 pb: 21.78 -07. 100 pb: 10.45 -09. sf WJC 100 2008

ASHMEADE Nickel (JAM) 7-4-1990 **4x200 Metres**
Top five in both sprints at Moscow 2013, then relay gold when he passed to Usain Bolt
200 pb: 19.85 -12. 100 pb: 9.90 -13. 2 World Youth 100 2007 (3 200); 2 WJC 200 2008 (2 4x100); 1 Central American & Caribbean Champs 200 2009; 4 WCH 200 2013 (2011-5); 5 WCH 100 2013 (1 WCH 4x100). 1 Jamaican 200 2011. He says "cooking is my passion"

BAILEY Oshane (JAM) 9-8-1989 **4x100 Metres**
2010 Jamaican Champion at 100m (in absence of Bolt, Powell & Nesta Carter, but ahead of Michael Frater), when he went from 6th to 1st in the last 40m
100 pb: 10.06w -12. 10.11 -10. 200 pb: 20.88 -10. 2 WJC 4x100 2008. 2 North/Central American & Caribbean under-23 100 2010; 4 Central American & Caribbean Games 100 2010. 1 Jamaican 100 2010. He reached the 2010 Commonwealth 100m final but pulled his hamstring in the process and could not start
Deputised for Usain Bolt in heat of 2013 World Championship 4x100m, so awarded gold medal won in final for Jamaica

BAILEY-COLE Kemar (JAM) 10/1/1992 **4x100 Metres**
Fourth in 2013 World 100m final (but only third Jamaican), then relay gold
100 pb: 9.93 -13. 200 pb: 20.83 -12. sf World Youth 100/200 2009; 7 Central American & Caribbean junior 100 2010; Gold OLY 4x100 2012; 4 WCH 100 2013 (1 4x100). Bailey is his mother's name, Cole is his father's. 1.95 tall

BELL Javere (JAM) 20-9-1992 **4x400 Metres**
400 pb: 45.08 -03. 6 World Youth 2009; 4 WJC 4x400 2010; sf WCH 2013. 1 Jamaican junior 2011 & senior 2013. With Racers Track Club
Ran in heats of 2013 World 4x400, so awarded silver medal won by team in final (where he was replaced by Omar Johnson)

BLAKE Yohan (JAM) 26/12/1989 **4x100 Metres**
Sprint double Olympic silver in 2012, 0.12 behind Bolt in each race ... in 2011 at age 21, became the youngest-ever World Champion at 100m
100 pb: 9.69 -12. 200 pb: 19.26 -11. 400 pb: 46.32 -13. 7 World Youth 100 2005; 1 Central American & Caribbean junior 100/200 2006; 3 WJC 100 2006 (1 4x100); 2 Pan-Am junior 100 2007; 4 WJC 100 2008 (2 4x100); 1 WCH 100/4x100 2011; 2 OLY 100/200 2012 (1 4x100). He always wears non-matching socks and likes to grow his fingernails before big races ... he plays for Kingston Cricket Club with a personal best run score of 50 ... he says he is inspired by Michael Jackson and his favourite Jackson song is "You Rock My World," which is also his first choice for Karaoke. Coach-Glen Mills
Missed most of 2013 with a tendon injury

BROWN Jermaine (JAM) 4/7/1991 **4x200 Metres**
200 pb: 20.49 -13. 400 pb: 46.24i, 46.64 -14. 8 Central American & Caribbean Champs 200 2013; Bronze WIC 4x400 2014 (ran heat)

CARTER Nesta (JAM) 11-10-1985 **4x100 Metres**
2013 World 100m bronze ... relay golds from Beijing 2008, Daegu 2011, London 2012 & Moscow 2013
100 pb: 9.78 -11. 200 pb: 20.25 -10. sf WJC 200 2004; 2 WCH 4x100 2007 (sf 100); 1 OLY 4x100 2008/2012; 7 WCH 100 2011 (cramp); 1 WCH 4x100 2011; 2 WIC 60 2012 (2010/2014-7); 3 WCH 100 2103 (1 4x100). Ran in heats of 2004 World Junior 4x100, so awarded silver won by Jamaica in final. He is a keen cricketer

DWYER Rasheed (JAM) 29-1-1989 **4x200 Metres**
2013 World Student Games silver at 200m
100 pb: 10.20 -13. 200 pb: 20.15 -13. 2 Central American & Caribbean Games 200 2010; sf COM 200 2010 (2 4x100); 2 WSG 200 2013. Ran

in heat of 2008 World Junior 4x100, so awarded silver won by team in final

FISHER Andrew (JAM) 15-12-1991 **4x100 Metres**
100 pb: 10.07 -13. 200 pb: 21.08w -13, 21.22 -14. 1 Central American & Caribbean Champs 100 2013. 1 Jamaican Collegiate 100 2014

FITTEN Chumaine (JAM) 15-3-1985 **4x400 Metres**
400 pb: 46.06 -14. sf Jamaican 2013

FORTE Julian (JAM) 1-7-1993 **4x200 Metres**
200 pb: 20.38 -12. 100 pb: 10.13 -13. 8 WJC 200 2012. 1 Jamaican Schools 100/200 2010. 1 Jamaican junior 200 2012. Attends Kingston University of Technology

FRATER Michael (JAM) 6/10/1982 **4x100 Metres**
2005 World silver at 100m. Second leg for gold-winning Jamaican sprint relay at Beijing 2008, Berlin 2009, Daegu 2011 & London 2012
100 pb: 9.88 -11. 200 pb: 20.45w, 20.63 -02. 5 WJC 100 2002; sf COM 100 2002; 1 Pan-Am 100 2003; sf OLY 100 2004; 2 WCH 100 2005 (2003-04, 2009/2011-sf); dq sf COM 100 2006 (false start); 1 COM 4x100 2006; 6 OLY 100 2008 (1 4x100); 1 WCH 4x100 2009/2011; 1 OLY 4x100 2012. 1 Jamaican 100 2006. 1 NCAA 100 2004.
Missed 2013, recovering from knee surgery. Now with Racers Track Club

HYATT Dane (JAM) 22/1/1984 **4x400 Metres**
Former Jamaican Champion and an ex-policeman
400 pb: 44.83 -12. 2 Central American & Caribbean Champs 2009; sf OLY 2012. 1 Jamaican 2012; 1 NCAA div 2 2013. Former footballer and former policeman, he was a member of the Jamaican Constabulary Force for four and a half years
Ran in heats of 2014 World 4x400, so awarded bronze won by Jamaica in final

JOHNSON Omar (JAM) 25/11/1988 **4x400 Metres**
Third leg for Jamaican team which won 4x400m silver at Moscow 2013
200 pb: 20.48w -13, 20.80 -12. 2 Central American & Caribbean Champs 2013; sf WCH 2013 (2 4x400)

LIVERMORE Jason (JAM) 25-4-1988 **4x200 Metres**
Third in 2013 Jamaican 200m Championships (where he improved from 20.65 to 20.13)
200 pb: 20.13 -13. 100 pb: 10.07 -13. sf WCH 200 2013. 3 Central American & Caribbean Champs 200 2013. 3 Jamaican 200 2013

McDONALD Rusheen (JAM) 17-8-1992 **4x400 Metres**
First leg for Jamaican team which won World 4x4 silver in Moscow 2013
400 pb: 45.10 -13. 1 Central Jamaican junior 2011; ht OLY 2012; 2 WCH 4x400 2013

STEELE Edino (JAM) 6/1/1987 **4x400 Metres**
2008 World indoor relay silver ... 2013 World outdoor relay silver
400 pb: 45.38 -12. 200 pb: 20.39 -13. 5 WJC 2006; ht WIC 2008 (2 4x400); sf WIC 2010/2014; 2 WCH 4x400 2013 (44.3 split); 3 WIC 4400 2014. 1 Jamaican junior 2006

WEIR Warren (JAM) 31/10/1989 **4x200 Metres**
The "Weir - Wolf" ... 2012 Olympic bronze, 2013 World silver
200 pb: 19.79 -13. 100 pb: 10.02 -13. Junior 110H pb: 13.45w -08, 13.65 -07/08. sf WJC 110H 2008 (was leading, but hit hurdles); 3 OLY 200 2012; 3 WCH 200 2013 (gold 4x100). 1 Jamaican 200 2013. At home in Kingston he has two pet turtles, (Timid & Turks) ... he is an avid supporter of Chelsea FC. Coach-Glen Mills (so he trains with Bolt / Blake etc)

ERIGUCHI Masashi (JPN) 17/12/1988 **4x100/200 Metres**
5x Japanese Champion at 100m
100 pb: 10.07 -09. 200 pb: 20.80 -12. 3 WSG 100 2009; 4 WCH 4x100 2009; sf WIC 60 2010; 2 Asian Champs 100 2011 (1 4x100). 1 Japanese 100 2008/2009/2010/2011/2012

FUJIMITSU Kenji (JPN) 1/5/1986 **4x200/400 Metres**
Anchored Japan to fourth place in the 2009 World Championships sprint relay final
200 pb: 20.38 -10. 400 pb: 46.80 -09. 100 pb: 10.35 -12. 3 World

Youth Medley Relay 2003 (sf 200); 1 Asian Champs 200 2007; 4 WCH 4x100 2009 (qf 200); 1 East Asian Games 200 2009; 5 IAAF Continental Cup 200 2010; 6 WCH 4x400 2013. 1 Japanese 200 2010

IIZUKA Shota (JPN) 25/6/1991 **4x100/200 Metres**

Former World Junior Champion at 200m

100 pb: 10.22w -10, 10.28 -13. 200 pb: 20.21 -13. 1 WJC 200 2010; 4 Asian Champs 200 2011; ht OLY 200 2012 (5 4x100); 3 WSG 200 2013 (2 4x100) 6 WCH 4x100 2013. 1 Japanese 200 2013. Attends Chuo University

ISHIZUKA Yusuke (JPN) 19/6/1987 **4x400 Metres**

Led off the Japanese team which won 4x400m gold at the 2011 Asian Championships

400 pb: 45.87 -13. sf WJC 200 2006; 3 East Asian Games 2009; 3 WSG 4x400 2009; 8 Asian Games 2010; 5 Asian Champs 2011 (1 4x400); 2 Asian Champs 4x400 2013

KANEMARU Yuzo (JPN) 18/9/1987 **4x400 Metres**

2009 World Student Games Champion ... 2005 Asian Champion (at age 17) & already 9x Japanese Champion

400 pb: 45.16 -09. 100 pb: 10.32 -05. 200 pb: 20.69 -06. 1 Asian Champs 2005 (2009-2, 2011/2013-3); 7 WJC 2006; ht OLY 2008/2012; 7 IAAF Continental Cup 2010; 2 Asian Games 2010 (2006-4); sf WCH 201 /2013 (2007/2009-ht). 1 Japanese 2005-2013

KIRYU Yoshihide (JPN) 15/12/1995 **4x100 Metres**

World Youth record holder at 100m with 10.19 in 2012, the fastest-ever by a 16 year-old ... at Hiroshima on April 2013 he then equalled the world junior record of 10.01, but it could not count as there was no ultrasonic wind gauge in operation

100 pb: 10.01 -13. 200 pb: 20.70 -12. ht WCH 100 2013; sf WIC 60 2014. . From-Kyoto. They call him "Jet Kiryu"

KOBAYASHI Yuichi (JPN) 25-8-1989 **4x100/200 Metres**

100 pb: 10.33w -09, 10.39 -12. 200 pb: 20.46 -13. ht WJC 100 2008; ht WCH 200 2011; 5 Asian Champs 200 2013; ht WCH 200 2013

OSETO Kazuma (JPN) 5/8/1994 **4x100 Metres**

100 pb: 10.23 -12. 200 pb: 20.95 -11. 2 World Youth 100 2011; 3 WJC 4x100 2012 (sf 100); 2 Asian Champs 4x100 2013

TAKAHIRA Shinji (JPN) 18-7-1984 **4x200/400 Metres**

Ran third leg for Japanese team which won Olympic sprint relay bronze in 2008 and placed fourth in Athens 2004 & Berlin 2009

100 pb: 10.20 -09. 200 pb: 20.22 -09. 400 pb: 46.01 -03. 1 Asian Junior 200 2002; ht OLY 200 2004 (4 4x100); 3 Asian Games 200 2006; qf OLY 2008 (3 4x100); qf WCH 200 2009 (4 4x100); 2 Asian Champs 200 1009. 1 Japanese 200 2004/2005/2008/2009/2011

TAKASE Kei (JPN) 25/11/1988 **4x100/200 Metres**

2012 Olympic semi-finalist at 200m

100 pb: 10.13 -14. 200 pb: 20.34 -14. 400 pb: 46.46 -10. 1 Asian Champs 4x400 2011; sf OLY 200 2012. 1 Japanese 200 2012; 3 Asian Champs 200 2013 (2 4x100)

WATANABE Kazuya (JPN) 20/7/1988 **4x400 Metres**

400 pb: 45.71 -13. 2 Asian Champs 4x400 2013; 5 Asian Indoor Champs 2014. 2 Japanese 2012 (2013-4, 2012-6)

YUI Kaisei (JPN) 6-2-1996 **4x400 Metres**

400 pb: 46.78 -14. sf World Youth 2013 (3 Medley Relay). 2 Japanese Schools 2013

BARASA Stephen (KEN) 14-5-1985 **4x200 Metres**

Full name-Stephen Wafula Barasa

200 pb: 21.29 -10. qf COM 200 2010. 1 Kenyan 200 2010

BUOGA Solomon (KEN) 21-11-1985 **4x400 Metres**

Full name-Solomon Odongo Buoga

400 pb: 46.51 -11

CHEBOI Collins (KEN) 25/9/1987 **4x1500 Metres**

2011 African Games silver at 1500m ... his mile pb 3:51.44 set in Eugene 2012 then equalled at Eugene 2013!

1500 pb: 3:31.53 -13. Mile pb: 3:51.44 -12/13. 1 Oslo Golden League 2009 (the 1500, not the Dream Mile); 2 African Games 2011. 4 Kenyan

2011. Placed fifth in Hengelo 2011 1500m in 3:34.16 despite starting the race as a pacemaker

CHEPSEBA Nixon (KEN) 12/12/1990 **4x1500 Metres**

Full name-Nixon Kiplimo Chepseba (pronounced "Chep-Sebba") ... twice sub-3:30 just before London 2012, but only 11th there

1500 pb: 3:29.77 -12. Mile pb: 3:50.95 -13. 800 pb: 1:46.82 -11. 2 African junior 2009; 11 OLY 2012; 4 WCH 2103. At primary school he was a champion at high jump and triple jump, then he began racing at 5000m & 10,000m (pb 29:38 at age 17) ... in 2008 Brother Colm O'Connell persuaded him to move down in distance ... married Mercy Kosgei on April 23, 2011 (she was silver medallist in the 2006 World Junior 1500m & 2007 World Junior Cross Country Championships)

CHERUIYOT Ferguson (KEN) 30-11-1989 **4x800 Metres**

Full name-Ferguson Rotich Cheruiyot

800 pb: 1:44.38 -13. sf WCH 2013. 2 Kenyan 2013. Ex-high jumper (pb 2.01 -10), started running seriously only in 2013. Disqualified after he ran out of his lane in 2013 World Championship semi-final (but wouldn't have qualified anyway). At age 12 (he says), he changed his first name from Simon to Ferguson in honour of Alex Ferguson, the former manager of Manchester United (an English professional football club) - "they cannot stop winning and that is why I chose to be known as Ferguson"

CHIRCHIR Tony (KEN) 1-1-0985 **4x200 Metres**

Full name-Tony Kipruto Chirchir

200 pb: 21.14 -11

2 Kenyan 100/200 2013; 3 Kenyan 200 2011/2013

KINYOR Job (KEN) 2-9-1990 **4x800 Metres**

800 pb: 1:43.76 -12. 3 African Games 2011. 1 Kenyan 2013 (but then only 4th in the World Championship Trials)

KIPKETER Alfred (KEN) 26-12-1996 **4x800 Metres**

2013 World Youth Champion

800 pb: 1:44.2 -14. 1 World Youth 2013. 1 Kenyan youth 2013

KIPKOECH Nicholas (KEN) 22/10/1992 **4x800 Metres**

800 pb: 1:45.01 -12. 1500 pb: 3:44.07 -12. 3 World Youth 800 2009

KIPLAGAT Silas (KEN) 20/8/1989 **4x1500 Metres**

2010 Commonwealth Games Champion ... 2011 World silver

1500 pb: 3:29.27 -10. Mile pb: 3:49.39 -11. 800 pb: 1:44.8 -12. 3000 pb: 7:39.94 -10. 10K pb: 28:00 -09. 4 African Champs 2010; 1 COM 2010; 2 WCH 2011 (2013-6); 6 WIC 2012 (2014-ht); 7 OLY 2012. 1 Kenyan 2011 (2010-2). He did not run at all when in high school and started training seriously as a runner in 2008

He was the world #1 on the circuit in 2012 with wins at Doha, London (Emsley Carr Mile), Lausanne, Brussels and Rieti

KIPROP Asbel (KEN) 30-6-1989 **4x1500 Metres**

Full name-Asbel Kipruto Kiprop

Twice World Champion at 1500m ... 2008 Olympic gold, but last in London 2012 when he was nursing a hamstring injury

1500 pb: 3:27.72 -13. Mile pb: 3:48.50 -09. 800 pb: 1:43.15 -11. 1 African Games 1500 2007 & Champs 1500 2010; 1 OLY 1500 2008 (2012-12); sf WCH 800 2009; 6 IAAF Continental Cup 1500 2010; 1 WCH 1500 2011/2013 (2007/2009-4). 1 Kenyan 1500 2007/2010. Son Emmanuel born July 8, 2009 ... Asbel is 1.91 (6-3) tall ... in Beijing 2008 he originally finished behind Bahrain's Rashid Ramzi, who was then disqualified for doping violation

KIRONGO Sammy (KEN) 4-2-1994 **4x800 Metres**

800 pb: 1:45.3 -14. 4 Kenyan 2013

MAGUT James (KEN) 20/7/1990 **4x1500 Metres**

Full name-James Kiplagat Magut

2008 World junior silver at 1500m ... 2010 Commonwealth silver at 1500m

1500 pb: 3:33.31 -12. 1 African junior 1500 2008; 2 WJC 1500 2008; 2 COM 1500 2010; 3 African Champs 1500 2012; 1 Kenyan Armed Forces 1500 2013. He helped to pace the 2013 Monaco 1500 (where Asbel Kiprop clocked 3:27.72 and Mo Farah 3:28.81)

We last saw him finishing third in the Emsley Carr Mile at the Olympic Stadium on July 22 behind Augustine Choge & Ayanleh Souleiman

MUTAI Mark (KEN) 23-3-1978 **4x400 Metres**

Full name-Mark Kiprotich Mutai

2010 Commonwealth Champion

- 400 pb: 45.28 -10.** 5 World Military Games 2007; ht WCH 2009; 4 African Champs 2010 (1 4x400); 1 COM 2010 (2 4x400); 3 African Games 2011. 2 Kenyan 2009/2010
- NKANATA Carvin (KEN) 6/5/1991** **4x200 Metres**
Kenyan record holder at 200m indoors & out
200 pb: 20.17 -14. 400 pb: 46.36i -14, 46.50 -13. 100 pb: 10.28w, 10.39 -14. 3 NCAA indoor 200 2014. Attends University of Pittsburgh
- SAMPAO Alex (KEN) 31-12-1996** **4x400 Metres**
400 pb: 46.78 -13. 3 World Youth 2013
- TUMUTI Boniface (KEN) 2-5-1992** **4x400 Metres**
Full name-Boniface Mucheru Tumuti
2012 African Champs bronze
400 pb: 47.10 -10. 400H pb: 49.45 -12. 8 WJC 400H 2010; 3 African Champs 400H 2012; ht OLY 400H 2012. 1 Kenyan 400H 2012
- KIM Gook-Young (KOR) 19/4/1991** **4x100 Metres**
I 2010 he broke the Korean 100m record of 10.34 which has stood to Su Mal-Gu since 1979
100 pb: 10.17w, 10.23 -10. 200 pb: 21.06 -14. sf WJC 100 2010; sf Asian Games 100 2010 & Asian Champs 2011. 1 Korean 100/200 2011 (1 100 2014)
- ABKAR Abdullah Ahmed (KSA) 3-10-1993** **4x400 Metres**
400 pb: 47.16 -14. 200 pb: 21.02w, 21.18 -13. ht World Youth 2009; ht WJC 200 2012
- AL-BISHI Mohamed Ali (KSA) 3-2-1989** **4x400 Metres**
400 pb: 46.71 -13. 6 World Youth 200 2005; 1 Asian Champs 4x400 2013
- AL-DARAN Ali Saad (KSA) 17-4-1990** **4x400 Metres**
Second in 2007 World Youth Championship 800m
400 pb: 47.11 -08. 800 pb: 1:46.08 -09. sf WJC 800 2008 (ht 2006); 2 World Youth 800 2007; 4 Asian Champs 800 2007; 1 Asian Indoor Champs 4x400 2008
- AL-SABANI Ismail (KSA) 25-4-1989** **4x400 Metres**
400 pb: 45.74 -09. 200 pb: 21.07 -09. ht World Youth 800 2007; sf WJC 2008; 1 Asian Indoor Games 2009; 3 Asian Champs 2008 (2007-7, 2011-6); 7 Asian Games 2010; 1 Asian Champs 4x400 2013
- MASRAHI Youssef (KSA) 31-12-1987** **4x400 Metres**
Twice Asian Champion ... started as a 800/1500m runner, down from 45.43 to 44.61 for 400m in 2013
400 pb: 44.61 -13. 200 pb: 21.09 -14. 2 Asian Indoor Games 2009; 3 Asian Games 2010; 1 Asian Champs 2011/2013; sf OLY 2012; 6 WCH 2013 (2009-ht). Has lived and trained in the USA since 2011. Lives-Marina del Rey, Los Angeles, coach-John Smith
- SANDOVAL Christopher (MEX) 29-10-1991** **4x800 Metres**
800 pb: 1:49.92 -12. 1500 pb: 3:42.45 -13. ht WJC 800 2010; 1 Central American & Caribbean Champs 1500 2013
- CODRINGTON Giovanni (NED) 17/7/1988** **4x100 Metres**
Ran third leg for Dutch team which won 2012 European title
100 pb: 10.38 -12. 200 pb: 21.02 -12. 2 European Youth Olympic Festival 100 2005; ht WJC 100 2006; 7 EJC 100 2007; 6 under-23 ECH 100 2009
- MARTINA Churandy (NED) 3-7-1984** **4x100 Metres**
Ex-Netherlands Antilles (country now dissolved)
2012 European Champion at 200m ... he and Usain Bolt are the only men to have contested both Olympic sprint finals in Beijing and London
100 pb: 9.91 -12. 200 pb: 19.85 -12. 400 pb: 46.13 -07. sf World Youth 100 99; qf WJC 100 2002 (2000-ht); 1 South American Games 100 2002 (2 200); qf OLY 100 2004; qf WCH 100 2005/2009 (2003-ht); 1 Central American & Caribbean Games 100 2006/2010 & 200 2010; 1 Pan-Am Games 100 2007; 5 WCH 100/200 2007; 4 OLY 100 2008 (200-dq for running out of lane, he would otherwise have won silver behind Bolt with 19.82); sf WIC 60 2010; 2 IAAF Continental Cup 200 2010; sf WCH 100 2011 (2009-qf); 1 ECH 200/4x100 2012; 5 OLY 200 2012 (6 100); 7 WCH 200 2013 (sf 100). 1 Dutch 100/200 2011 (1 100 2012/2013)
- AKWU Noah (NGR) 23-9-1990** **4x200/400 Metres**
Twice Nigerian Champion
200 pb: 20.54 -12. 400 pb: 45.59 -13. ht WJC 400 2008; 8 WCH 4x400 2009. 3 African Champs 200 2012; ht OLY 200 2012. 1 Nigerian 400 2010/2013. Student of Health and Human Performance at Middle Tennessee State University
- EGWERO Ogho-Ogene (NGR) 26-11-1988** **4x100/200 Metres**
100 pb: 10.06 -11. 200 pb: 21.20 -09. 2 West African 100 2009; qf WCH 100 2009/2013; sf WIC 60 2010; 5 African Championships 100 2010 (2012-7); sf COM 100 2010; 6 WSG 100 2011; ht WCH 100 2011; ht OLY 100 2012. 1 Nigerian 100 2014
(There is confusion over the order of his names, previously we have seen Egwero as the first name and Ogho-Ogene as the family name)
- FRAZIER Mark'Quis (NGR) 2/10/1990** **4x100/200 Metres**
We thought he was American having competed in past US Championships, but now he's declared for Nigeria (though he was born in Dallas)
100 pb: 10.29w -11, 10.38 -14. 200 pb: 20.38w, 21.00 -11
- IMHOAPERAMHE Nicholas (NGR) 18-4-1992** **4x100 Metres**
100 pb: 10.30 -13. 8 Nigerian 100 2012
- METU Obinna (NGR) 12-7-1988** **4x100/200 Metres**
4x Nigerian 100m Champion
100 pb: 10.11 -12. 200 pb: 20.55 -08. 8 WJC 100 2006; 3 African Games 200 2007 (1 4x100); 4 African Champs 200 2008; qf OLY 100/200 2008; qf WCH 100 2009; 5 African Champs 200 2010 (7 100); 5 African Champs 100 2012. 1 Nigerian 100 2008/2009/2010/2012 (1 200 2007/2008/2012) ... 1.65 tall
- ODUDURU Divine (NGR) 14-5-1996** **4x100/200 Metres**
Full name-Ejowvokoghene Divine Oduduru
100 pb: 10.39 -14. 200 pb: 21.13 -13. 6 World Youth 200 2013; 1 African junior 200 2013
- OGUNMOLA Tobi (NGR) 20-6-1992** **4x400 Metres**
Second at 2011 African Games
400 pb: 45.82 -11. sf WJC 2010 (2 4x400); 3 African Champs 4x400 2010; 2 African Games 2011
- UKALE Elvis (NGR) 3-6-1991** **4x100/200 Metres**
100 pb: 10.43 -11. 200 pb: 21.06 -09. 400 pb: 47.14 -08. 2 Commonwealth Youth Games 400 2008. 1 Nigerian 200 2013
- STONE Nelson (PNG) 2/6/1981** **4x200 Metres**
Papua New Guinean record holder at 200m & 400m ... 2010 Oceanian Champion at 200m
100 pb: 10.59 -10. 200 pb: 21.09 -10. 400 pb: 46.70 -10. ht WCH 400 2009/2011. 1 Oceanian 200 2010 (2 100/400); sf COM 200/400 2010; ht OLY 400 2012
- ADAMSKI Jakub (POL) 11-11-1987** **4x100 Metres**
100 pb: 10.45 -12. 200 pb: 20.92 -12. 3 under-23 ECH 4x100 2009; 3 WSG 4x100 2013
- DEM CZYSZAK Mateusz (POL) 18/1/1986** **4x800/1500 Metres**
800 pb: 1:49.05 -11. 1500 pb: 3:36.15 -12. 3000 pb: 7:48.30 -12. 3000SC pb: 8:26.30 -13. 5 EJC 3000SC 2005; 9 under-23 ECH 3000SC 2007; 4 ETCh 1500 2010; 8 ECH 1500 2010; ht EIC 1500 2011; ht ECH 1500 2011.; ht EIC 3000 2013. 1 Polish 3000SC 2013. At EXC: 2005-74J, 2008-25u23
- KONIECZNY Karol (POL) 5/5/1993** **4x800/1500 Metres**
800 pb: 1:48.70 -13. 3 Polish under-23 2013. Coach-Tomasz Lewandowski (brother of Marcin)
- KOZŁOWSKI Kacper (POL) 7/12/1986** **4x400 Metres**
Anchored Poland to 2007 World bronze when he overtook the Jamaicans
400 pb: 45.24 -10. 3 under-23 ECH 2007 (2 4x400); 3 WCH 4x400 2007; 4 WSG 2009; 8 ECH 2010 (2012-sf); 4 ETCh 2013; 1 European Military Games 2013
- KRAWCZUK Łukasz (POL) 15/6/1989** **4x400 Metres**
400 pb: 46.13 -13. 2 under-23 ECH 4x400 2011 (also ran in heat only of the same event in 2009, so awarded gold won by Poland in final). 1 Polish junior 200 2008

- KRAWCZYK Szymon (POL) 29-12-1988** **4x800/1500 Metres**
800 pb: 1:47.06 -11. 1500 pb: 3:38.09 -11. dq/ht ECH 800 2012 (out of lane); ht EIC 1500 2013. 1 Polish indoor 1500 2013
- KRZEWINA Jakub (POL) 10/10/1989** **4x400 Metres**
400 pb: 46.51 -11. 200 pb: 21.13 -09. ht WJC 2008; 1 under-23 ECH 4x400 2009 (2011-2); 4 WIC 4x400 2014. 1 Polish indoor 2012 (2014-2)
- KSZCZOT Adam (POL) 2/9/1989** **4x800/1500 Metres**
(Kszczot pronounced "Ksh-cho't")
Twice European Indoor Champion. 2014 World indoor silver
800 pb: 1:43.30 -11. 1500 pb: 3:46.53 -10. 400 pb: 46.51 -11. 3 EJC 2007; 4 WJC 2008; 4 EIC 2009; 1 under-23 ECH 2009/2011; 3 ECH 2010; 1 EIC 2011/2013; 1 ETCh 2011/2013 (2009-9); 6 WCH 2010/2012 (2009/2013-sf); sf OLY 2012; 2 WIC 2014 (2010-3). 1 Polish 2010/2012 (1 indoor 2009/2010/2011/2012/2014). Student of Science Management at the University of Łódź
In October 2014 he is due to marry his fiancé Renata Borkowska
- KUC Dariusz (POL) 24/4/1986** **4x100 Metres**
Sixth in European finals indoors (2009) & out (2006)
100 pb: 10.15 -11. 200 pb: 20.46w -09, 20.59 -12. sf World Youth 100 2003 (2 Medley relay); ht WJC 100 2004; 6 EJC 100 2005; sf WIC 60 2006/2014; 6 ECH 100 2006; 5 ECP 100 2007 (2006-7); qf WCH 100 2007/2009; qf OLY 100 2008; 6 EIC 60 2009; sf ECH 100 2010/2012; sf WCH 100 2011. 1 Polish 60 2006/2009/2012/2014
- LEWANDOWSKI Marcin (POL) 13/6/1987** **4x800/1500 Metres**
2010 European Champion, Fourth at the last two World Championships
800 pb: 1:43.79 -13. 1500 pb: 3:37.37i -14, 3:40.38 -10. 7 EJC 1500 2005; 4 WJC 800 2006; 8 WSG 800 2007; 2 ECP 800 2008; sf OLY 800 2008/2012; 3 ETCh 800 2010; 1 ECH 800 2010; 2 EIC 800 2011 (2009-6); 1 World Military Games 800 2011; 4 WCH 800 2011/2013 (2009-8); dnf WIC 800 sf 2012; 4 EIC 1500 2013; dq WIC 800 2104. At WXC: 2006-90 short. 1 Polish 2011 (1 1500 2008/2010). Coach/brother-Tomasz Lewandowski
- MARCINISZYN Marcin (POL) 7/9/1982** **4x400 Metres**
6x Polish Champion, 2006 World Indoor relay silver
400 pb: 45.27 -11. 8 EJC 2001 (1 4x400); ht EIC 2005; sf WIC 2006 (2 4x400); 3 EIC 4x400 2009; 4 ETCh 2011 (2009-6); sf WCH 2011 (2005/2007/2009-ht); 7 ECH 2012 (2006/2010-sf); ht OLY 2012. 1 Polish 2004/2005/2006/2009/2010/2011 (1 indoors 2011)
- MASZTAK Kamil (POL) 16/7/1984** **4x100 Metres**
100 pb: 10.21w -07, 10.38 -08. 200 pb: 20.85 -07. 2 WSG 4x100 2009. 1 Polish under-23 100/200 2006; 1 Israeli 100/200 2006
- OLSZEWSKI Remigiusz (POL) 20/9/1992** **4x100 Metres**
100 pb: 10.38 -13. sf WJC 200 2010; 4 under-23 ECH 100 2013 (2 4x100); sf WIC 60 2014
- OMELKO Rafał (POL) 16/1/1989** **4x400 Metres**
Fourth at 2013 World Student Games
400 pb: 45.69 -13. 400H pb: 51.09 -10. ht ECH 400H 2010; 4 WSG 2013; sf WIC 2014. 1 Polish indoor 2014
- ZALEWSKI Karol (POL) 7/8/1993** **4x200 Metres**
2013 European under-23 Champion at 200m (in which he defeated 400m star Pavel Maslak and the British favourites Talbot & Gemili)
100 pb: 10.24w, 10.25 -13. 200 pb: 20.41 -13. 4 WJC 200 2012 (4 4x100, 2 4x400); dq ETCh 200 2013; 1 under-23 ECH 200 2013 (2 4x100); sf WCH 200 2013. 1 Polish 100/200 2013
- CARRASQUILLO Héctor (PUR) 30-9-1987** **4x400 Metres**
Puerto Rican record holder
400 pb: 45.60 -10. 3 Ibero-American 2008/2010. Two-year doping suspension 2011-2013
- CULSON Javier (PUR) 25-7-1984** **4x400 Metres**
Twice World silver & Olympic bronze at 400m hurdles
400 pb: 45.99 -12. 400H pb: 47.72 -10. 800 pb: 1:49.97 -11. 110H pb: 13.91 -05. 3 WSG 400H 2007; 1 Central American & Caribbean Champs 400H 2009 (2011-4); 2 WCH 400H 2009/2011 (2007-sf, 2013-6); 2 Central American & Caribbean Games 400H 2010; 2 IAAF Continental Cup 400H 2010; 3 OLY 400H 2012 (2008-sf). 1.98 tall
- RODRIGUEZ Carlos (PUR) 7/2/1992** **4x400 Metres**
400 pb: 46.77 -13. 200 pb: 20.72 -13. 100 pb: 10.31w -12, 10.39 -13. sf World Youth 100/200 2009
- VÁZQUEZ Wesley (PUR) 27/3/1994** **4x400 Metres**
Puerto Rican record holder at 800m
800 pb: 1:44.64 -14. 7 World Youth 800 2011; 4 WJC 800 2012; ht OLY 800 2012; 4 WSG 800 2013; ht WCH 800 2013
- AL-GARNI Mohamed (QAT) 1/7/1992** **4x1500 Metres**
2010 World Junior bronze ... Qatari record holder indoors
1500 pb: 3:34.61 -11. 800 pb: 1:46.76 -10. 5 World Youth 2009; ht WCH 2009/2013; 2 Asian Indoor Champs 2010/2012 (2 3000 2012); 3 WJC 2010 (7 800); 3 Arab Games 2011; sf OLY 2012; 2 Asian Champs 2013
- DRIOUCH Hamza (QAT) 16/11/1994** **4x1500 Metres**
2012 World Junior Champion at 1500m
1500 pb: 3:33.69 -12. 800 pb: 1:46.39 -11. 4 Asian Indoor Champs 800 2010; 2 Asian junior 800 2010; sf WJC 800 2010; 2 Youth Olympic Games 1000 2010; 4 World Youth 800 2011; ht WCH 1500 2011; 2 Arab Games 1500 2011; ht OLY 1500 2012; 5 Asian Champs 1500 2013; 2 Asian Indoor Champs 1500 2013. Moroccan origin
- KAMAL Ali Abubaker (QAT) 8/11/1983** **4x1500 Metres**
Asian 1500m Champion in 2005 & indoors in 2010, also world class at steeplechase
1500 pb: 3:36.15 -10. 3000SC pb: 8:15.80 -08. 800 pb: 1:46.38 -06. 1 Asian Champs 1500 2005; 2 Asian Indoor Games 1500/3000 2005; 4 Asian Games 1500 2006; 3 Asian Champs 800/1500 2007 & 3000SC 2009; 11 WCH 3000SC 2007 (2009-12); ht WIC 1500 2008; 8 OLY 3000SC 2008; 3 Asian Indoor Games 1500 2009; 1 Asian Indoor Champs 1500 2010; 2 Asian Indoor Champs 3000 2014
- SALAH Mohamed Hasim (QAT) 15-4-1994** **4x1500 Metres**
1500 pb: 3:44.61 -13. 3000SC pb: 8:51.35 -12. 10 WJC 3000SC 2012
- SHAGAG MAAZ Abdelrahman (QAT) 1-1-0992** **4x1500 Metres**
(aka Maaz Abdelrahman Bellah, Maaz Abdelrahman Bala, Maaz Abdulrahman Balla, Maaz Balla etc)
1500 pb: 3:47.56 -13. 3000SC pb: 8:40.47 -13. ht World Youth 2000SC 2007; 9 Asian Champs 3000SC 2013; 3 Francophone Games 2013
- IVASHKO Pavel (RUS) 16-11-1994** **4x400 Metres**
2013 European Junior Champion
400 pb: 45.81 -13. 1 EJC 2013 (1 4x400)
- KASHEFRAZOV Radzhel (RUS) 16-4-1993** **4x400 Metres**
400 pb: 46.44 -13. 6 EJC 2011 (2 4x400); 3 WJC 4x400 2012; 1 WSG 4x400 2013
- PETUKHOV Sergey (RUS) 22/12/1983** **4x400 Metres**
Deputised for Russian #1 Vladimir Krasnov in heats of 2010 European 4x400m, so awarded gold medal won by team (anchored by Krasnov) in final
400 pb: 45.97 -13. Gold ECH 4x400 2010; 4 EIC 4x400 2011; 3 WIC 4x400 2012
- TRAMBOVETSKIY Yuriy (RUS) 27/6/1987** **4x400 Metres**
400 pb: 46.24 -11. 2 EIC 4x400 2013
- TRENIKHIN Pavel (RUS) 24-3-1986** **4x400 Metres**
Ran key third leg for winning Russian team at 2010 European Championships
400 pb: 45.00 -12. 1 ECH 4x400 2010; 4 EIC 4x400 2011; sf OLY 2012 (5 4x400); 3 EIC 2013 (2 4x400). 1 Russian 2011 & indoor 2012. From-Yekaterinburg. 1.94 tall
- ADAMS Antoine (SKN) 31/8/1988** **4x100/200 Metres**
2013 Central American & Caribbean Champion at 200m ... third leg for Kittian and Nevisian team which were surprise bronze medallists at the 2011 World Championships
100 pb: 10.01 -13. 200 pb: 20.13 -13. qf COM 200 2010; 3 WCH 4x100 2011; 2 Pan-Am Games 4x100 2011 (sf 200); sf OLY 100/200 2012; 1 Central American & Caribbean Champs 200 2013

- CLARKE Allistar (SKN) 3-3-1990** **4x100/200 Metres**
100 pb: 10.48w -08, 10.57 -07. 200 pb: 21.67 -07. sf World Youth 100/200 2007; 5 Commonwealth Youth Games 100 2008 (8 200)
- LAWRENCE BJ (SKN) 27/12/1989** **4x100/200 Metres**
 Full name-Brijesh Sharmari Lawrence
 Anchored St Kitts & Nevis relay team to surprise bronze medals at 2011 World Championships
100 pb: 10.12 -12. 200 pb: 20.59 -11. qf COM 100 2010; 4 Central American & Caribbean Champs 200 2011; ht WCH 200 2011 (3 4x100); sf WIC 60 2012/2014. Moved to USA in 1998. Former (American) footballer ... attends Doane College (Nebraska)
- LESTROD Roland (SKN) 5-9-1992** **4x100/200 Metres**
 (aka Leastrod)
100 pb: 10.28 -14. 200 pb: 20.60 -13. 400 pb: 46.67 -13. sf World Youth 400 2009; 6 North/Central American & Caribbean under-23 200 2012 (8 100); ht WCH 2013
- ROGERS Jason (SKN) 31/8/1991** **4x100/200 Metres**
 2012 NACAC under-23 Champion at 100m (North/Central American & Caribbean)
100 pb: 10.01 -13. 200 pb: 21.01 -14. 3 Commonwealth Youth Games 100 2008 (4 200); 6 WJC 100 2010; ht COM 100 2010; 3 WCH 4x100 2011 (first leg); 1 North/Central American & Caribbean under-23 100 2012; ht OLY 100 2012; 5 Central American & Caribbean Champs 100 2013; sf WCH 100 2013; sf WIC 60 2014
- PÁLENÍK Dušan (SVK) 5-9-1990** **4x800 Metres**
800 pb: 1:49.07 -12. ht World Youth 2007. 1 Slovak 400/800 2011
- PELIKÁN Jozef (SVK) 29/7/1984** **4x800 Metres**
800 pb: 1:47.36 -09. 1500 pb: 3:42.43 -12. 3 European Youth 800 2001. ht EIC 800 2005; ht ECH 800 2010; ht EIC 1500 2013. 1 Slovak 1500 2001 & 800 2008/2009/2012/2013. 1 Slovak indoor 800 2001/2005/2008/2011/2013
- REPČÍK Jozef (SVK) 3/8/1986** **4x800 Metres**
 Slovak record holder at 800m
800 pb: 1:44.94 -08. 400 pb: 47.23 -08. 1 European Youth 2003; sf WJC 2004; 7 EJC 2005; sf ECH 2006; 5 under-23 ECH 2007; ht WCH 2007/2009/2013; 5 WSG 2007; sf WIC 2008; ht OLY 2008; 7 ECH 2012 (2010-ht); sf EIC 2013 (2007-ht). 1 Slovak 2013
- SZABO Jaroslav (SVK) 27-2-1987** **4x800 Metres**
800 pb: 1:51.35 -08. 1500 pb: 3:46.82 -12. 1 Slovak 1500 2007/2008/2010 (1 800 2010)
- TIMORANSKY Tomas (SVK) 8-1-1993** **4x800 Metres**
800 pb: 1:50.21 -13. 3 Slovak 2013
- BLEDMAN Keston (TTO) 8-3-1988** **4x100 Metres**
 Ran opening leg for Trinidad team which won Olympic sprint relay silver in 2008 & bronze in 2012
100 pb: 9.86 -12. 3 World Youth 100 2005; 7 WJC 100 2006; 1 Pan-American junior 100 2007; 2 OLY 4x100 2008 (2012-3); 1 Central American & Caribbean Champs 100 2011; sf OLY 100 2012; sf WCH 100 2013 (2007-ht). 1 Trinidadian 100 2012/2013. Ran 4x100 heat at 2009 World Championships, so awarded silver medal won by Trinidad in final
- BROWN Darrel (TTO) 11-10-1984** **4x100 Metres**
 2003 World 100m silver medallist at age 18, but that remains his best result
100 pb: 9.88w -07, 9.99 -05. 200 pb: 20.41 -01. 4 WJC 100 2000; 1 World Youth 100 2001; 2 WCH 4x100 2001/2005/2009; 1 WJC 100 2002 (3 4x100); 2 WCH 100 2003 (2005-sf); 1 Central American 100 2005 (2003-2); qf COM 100 2006 (injured); qf OLY 100 2008, 1 Trinidad 100 2001 (at age 16). Older brother Darron Brown ran 10.49 for 100m in 2004
- BURNS Marc (TTO) 7/1/1983** **4x100 Metres**
 7th-8th-7th at three World 100m finals & 7th also in Beijing 2008 ... three World relay silvers
100 pb: 9.96 -05. 200 pb: 20.57 -05. sf OLY 4x100 2000; 2 WCH 4x100 2001/2005/2009; 2 WJC 100 2002 (2000-3); dq ht OLY 100 2004 (false starts); 7 WCH 100 2005 (2003-ht, 2007-8); 3 COM 100 2006; 3
- WCP 100 2006; 7 OLY 100 2008 (2 4x100); 7 WCH 100 2009; 5 WIC 60 2012; 3 OLY 4x1000 2012. Father-Alec Burns once played cricket for Trinidad
- CEDENIO Machel (TTO) 9-6-1995** **4x400 Metres**
 Trinidadian junior record holder (and by far the fastest junior in the world in 2014)
400 pb: 45.23 -14. 4 World Youth 2011; 5 WJC 2012; 1 Central American & Caribbean youth 2012; 1 Central American & Caribbean Champs 4x400 2013
- GORDON Lalonde (TTO) 25/11/1988** **4x400 Metres**
 (Lalonde is pranced with two syllables)
 Two bronzes from London 2012
400 pb: 44.52 -12. 200 pb: 20.26 -13. sf COM 2010; 3 WIC 4x400 2012; 3 OLY 400/4x400 2012; 2 Central American Champs 200 2013; sf WCH 200 2013; . 1 Trinidadian 400 2012 & 200 2013. Born-Tobago, moved to New York aged eight, he did not run seriously until age 19, having previously tried to make it in volleyball and basketball ... he is not related to 400m hurdler Jehue Gordon
- HEWITT Zwede (TTO) 10/6/1989** **4x400 Metres**
400 pb: 45.51 -11. 2 Pan-American junior 2007; sf WJC 2008; 4 North/Central American & Caribbean under-23 2010; 3 Central American & Caribbean Games 2010. Studied Business at Baylor University
- QUOW Rennie (TTO) 25/8/1987** **4x400 Metres**
 He had the slowest first 100m but the quickest last 100m at the 2009 World Championships to come through for bronze
400 pb: 44.53 -09. 200 pb: 20.61 -09. 1 WJC 2006 (2004-dq sf); sf Pan-Am Games 2007; ht WCH 2007; 1 Central American & Caribbean Champs 2008/2010; 7 OLY 2008; 3 WCH 2009 (Last at halfway, seventh to third in homestrait); dnf ht WIC 2010; sf WCH 2011. He is a Tobagonian. Keen table-tennis player. 1.69 tall (5-6)
- RICHARDS Jereem (TTO) 13-1-1994** **4x400 Metres**
 2012 World indoor relay bronze
400 pb: 46.15 -14. 200 pb: 20.59 -14. sf World Youth 200 2011; 3 WIC 4x400 2012
- SOLOMON Jarrin (TTO) 11/1/1986** **4x400 Metres**
 2012 Olympic relay bronze
400 pb: 45.19 -13. 200 pb: 20.90 -13. 2 WIC 4x400 2012; 3 OLY 4x400 2012; sf WCH 2013; ht WIC 2014. 1 Central American & Caribbean Champs 2013. Son of Mike Solomon (pb 45.55), who ran in two Olympics and was sixth at 400m in Moscow 1980
- SORRILLO Rondell (TTO) 21-1-1986** **4x100 Metres**
 World 200m finalist in 2011
100 pb: 9.99w -13, 10.03 -12. 200 pb: 20.16 -11. 2 Central American & Caribbean Champs 200 2008/2009; qf OLY 200 2008; 7 WCH 200 2011; sf OLY 100/2012 (ht 200). 1 NCAA 200 2010 (2 100). 1 Trinidad 200 2009
- THOMPSON Richard (TTO) 7/6/1985** **4x100 Metres**
 In London 2012 he set a world seventh-place best of 9.98 ... two Olympic silvers from Beijing 2008. In 2011 with 9.85 he replaced Ato Boldon as Trinidadian record holder at 100m
100 pb: 9.91w, 9.85 -11. 200 pb: 20.18 -08. 1 North & Central American & Caribbean 100 2007; qf WCH 100 2007; 2 OLY 100/4x100 2008; 5 WCH 100 2009 (2 4x100); 7 OLY 100 2012 (3 4x100); sf WCH 100 2013. 1 Trinidad 100 2009/2011. 1 NCAA indoor 60 & outdoor 100 2008
- MUTEKANGA Julius (UGA) 1/12/1987** **4x800 Metres**
800 pb: 1:46.30 -11. 400 pb: 46.86 -08. sf WSG 400/800 2007; ht WCH 2011; sf WIC 2012; ht OLY 2012. Was a student of social work at Long Island University in New York
- BODROV Igor (UKR) 9/7/1987** **4x100 Metres**
 2009 European under-23 bronze at 200m
100 pb: 10.28 -13. 200 pb: 20.61 -09/10. sf EJC 100/200 2005; 4 WJC 200 2006; 8 ECP 200 2007; 7 under-23 ECH 200 2007; sf WIC 60 2008; ht OLY 200 2008; sf EIC 60 2009; 3 under-23 ECH 200 2009; ht WCH 200 2009. 1 Ukrainian 100 2011 (1 200 2009/2011); 1 WSG 4x100 2013. 1 Ukrainian indoor 60 2007/2008/2009/2012 (1 200 2012)

- IBRAHIMOV Emil (UKR) 1/2/1990** **4x100 Metres**
100 pb: 10.54 -12. 2 Ukrainian 200 2013 & indoor 60 2014
- KORZH Vitaliy (UKR) 5/10/1987** **4x100 Metres**
 Anchored Ukraine to sprint relay gold at 2013 World Student Games
100 pb: 10.26w -12, 10.34 -13. 200 pb: 20.84 -12. 1 Ukrainian indoor 200 2010
- SMELYK Sergiy (UKR) 19-4-1987** **4x100 Metres**
 Fourth at 2013 World Student Games 200m, then relay gold
100 pb: 10.21 -13. 200 pb 20.42 -13. 10 ETCh 100 2011; 5 ECH 100 2012; ht OLY 200 2012; 3 ETCh 200 2013; 4 WSG 200 2013 (1 4x100); sf WCH 200 2013. 1 Ukrainian 100 2010/2012 (1 200 2012/2013)
- SUPRUN Volodymyr (UKR) 24-1-1994** **4x100 Metres**
100 pb: 10.59 -13. ht WJC 100/200 2012. 1 Ukrainian junior 100 2013
- ANDREWS Robby (USA) 29/3/1991** **4x800/1500 Metres**
800 pb: 1:44.71 -11. 1500 pb: 3:34.78 -12. 3 WJC 2010. 1 NCAA 2011 & indoor 2010. 2 US indoor 2014. Attended the University of Virginia
- BRACY Marvin (USA) 15/12/1993** **4x100 Metres**
 2014 World indoor silver at 60m
100 pb: 10.05w -11, 10.08 -14. 1 Pan-American junior 100 2011; 2 WIC 60 2014. 1 US junior 100 2011; 1 US indoor 60 2014. Ran in heat of 2010 World Junior sprint relay, so awarded gold medal won by US in final. He successfully played American Football (as a wide receiver) for Florida State University, but has now committed to athletics
- CASEY Patrick (USA) 23/5/1990** **4x1500 Metres**
1500 pb: 3:35.95 -14. 800 pb: 1:47.67i -11, 1:48.98 -14. 3 NCAA 2013; 8 US indoor 2014
- DIX Walter (USA) 31-1-1986** **4x200 Metres**
 Double Olympic sprint bronze in 2008 ... double World Championship sprint silver in 2011 ... double US Champion in 2011
200 pb: 19.53 -11. 100 pb: 9.80w -08, 9.88 -10. 3 OLY 100/200 2008; 2 WCH 100/200 2011. 1 US 200 2008/2011 (1 100 2011). 1 NCAA 100 2005/2007 & 200 2006/2007/2008 (1 indoor 200 2006/2007). 1 US 100 2010/2011 (1 200 2011). Placed third in 2007 US Championships 100 but turned down selection for the World Championships to concentrate on his education (he was student of Social Science at Florida State University). 1.78 tall
- HEATH Garrett (USA) 3/11/1985** **4x1500 Metres**
 Seventh at 2010 World Indoor 1500m ... 2013 US Road Mile Champion
1500 pb: 3:34.12 -13. Mile pb: 3:53.15 -13. 3000 pb: 7:47.04 -13. 5000 pb: 13:20.01 -13. 7 WIC 2010. 2 NCAA 2009 (2007-7, 2008-6). He was twice Minnesota State Champion in Nordic skiing ... was at Stanford University (where he now works as an assistant coach) In September 2013 he won the Great North CityGames Mile and then went on to place third in the Fifth Avenue Mile
- JOHNSON Brandon (USA) 6-3-1985** **4x800 Metres**
 Former 400m hurdler, he won 2004 World junior silver behind Kerron Clement, he took up the 800m seriously in 2012 "for fun"
800 pb: 1:43.84 -13. 400H pb: 48.59 -05. 400 pb: 46.34 -05. 2 WJC 400H 2004 (1 4x400); sf WCH 2013. 2 NCAA 400H 2007; 6 US Olympic Trials 400H 2008; 3 US 2013. English Literature graduate from UCLA. Coach-Abderrahmane Morceli (brother and former coach of Nourreddine Morceli)
- KIMMONS Trell (USA) 13/7/1985** **4x100 Metres**
 Fourth at the last two World Indoor 60m finals ... his actual first name is David, "Trell" comes from his middle name "Pretrell"
100 pb: 9.92w, 9.95 -10. 200 pb: 20.32w -05, 20.37 -09. 400 pb: 47.53 -10. 1 WJC 4x100 2004; 4 WIC 60 2010/2012 (2014-sf); sf WCH 100 2011; 2 OLY 4x100 2012. 1 US indoor 60 2012. Lives-Mississippi, coach-Reggie Dillon
 His London Olympic relay silver is at risk now that his team-mate Tyson Gay has admitted to doping at the times of the Games
- LAWRENCE Torrin (USA) 11/4/1989** **4x400 Metres**
400 pb: 45.03i -10. 45.61 -11. 200 pb: 20.55 -11. 2 NCAA indoor 2011; 8 US 2013
- LEER Will (USA) 15/4/1985** **4x1500 Metres**
 Double US Champion indoors in 2013
- 1500 pb: 3:35.27 -13. 3000 pb: 7:39.38 -13.** 6 WIC 2014 (2010-ht). 4 US Olympic Trials 2008. 1 US indoor 1500/3000 2013. 1 NCAA div 3 1500/5000 2007 (representing Pomona College, Claremont, California)
- MANZANO Leonel (USA) 12-9-1984** **4x1500 Metres**
 2012 Olympic silver
1500 pb: 3:32.37 -10. Mile pb: 3:50.64 -10. 800 pb: 1:44.56 -10. 12 WCH 1500 2009 (2007-ht, 2011/2013-sf); 3 IAAF Continental Cup 1500 2010; 2 OLY 1500 2012 (2008-sf). 1 US 1500 2012. 1 NCAA 1500 2005/2008. 1 NCAA indoor mile 2007/2008. Born-Mexico (Doleres Hidalgo), when he was four his family moved to Texas
- McQUAY Tony (USA) 16-4-1990** **4x400 Metres**
 (McQuay pronounced "McKway") ... 2013 World Championship silver
400 pb: 44.40 -13. 200 pb: 20.60 -12. 100 pb: 10.22 -13. sf OLY 2012 (2 4x400 after a 43.41 split); 2 WCH 2013 (2011-ht); 1 WCH 4x400 2013. 1 US 2011 (2013-2). 1 NCAA indoors & out 2012. Student of Social and Behavioural Sciences at the University of Florida ... hobby-fishing, his biggest catch was a 70lb kingfish at West Palm Beach in 2012
- MERRITT Lashawn (USA) 27/6/1986** **4x400 Metres**
 Reigning World Champion, former Olympic Champion
400 pb: 43.74 -13. 200 pb: 19.80w -08, 19.98 -07. 1 WJC 400 & relays 2004; 1 WIC 4x400 2006 (dq individual ht); 1 WCP 400 2006; 2 WCH 400 2007 (1 4x400); 1 OLY 400/4x400 2008; 1 WCH 400 2009 (1 4x400); 2 WCH 400 2011 (1 4x400); 1 WCH 400 2013 (1 4x400). 1 US 400 2008/2009/2013. Coach-Loren Seagrave
 Served a 21-month doping suspension to July 27, 2011. Later he successfully challenged the IOC's ruling which had barred any athlete who has received a doping suspension of more than six months from competing in the next Games
 Cracking start to 2014 for him, 44.44 twice then 44.14 to win in Ponce (Puerto Rico)
- MITCHELL Curtis (USA) 11-3-1989** **4x200 Metres**
 2013 World bronze at 200m
200 pb: 19.97 -13. 100 pb: 10.25 -10. 4 WJC 200 2008; 3 WCH 200 2013. 1 NCAA indoor 200 2010; 2 NCAA 200 2010 (6 100); 3 US 200 2013. Lives-Claremont, Florida
- MITCHELL Maurice (USA) 22/12/1989** **4x200 Metres**
 Twice US Collegiate Champion at 200m, representing Florida State University
200 pb: 20.13 -12. 100 pb: 10.00 -11. sf OLY 200 2-12. Ran in the heats of the 2011 World 4x100m, which his team won in a fast 37.79, but no extra medal for him because in the final, the US team without him failed to finish. 1 NCAA 200 2011/2012
- NEWMAN Calesio (USA) 20/8/1986** **4x100 Metres**
 Unlucky fourth in 2012 US Olympic Trial 200m, just 0.01 behind third place
100 pb: 10.05w -13, 10.07 -12. 200 pb: 20.17w, 20.28 -12. 6 Pan-American Games 100 2011 (1 4x100). 4 US indoor 60 2012 (2011-7). "I approach every track meet like it is my last," he says
- PARROS Clayton (USA) 11/12/1990** **4x400 Metres**
400 pb: 45.42 -14. 200 pb: 20.66 -14. Gold WIC 4x400 2104 (ran heat)
- RODGERS Mike (USA) 24/4/1985** **4x100 Metres**
 2010 World indoor silver at 60m ... US Champion at 100m in 2009 and indoor 60m in 2008/2010
100 pb: 9.85 -11. 200 pb: 20.24 -09. sf WCH 100 2009; 2 WIC 60 2010 (2008-4); 6 WCH 100 2013 (2 4x100). 1 US 100 2009; 1 US indoor 60 2008/2010/2011. His younger sister Alishea Usery was 2009 US Junior Champion at 400m ... served nine-month doping suspension between July 2011 & March 2012 ... Keeps tropical fish, has a 55 gallon tank at his home in St. Louis
- RUTT Michael (USA) 28/10/1987** **4x800 Metres**
 2012 World indoor finalist ... member of the New Jersey-New York Track Club
800 pb: 1:45.08 -13. 6 WIC 2012. 1 US Clubs 2008/2009; 2 NCAA indoor 2011; 2 US indoor 2012. Was a student of exercise science at the University of Connecticut
- SALAAM Rakeiem (USA) 5-4-1990** **4x100 Metres**
 aka Mookie Salaam, his full name is Rakeiem Mustafa Allah Salaam

100 pb: 9.86w -13, 9.97 -11. 200 pb: 20.05 -11. 2 NCAA 100 2011; 5 US 100 2013. Attends University of Oklahoma

SILMON Charles (USA) 4/7/1991 **4x100 Metres**
2013 US Collegiate Champion at 100m, representing Texas Christian University
100 pb: 9.85w -13, 9.98 -13. 200 pb: 20.23 -13. 2 WJC 100 2010 (1 4x100); qf WCH 100 2013. 1. NCAA 100 2013

SOLOMON Duane (USA) 28/12/1984 **4x800 Metres**
Fourth at 2012 Olympics 800m final in 1:42.82 (no-one has ever ran that fast and not won a medal)
800 pb: 1:42.82 -12. 400 pb: 45.98 -12. 1 North/Central American & Caribbean under-23 2006; sf WIC 2010; 4 OLY 2012; 6 WCH 2013 (2007-ht). 1 US 2013 (1 indoors 2011/2012). On July 1, 2013 in Burnaby he clocked 1:13.28 for 600m, the second fastest ever time for the distance after the 1:12.81 by his coach Johnny Gray in 1986. Graduate of Sociology from the University of Southern California. 1.91 tall

SPEARMON Wallace (USA) 24/12/1984 **4x200 Metres**
2005 World silver at 200m and bronze in 2007 & 2009 ... holds world indoor best at 300m (31.88 -06)
200 pb: 19.65 -06. 100 pb: 9.96 -07. 400 pb: 45.22 -06. 2 WCH 200 2005 (2007/2009-3, 2013-sf); 1 WCP 200 2006; 1 WCH 4x100 2007; dq OLY 200 final 2008 for running out of his lane (originally third in 19.95 – “I learned my lesson, but I could have picked a better place to do that”); 4 OLY 200 2012. 1 US 200 2006/2012; 1 NCAA 200 2004/2005 (1 indoor 200 2005). His father Wallace Spearmon senior was 20.27 200m runner who reached the semi-finals of the US Olympic Trials in 1984 & 1988 ... coaches-Alleyne Francique & Pat Henry. Studied Kinesiology (Human Movement) at the University of Arkansas

TAYLOR Christian (USA) 18-6-1990 **4x400 Metres**
Reigning Olympic Triple Jump Champion, but out of the medals at Moscow 2013
400 pb: 45.17 -14. TJ pb: 17.96 -12. LJ pb: 8.19 -10. 400 pb: 45.34 -09. 1 World Youth 2007; 8 WJC 2008 (gold 4x400); 1 WCH 2011 (2013-4); 2 WIC 2012; 1 OLY 2012. 1 US 2011/2012; 1 NCAA 2010/2011 (1 indoors 2009/2010). Both his parents are Barbadian, he has dual citizenship with Barbados. Coach-Rana Rieder

TORRENCE David (USA) 26/11/1985 **4x800/1500 Metres**
Former US Indoor Champion at 3000m
800 pb: 1:45.14 -10. 1500 pb: 3:33.23 -13. 5000 pb: 13:16.53 -12. 3000 pb: 7:43.48 -13. 800 pb: 1:45.14 -10. 8 WJC 1500 2004. 1 US indoor 3000 2009; 6 US Olympic Trial 1500 2012

VERBURG David (USA) 14/5/1991 **4x400 Metres**
World relay champion indoors & out and as a junior
400 pb: 44.75 -13. 1 WJC 4x400 2010; 1 North/Central American & Caribbean under-23 2012; 1 WCH 4x400 2013; 4 WIC 2014 (1 4x400). He took up athletics after being told he was he was told he was too small for college football (he's 1.67m tall or 5-6) ... studied sports marketing at George Mason University (Fairfax, Virginia)
Never races in socks but says he must always wear some sort of bracelet when competing

WEBB Ameer (USA) 19/3/1991 **4x200 Metres**
Reigning US Collegiate Champion at 200m, representing Texas A&M University where he is a student of Criminal Justice
200 pb: 20.05w. 20.20 -13. 100 pb: 10.05w -12, 10.14 -13. 1 NCAA 200 2013 (1 indoors 2012/2013); 5 US 200 2013

WIECZOREK Mark (USA) 25/12/1984 **4x800 Metres**
800 pb: 1:45.36 -13. 5 Pan-American Games 2011. 2 US indoor 2009

YOUNG Isiah (USA) 5/1/1990 **4x200 Metres**
Second to Tyson Gay in 2013 US Championships 200m (so he is likely to be promoted to the title when/if Gay's disqualification is finally confirmed)
200 pb: 19.86 -13. 100 pb: 9.93w, 9.99 -13. sf OLY 200 2012; 3 US 200 2012. Attends University of Mississippi

MELÉNDEZ José (VEN) 19/5/1993 **4x400 Metres**
2013 South American Champion
400 pb: 45.82 -12. sf WJC 2012; 1 South American 2013; sf WCH 2013

WOMEN

BRENNAN Monica (AUS) 22-1-1994 **4x100 Metres**
100 pb: 11.59 -12. 200 pb: 23.41 -13. 8 Youth Olympic Games 200 2010; 7 World Youth 200 2011; sf WJC 200 2012. 1 Australian 200 2013

BUCKMAN Zoe (AUS) 21-12-1988 **4x800/1500 Metres**
Three times Australian Champion at 1500m
800 pb: 2:00.93 -13. 1500 pb: 4:04.82 -13. 11 WJC 1500 2006 (sf 800); sf OLY 1500 2012; 7 WCH 1500 2013. 1 Australian 1500 2011/2013/2014

DELANEY Bridey (AUS) 16-7-1989 **4x800/1500 Metres**
800 pb: 2:05.18 -14. 1500 pb: 4:10.32 -11. 5 WJC 1500 2008; 9 World Student Games 1500 2009. 2 Australian 1500 2012; 1 New South Wales 800 2104

DUNCAN Melissa (AUS) 30-1-1990 **4x800/1500 Metres**
800 pb: 2:04.2 -14. 1500 pb: 4:08.92 -14. 4 World Youth 1500 2007

GAYNE Margaret (AUS) 10-7-1994 **4x100 Metres**
100 pb: 11.68 -12. 200 pb: 24.44 -14. LJ pb: 6.62 -14. 3 Commonwealth Youth Games LJ 2011; dnq WJC LJ 2012

GRAF Eily (AUS) 25-6-1991 **4x100 Metres**
100 pb: 11.73 -13. 200 pb: 24.49w, 24.51 -07. 2 Commonwealth Youth Games 100 2008

GREGSON Heidi (AUS) 8-9-1989 **4x1500 Metres**
1500 pb: 4:11.66 -14. 800 pb: 2:05.04 -13. 7 World Youth 1500 2005. 2 Australian 1500 2014

GULLI Jess (AUS) 19-3-1988 **4x400 Metres**
400 pb: 53.39 -14. 400H pb: 57.30 -14. 7 World Youth 100H 2005. 1 Australian under-23 400 2009; 2 Australian 400H 2013 (2014-3)

HETHERINGTON Kelly (AUS) 10-3-1989 **4x400/800/1500 Metres**
2013 Australian Champion at 800m
400 pb: 54.49 -11. 800 pb: 2:01.22 -13. 1500 pb: 4:10.55 -13. ht WCH 800 2013. 1 Australian 800 2013 (2011-2)

KAJAN Selma (AUS) 30-7-1991 **4x800 Metres**
Her mother Biba Kajan holds the Bosnian record at 800m (2:03.02 -85)
800 pb: 2:02.13 -14. 1500 pb: 4:24.64 -09. ht World Youth 800 2007. 1 Australian junior 800/1500 2009

McGOWAN Brittany (AUS) 24-4-1991 **4x400/800/1500 Metres**
800 pb: 2:01.26 -14. 1500 pb: 4:15.07 -14. 1 Australian 800 2014

MITCHELL Morgan (AUS) 3-10-1994 **4x100/400 Metres**
400 pb: 52.22 -14. 200 pb: 24.33 -14. sf WJC 2014 (8 4x400). 1 Australian 2014

NELSON Ella (AUS) 10-5-1994 **4x100 Metres**
100 pb: 11.76 -14. 200 pb: 23.26 -14. sf WJC 200 2010. 1 Australian 200 2014

PEKIN Lyndsay (AUS) 13-6-1986 **4x400 Metres**
400 pb: 53.55 -12. 400H pb: 57.11 -14. 2 Australian 400H 2007/2008/2011/2012/2014. Daughter of Colleen Beasley/Pekin (3 COM 200 1978 & 100 1982)

RUBIE Anneliese (AUS) 22-4-1992 **4x100/400 Metres**
100 pb: 12.10 -11. 200 pb: 52.35 -14. sf WJC 2010. 2 Australian 400 2014 (3 200)

AMERTIL Christine (BAH) 18-8-1979 **4x400 Metres**
2003 World Indoor silver & 2006 bronze at 400m, then world sprint relay silver in 2009
400 pb: 50.09 -05. 200 pb: 22.58 -05. 100 pb: 11.49 -05. 2 WIC 400 2003 (2006-3); sf WCH 400 2003/2005/2007 (2009-dq for running out of lane); 7 OLY 400 2004 (2008-sf); 2 Pan-Am Games 400 2007; 2 WCH 4x100 2009; 1 Central American & Caribbean Games 400 2010; 3 COM 400 2010 (2002-8, 2006-4). Started as a middle distance runner

- ARMBRISTER Cache (BAH) 26-9-1989** **4x100 Metres**
100 pb: 11.35 -13. 200 pb: 23.13 -08. 3 Central American & Caribbean Champs 4x100 2011; ht WCH 100 2013. Student of Marketing at Auburn University
- BROWN Rashan (BAH) 27-11-1993** **4x200/400 Metres**
200 pb: 23.60 -12. 400 pb: 52.41 -12. sf World Youth 2009; 4 Youth Olympic Games 2010; sf WJC 2010/2012. 1 Bahamian 2012
- BYFIELD Miriam (BAH)** **4x400 Metres**
400 pb: 53.83 -13. 3 Central American & Caribbean Champs 4x400 2013
- CARTER Tayla (BAH) 29-1-1994** **4x100/200 Metres**
100 pb: 11.42w -14, 11.57 -13. sf WJC 100 2012; 3 Central American & Caribbean Champs 4x100 2013
- CLARKE Laniece (BAH) 4-11-1987** **4x400 Metres**
400 pb: 52.80 -12. 200 pb: 23.48 -13. 3 Central American & Caribbean Champs 4x400 2013. 1 Bahamian 2013
- FERGUSON Sheniqua (BAH) 24-11-1989** **4x100/200 Metres**
 2008 World Junior Champion at 200m ... led off Bahamas silver-winning sprint relay team at the 2009 World Championships
100 pb: 11.07 -12. 200 pb: 22.64 -12. sf World Youth 100 2005 (ht 200); 2 Central American & Caribbean junior 100 2006; 1 WJC 200 2008 (2006-8); qf OLY 200 2008; 2 WCH 4x100 2009 (sf 200, qf 100); sf WCH 200 2011; sf OLY 100 2012; sf WCH 100 2013; sf WIC 60 2014. 1 Bahamian 100 2013. No relation to Debbie Ferguson
- HENFIELD Shakeitha (BAH) 13-7-1983** **4x400 Metres**
400 pb: 53.71 -13. 1 Bahamian 2007 (2006/2008/2009-2)
- MILLER Shaunae (BAH) 15-4-1994** **4x200 Metres**
 Former World Youth & World Junior Champion at 400m ... fourth at 200m in Moscow 2013
200 pb: 22.45 -13. 400 pb: 50.70 -13. 100 pb: 11.41 -12. 1 WJC 2010 (2012-4); 1 World Youth 2011; dnf ht OLY 2012 (hamstring); 4 WCH 200 2013; 3 WIC 400 2014. 1 NCAA indoor 400 2013. Her great uncle Leslie Miller ran in the Mexico Olympics and though eliminated in his 400m heat, became the first Bahamian to break 47 seconds with a time of 46.99 ... 1.85 tall (6-1)
- ROBINSON V'Alonee (BAH) 6-5-1992** **4x100 Metres**
100 pb: 11.34w , 11.53 -14. qf World Youth 100 2009; sf WJC 100 2010; 3 Central American & Caribbean Champs 2011;
- SEYMOUR Katrina (BAH) 7-1-1993** **4x400 Metres**
400 pb: 54.54 -11. 400H pb: 57.24 -11. 4 WJC 4x400 2010; sf World Youth 2009; 3 Central American & Caribbean Champs 400H 2011
- SMITH Nivea (BAH) 18-2-1990** **4x100/200 Metres**
100 pb: 11.27w, 11.51 -11. 200 pb: 22.71 -10. 3 World Youth 200 2007 (2005-sf); sf WJC 200 2008; sf WCH 200 2011 (2013-ht)
- STRACHAN Anthonique (BAH) 22-8-1993** **4x100/200 Metres**
 (Strachan pronounced "Strawn", rhyming with yawn)
 Double world Junior sprint Champion in 2012
100 pb: 11.20 -12. 200 pb: 22.32 -13. 1 Pan-American junior 200 2011 (3 100); 1 WJC 100/200 2012; sf OLY 200 2012; sf WCH 200 2013
- COUTINHO Geisa (BRA) 1-6-1980** **4x400 Metres**
 Full name-Geisa Aparecida Coutinho
 6x Brazilian Champion. 2011 World Military Champion
400 pb: 51.08 -11. 100 pb: 11.55 -11. 200 pb: 23.07 -11. 1 South American 2003; ht WIC 2003/2012; 4; ht OLY 2004/2012; 1 World Military Games 2011; sf WCH 2011 (2003-ht); 3 Pan-American Games 2011; ht WIC 2012; 2 Ibero-American 2012; 1 South American Games 2014. 1 Brazilian 2002/2003/2004/ 2010/2011/2012
- de LIMA Jailma (BRA) 31-12-1986** **4x400 Metres**
 Full name-Jailma Sales de Lima
400 pb: 51.66 -11. 400H pb: 56.00 -11. Heptathlon pb: 5601 -06. 4 World Youth Heptathlon 2003; 3 South American 400 2009; 3 Ibero-American 400H 2010; ht WCH 400H 2011; 5 Pan-Am Games 400H 2011; ht OLY 400H 2012. 1 Brazilian 400H 2011/2012 & Heptathlon 2006
- dos SANTOS Evelyn (BRA) 11-4-1985** **4x100 Metres**
100 pb: 11.35 -13. 200 pb: 22.82 -12. 1 South American junior 100 2003; qf OLY 200 2008; 1 Ibero-American 200 2012; 7 OLY 4x100 2012; 1 South American 4x100/4x400 2013. 1 Brazilian 200 2008
- dos SANTOS Vanusa (BRA) 22-1-1990** **4x100 Metres**
100 pb: 11.34w -09, 11.45 -12. 200 pb: 23.47 -14. 1 South American under-23 100 2012
- KRASUCKI Franciela (BRA) 26-4-1988** **4x100 Metres**
 South American record holder at 60m
100 pb: 11.13 -13. 200 pb: 22.76 -13. sf WJC 100/200 2004; 4 World Youth 100 2003/2005; 7 WJC 100 2006 (ht 200); 1 Ibero-American 100 2006; 2 South American 100 2013; sf WCH 100 2013 (ht 200); sf WIC 60 2014. 1 Brazilian 200 2013
- LIZ Tamiris (BRA) 18-11-1995** **4x100 Metres**
100 pb: 11.42 -12. 200 pb: 23.35 -11. 6 World Youth 100 2011; 1 South American junior 100/200 2011; 3 WJC 100/4x100 2012
- SANTOS Rosângela (BRA) 20-12-1990** **4x100 Metres**
 Anchored Brazil to fourth place in the 2008 Olympic 4x100 (at age 17)
100 pb: 11.07w, 11.21 -11 -12. 200 pb: 22.92 -12. 1 South American junior 100 2007; 4 World Youth 200 2007; 3 WJC 4x100 2008 (4 100); 4 OLY 4x100 2008; 5 WSG 100 2011; sf WCH 100 2011; 1 Ibero-American 100 2012. 1 Brazilian 100 2008/2012 (1 200 2012)
- SILVA Cristiane (BRA) 4-4-1988** **4x400 Metres**
400 pb: 53.05 -13. 5 South American 2013
- SOUSA Joelma (BRA) 13-7-1984** **4x400 Metres**
 2013 South American Champion
400 pb: 51.54 -12. 3 Ibero-American 2012; 1 South American 2013; ht WCH 2013. 1 Brazilian 2013
- BINGHAM Khamica (CAN) 15-6-1994** **4x100 Metres**
100 pb: 11.36 -14. 200 pb: 23.46 -11. 3 World Youth Medley Relay 2011; 4 WJC 100 2012; 6 WCH 4x100 2013
- DAVIS Shai (CAN) 4-12-1993** **4x100 Metres**
100 pb: 11.31w, 11.33 -13. 200 pb: 23.12 -13. sf WJC 200 2012; 6 WCH 4x100 2013; 3 Francophone Games 100 2013
- DORR Fawn (CAN) 19-4-1987** **4x400 Metres**
 Ex-USA, she never represented that country in global events so so was cleared by the IAAF to compete for Canada from June 20, 2012
400 pb 52.51 -10. 400H pb: 55.57 -10. 1 NCAA div 3 400H 2007; 4 NCAA 400H 2010 (2009-6); 3 US 400H 2010
- EMMANUEL Crystal (CAN) 27-11-1991** **4x100 Metres**
100 pb: 11.16w -13, 11.34 -12. 200 pb: 22.89 -13. sf WJC 200 2010; sf OLY 200 2012; ht WCH 200 2013; 1 Francophone Games 200 2013. 1 Canadian 100/200 2011 (1 200 2012)
- GEORGE Phylicia (CAN) 16-11-1987** **4x100 Metres**
 2011 World finalist, & 2012 Olympic finalist at 100m Hurdles
100 pb: 11.25 -12. 100H pb: 12.65 -12. ht WJC 200 2006; 7 WCH 2011 (cramp); 6 OLY 2012. 2 Canadian 2011/2012 (1 100 2012). Student of Physiology and Neurobiology from the University of Connecticut
- HYACINTHE Kimberley (CAN) 28-3-1989** **4x100 Metres**
 2013 World Student Games Champion at 200m
100 pb: 11.41 -14. 200 pb: 22.78 -13. sf World Youth 100/200 2005; sf WJC 200 2006/2008; 1 WSG 4x400 2009; 2 Francophone Games 200 2009; 2 North/Central American & Caribbean under-23 200 2010; sf WCH 200 2013
- MARTIN Jenna (CAN) 31-3-1988** **4x400 Metres**
 London Olympic semi-finalist
400 pb: 51.53 -12. sf World Youth 2003; 2 Pan-American junior 2007; ht WCH 4x400 2009; 6 WSG 2011; sf OLY 2012. 1 Canadian 2011/2012. Was at University of Kentucky
- MONTCALM Noelle (CAN) 3-4-1988** **4x400 Metres**
400 pb: 54.92 -12. 400H pb: 55.96 -13. 100H pb: 13.25w, 13.39 -10. 4 North/Central American & Caribbean under-23 100H 2010; 2 WSG 4x400 2013; ht 400H 2013. 1 Canadian 400H 2013

- MUIR Carline (CAN) 1-10-1987** **4x400 Metres**
2009 World Student Games bronze, then led of gold-winning relay team
400 pb: 51.55 -08. sf WJC 2006; sf OLY 2008; 3 WSG 2009 (1 4x400); 6 COM 2010 (3 4x400). 1 Canadian 2008/2010. Born-St. Catherine, Jamaica, lives-Edmonton
- WELLS Sarah (CAN) 10-11-1989** **4x400 Metres**
Fourth at 2013 World Student Games 400m Hurdles
400 pb: 55.50 -13. 400H pb: 55.65 -13. sf WJC 400H 2008 (2006-ht); sf OLY 400H 2012; 4 WSG 400H 2013. 1 Canadian 400H 2010/2012
- KONG Lingwei (CHN) 28-7-1995** **4x100 Metres**
100 pb: 11.65 -13. 200 pb: 23.44 -13. 2 Chinese junior 200 2013
- LIN Huijun (CHN) 1-2-1993** **4x100 Metres**
Third leg for Chinese sprint relay team which won at the 2013 Asian Championships
100 pb: 11.65 -13. 200 pb: 23.58 -13. sf World Youth 100/200 2009; 1 Asian junior 200 2012 (2 100); 1 Asian Champs 4x100 2013
- TAO Yujia (CHN) 16-2-1987** **4x100 Metres**
Reigning Asian Indoor Champion at 60m ... first leg for Chinese sprint relay team which won at the 2013 Asian Championships
100 pb: 11.37 -11. 200 pb: 24.22 -03. ht WCH 4x100 2007/2013; ht OLY 4x100 2008; 1 East Asian Games 100 2009; 5 Asian Games 100 2010; 3 Asian Champs 100 2011/2013 (2009-4); 2 Asian Indoor Champs 60 2012; ht WIC 60 2012; 1 Asian Champs 4x100 2013; 1 Asian Indoor Champs 60 2014. 1 Chinese 100 2009
- YUAN Qiqi (CHN) 26-10-1995** **4x100 Metres**
100 pb: 11.51 -14. 200 pb: 23.71 -13. 1 Chinese youth 100/200 2012; 1 Chinese junior 100/200 2013
- ZHU Yayun (CHN) 10-1-1993** **4x100 Metres**
100 pb: 11.85 -13. 200 pb: 23.51 -13
- IDLETTE Lavonne (DOM) 31-10-1985** **4x100 Metres**
Dominican Republic record holder at 100m Hurdles
100 pb: 11.67 -11. 100H pb: 12.77 -13. 8 Pan-Am Games 100H 2011; 3 Ibero-American 100H 2012; 3 Central American & Caribbean Champs 100H 2013; sf WCH 100H 2013 (2011-ht)
- MEJÍA Marleni (DOM) 19-8-1982** **4x100 Metres**
Dominican Republic record holder at 100m
100 pb: 11.54 -06. 8 North & Central American & Caribbean 100 2007
- EMBAYE Axumawit (ETH) 18-10-1994** **4x1500 Metres**
(aka Alem Axumawit, which was the name under which she was entered for the World Junior Championships in 2012)
2014 World indoor silver
1500 pb: 4:05.16 -13. 7 WJC 2012; 2 WIC 2014. She was Ethiopia's reserve for the 2013 World Championships 1500m
- FEYNE Gudeto (ETH) 28-6-1992** **4x1500 Metres**
(aka Gameda Feyne Gudeto, Feyine Gudeto, Feyna Gudato)
1500 pb: 4:06.66 -12. 4 African Champs 1500 2012
- GASHAW Tigist (ETH) 25-12-1996** **4x1500 Metres**
2013 World Youth Champion
1500 pb: 4:10.37 -13. 1 World Youth 2013
- SEYAUM Dawit (ETH) 27-7-1996** **4x1500 Metres**
(aka Dawit Seyoum, which was the name used for her at the 2013 World Youth Championships)
1500 pb: 4:09.00 -13. 2 World Youth 2013; 1 African junior 2013
- TEFERI Senbera (ETH) 3-5-1995** **4x1500 Metres**
(Senbera aka Senbere)
1500 pb: 4:04.55 -13. 2 World Youth 2011; 3 WJC 2012; ht WCH 2013
- AKAKPO Stella (FRA) 28-2-1994** **4x100 Metres**
2013 European Junior Champion at 100m
100 pb: 11.26 -13. 200 pb: 23.54 -13. sf World Youth 100 2011; 1 EJC 100 2013 (2 4x100). She anchored France to third place in the 2013 World 4x100m, but after the medal ceremony, the team disqualified for an illegal exchange
- BLAMEBLE Lisa (FRA) 15-9-1992** **4x100 Metres**
800 pb: 2:04.871 -13, 2:05.77 -13. 4 EJC 2011. 1 French indoor 2013
- DISTEL-BONNET Céline (FRA) 25-7-1987** **4x100/200 Metres**
100 pb: 11.30w -11. 200 pb: 23.41 -11. 3 EJC 4x100 2005; 8 WJC 100 2006 (2 4x100). 1 French under-23 100 2009
She led off the ill-fated French team at the 2013 World Championships, who were awarded bronze medals, then disqualified
- FEDRONIC Justine (FRA) 11-5-1991** **4x800 Metres**
800 pb: 2:00.97 -13. 1500 pb: 4:14.69 -13. 5 under-23 ECH 2013. 3 NCAA 800 2013 (Representing Stanford University)
- GAYDU Emilie (FRA) 5-2-1989** **4x100/200 Metres**
100 pb: 11.36w -13, 11.38 -11. 200 pb: 23.24 -13. sf WJC 100 2006 (2 4x100); 5 EJC 200 2007; sf WJC 100 2008; 4 under-23 ECH 100 2011; 4 Francophone Games 100 2013
- GAYOT Marie (FRA) 18-12-1989** **4x400 Metres**
2012 European relay silver
400 pb: 51.54 -13. 5 EJC 2007; 3 EIC 4x400 2011; 6 under-23 ECH 2011 (3 4x400); sf ECH 2012 (2 4x400); 6 OLY 4x400 2012; sf EIC 2013; 3 ETCh 2013; sf WCH 2013 (4 4x400); 2 Francophone Games 2013. 1 French indoor 2012/2013. Coach-Hervé Stéphan
- GOUJON Sarah (FRA) 11-9-1990** **4x100/200 Metres**
100 pb: 11.48 -12. 200 pb: 23.66 -10. 2 under-23 ECH 4x100 2011
- GUEI Floria (FRA) 2-5-1990** **4x400 Metres**
2012 European relay silver
400 pb: 51.42 -13. 4 European Youth 200 2007; ht WJC 2008; 3 EIC 4x400 2011; 6 OLY 4x400 2012; 2 ECH 4x400 2012; sf WCH 2013 (4 4x400). 1 French 2013
- GUION-FIRMIN Lenora (FRA) 7-8-1991** **4x400 Metres**
They're calling her "the new Pérec"
2013 European under-23 Champion at 400m and then nearly at 200m just one hour later
400 pb: 51.68 -13. 200 pb: 22.91 -13. 2 ECH 4x400 2012; 1 under-23 ECH 400 2013 (2 200, 3 4x400); sf WCH 200 2013 (4 4x400). 7 NCAA 400 2013 (2012-8). Attends University of Maryland. Born-Martinique
- HURTIS Muriel (FRA) 25-3-1979** **4x400 Metres**
Former European Champion at 200m, now moved up
400 pb: 51.41 -10. 100 pb: 10.96 -02. 200 pb: 22.31 -99. 2 EJC 200 97; 1 WJC 200 98 (2 4x100); 1 EIC 200 2000/2002; 1 ECP 200 2000/2002/2004/2007/2008 (99-3); sf OLY 200 2000/2008 (2004-qt); 2 WCH 4x100 2001; 1 ECH 200/4x100 2002; 1 WIC 200 2003 (2001-5); 3 WCH 200 2003 (1 4x100); 5 WIC 60 2004; 3 OLY 4x100 2004; sf ECH 200 2006; 8 ECH 400 2010/2012; 3 EIC 4x400 2011; 4 WCH 4x400 2013. 1 French 200 2000/2002/2007/2008 (1 400 2010) ... son Lehyan born March 21, 2005. 1.80 tall
- LAGUI Mathilde (FRA) 21-11-1988** **4x100/200 Metres**
100 pb: 11.57 -13. 200 pb: 23.44 -13. 4 EJC 200 2007
- LAMOTE Renelle (FRA) 26-12-1993** **4x800 Metres**
800 pb: 2:02.40 -13. sf WJC 2012. 2 French indoor 2014
- LESUEUR Éloyse (FRA) 15-7-1988** **4x100 Metres**
New World Indoor Champion at Long Jump
100 pb: 11.57 -05. LJ pb: 6.91 -11. 2 World Youth 2005 (7 100); dnf WJC Heptathlon 2006; 2 EJC 2007; 4 WIC 2008; 3 under-23 ECH 2009; dnf WCH 2009/2011/2013; 1 ETCh 2010/2013 (2011-3); 1 ECH 2012; 8 OLY 2012; 2 EIC 2013 (2011-4); 1 WIC 2014. 1 French 2006/2010/2011/2012/2013. Coach-Renaud Longuevre
- MOH Clarisse (FRA) 6-12-1986** **4x800 Metres**
800 pb: 2:01.43 -13. 8 ETCh 2011; 6 ETCh 2013. 1 French 2011 & indoor 2012
- PERROSSIER Estelle (FRA) 12-1-1990** **4x200/400 Metres**
200 pb: 24.02i, 24.56 -12. 400 pb: 52.91 -13. 3 French under-23 400 2011/2012; 1 French indoor 400 2014
- RAHAROLAHY Agnes (FRA) 7-11-1992** **4x400/800 Metres**
400 pb: 52.90 -13. 3 Mediterranean Games 2013; 3 under-23 ECH 4x400 2013

ADEOYE Margaret (GBR) 27-4-1985 **4x400 Metres**

Adeoye pronounced with four syllables "A - Day - O - Yay"

World 4x400m bronzes indoors & out

400 pb: 51.93 -13. 200 pb: 22.88 -13. 6 WSG 200 2011; sf OLY 200 2012; 3 WCH 4x400 2013; sf WIC 2014 (3 4x400). 1 British Universities 100/200 2010; 1 UK Inter-Counties 200 2011; 1 UK indoor 200 2012/2013 & 400 2014; 1 UK 200 2012. Graduate of Business Management. Coach-Linford Christie since November 2009, formerly Allan Wells

CHILD Eilidh (GBR) 20-2-1987 **4x400 Metres**

(Eilidh is pronounced "A - Lee") ... 2010 Commonwealth silver at 400m Hurdles ... 2013 European indoor silver at 400m

400 pb: 51.45i, 51.83 -13. 400H pb: 54.22 -13. 2 under-23 ECH 400H 2009 (2007-5); sf WCH 400H 2009/2011; 8 ECH 400H 2010; 2 COM 400H 2010; sf OLY 400H 2012; 2 EIC 400 2013 (1 4x400); 1 ETCh 400H 2013 (2009-4, 2010-2); 5 WCH 400H 2013 (3 4x400); 3 WIC 4x400 2014. 1 Scottish 400H 2004/2007/2008 & 400 2011. 1 UK indoor 400 2013. Former Scottish Schools Champion at swimming Coach-Malcolm Arnold

COX Shana (GBR) 22-1-1985 **4x400 Metres**

(Shana pronounced Shay-na) ... dual citizenship with USA, became eligible to compete in championships for Britain from September 29, 2011

400 pb: 50.84 -08. 100 pb: 11.65 -14. 3 Pan-Am junior 200 2003; 5 WJC 200 2004 (for USA); 3 ETCh 400 2011; 5 WIC 400 2012 (1 4x400); sf OLY 400 2012; 6 EIC 400 2013 (1 4x400); 3 WCH 4x400 2013; ht WIC 400 2014 (3 4x400). 1 NCAA 400 2008 (representing Penn State University where she was a student of Psychology). Her parents were both born in Britain. Married international athlete Michael Bingham on November 9, 2013

DIAMOND Emily (GBR) 11-6-1991 **4x400 Metres**

Member of overall 2012 Olympic relay squad

400 pb: 52.32 -14. 200 pb: 23.30 -13. 100 pb: 11.71w, 11.77 -10. 8 EJC 200 2009; 6 WJC 200 2010; 3 under-23 ECH 4x100 2011 (sf 200). 1 English Schools 200 2009; 6 UK 200 2011; 5 UK indoor 400 2012; 1 British Universities 200 2012/2013. Coach-Daniel Cossins

HENRY Desiree (GBR) 26-8-1995 **4x100/200 Metres**

2011 World Youth Champion at 200m ... 2013 European junior silver at 200m

100 pb: 11.04w, 11.23 -14. 200 pb: 23.25 -11. 1 World Youth 200 2011; 4 WJC 200 2012; 2 EJC 200 2013 (1 4x100). 1 English Schools under-15 200 2009 & under-17 200 2011. Coach-Rana Reider

She was nominated by Daley Thompson to be one of the seven young British athletes who lit the cauldron during the London 2012 Olympic opening ceremony

JONES Hayley (GBR) 14-9-1988 **4x100/200 Metres**

Anchored Britain to World Championship relay bronze in 2013

100 pb: 11.30w, 11.31 -13. 200 pb: 23.22w -12, 23.29 -13. 400 pb: 53.23 -10. 1 EJC 200/4x100 2007 (2 4x400); 3 WCH 4x100 2013. 1 AAA junior 200 2006 & English junior 200 2007. Coach-Donald Moss

Three medals at 2007 European Junior Championships including 200m & 4x100m gold but out injured in 2008 (stress fracture of a vertebrae) and most of 2009 with related problems

OHURUOGU Christine (GBR) 17-5-1984 **4x400 Metres**

In Moscow 2013 became the first British woman to win a second World Championship gold

400 pb: 49.41 -13. 200 pb: 22.85 -09. 100 pb: 11.35 -08. 3 EJC 400/4x400 2003; sf OLY 400 2004 (3 4x400); 2 under-23 ECH 400 2005; sf WCH 400 2005 (3 4x400); 1 COM 400 2006; 1 WCH 400 2007 (3 4x400); 2 ECP 200 2008; 1 OLY 2008 (2012-2); 3 ETCh 200 2009; 5 WCH 400 2009; dq ht WCH 400 2011; 1 WIC 4x400 2012 (2014-3); 1 EIC 4x400 2013; 1 WCH 400 2013 (3 4x400). 1 AAA 2004 & UK 400 2009/2012/2013. Played for Essex and England in Netball, but switched to athletics in 2003 ... studied Linguistics at University College London ... coaches-Lloyd Cowan & Christine Bomaker (Bloomfield). Returned from a year's suspension to August 5, 2007, after having missed three out-of-competition doping tests in 2006

OHURUOGU Victoria (GBR) 28-2-1993 **4x400 Metres**

Former English Schools Champion

400 pb: 52.62 -13. 3 Youth Olympic Games 'B' 2010. Bronze WIC 4x400 2014 (ran in heat). 1 English Junior indoor 2010; 1 English Schools 2010. Younger sister of the 2008 Olympic Champion Christine Ohuruogu. Coach-Lloyd Cowan

She was ranked 10th in Britain in 2013 and was part of the British relay squad at the Moscow World Championships

ONUORA Anyika (GBR) 28-10-1984 **4x100/200 Metres**

(Name pronounced Ann-ika Oh-nora) ... holds UK best for 150m ... relay silvers at 2006 Commonwealth Games & European Championships

100 pb: 11.18 -11. 200 pb: 22.71w, 22.79 -13. 400 pb: 51.38 -13. 2 EJC 4x100 2003; 2 COM 4x100 2006 (sf 100); sf ECH 100 2006 (2 4x100); 5 ETCh 100 2011; sf WCH 200 2011 (ht 100); ht OLY 100/200 2012; ht WCH 200 2013. 1 English Schools 100 2001/2002; 1 UK 200 2011. Studied Economics at Liverpool John Moores University. Coach-Rana Reider

PHILIP Asha (GBR) 25-10-1990 **4x100/200 Metres**

Fourth over 60m at 2014 World Indoor Championships

100 pb: 11.19 -14. 200 pb: 23.07w , 23.34 -13. 4 WJC 100 2006; 1 World Youth 100 2007; 1 EJC 4x100 2007; 3 under-23 ECH 4x100 2011; 5 EIC 60 2013; 5 ETCh 100 2013; sf WCH 100 2013; 4 WIC 60 2014 (2012-sf). 1 AAA under-15 indoor 60 2005 & under-17 indoor 2006; 1 UK junior 100 2007; 1 UK 100 2013. She studied Drama at Kingston University. She is still a coach for Mini Trampoline but has not competing at that event since she ruptured her knee in 2007. Coach-Christine Bowmaker

WILLIAMS Bianca (GBR) 18-12-1993 **4x100/200 Metres**

2011 European Junior relay bronze

100 pb: 11.18 -14. 200 pb: 22.95 -14. 3 EJC 4x100 2011. 1 English under-17 100 2010. Coach-Lloyd Cowan

WILLIAMS Jodie (GBR) 28-9-1993 **4x100/200 Metres**

Former World Junior Champion at 100m

100 pb: 11.18 -11. 200 pb: 22.76 -14. 400 pb: 54.33 -10. 1 World Youth 100/200 2009; 1 WJC 100 2010 (2 200); 1 World Youth 100/200 2009; 1 WJC 100 2010 (2 200); 4 EIC 60 2011; 1 EJC 100/200 2011; ht WIC 60 2012; 1 under-23 ECH 200 2013 (2 100/4x100); sf WCH 200 2013. Unbeaten in 151 races until her second place in the 2010 World Junior 200m final

FREESE Anna-Lena (GER) 21-1-1994 **4x200 Metres**

200 pb: 23.28 -13. 100 pb: 11.46 -13. 6 World Youth 200 2011; 1 EJC 4x100 2011; 4 EJC 200 2013. 1 German under-23 100 2013

HAACK Christina (GER) 15-4-1987 **4x100/200 Metres**

German Champion at 200m indoors & out in 2011

100 pb: 11.41 -11. 200 pb: 23.36 -11. 1 German 200 2011 (1 indoor 2011)

HAASE Rebekka (GER) 2-1-1993 **4x100/200 Metres**

100 pb: 11.48 -14. 200 pb: 23.47 -14. 8 Youth Olympic Games 100 2010. 1 German indoor 200 2014

KWADWO Yasmin (GER) 9-11-1990 **4x100/200 Metres**

2009 European Junior Champion at 100m

100 pb: 11.22w, 11.29 -11. 200 pb: 23.89 -09. sf WJC 100 2008; 1 EJC 100/4x100 2009; sf WIC 60 2010/2014; ht ECH 100 2010; sf WCH 100 2011. 1 German junior indoor 60 2008/2009; 1 German junior & under-23 100 2009; 1 German indoor 60 2010 & under-23 100 2010

PINTO Tatjana (GER) 2-7-1992 **4x100/200 Metres**

Full name-Tatjana Lofamakanda Pinto

Third leg for victorious German sprint relay team at 2012 European Championships

100 pb: 11.19 -12. 6 WJC 100 2010 (2 4x100); 3 EJC 100 2011 (1 4x100); 8 ECH 100 2012 (1 4x100); ht OLY 100 2012; ht EIC 60 2013; 3 ETCh 100 2013; 3 under-23 ECH 100 2013 (1 4x100); sf WCH 100 2013 (4 4x100). Father-Portuguese, mother-Angolan

SAILER Verena (GER) 16-10-1985 **4x100 Metres**

(Sailer is pronounced like "Sigh-La")

Gold at two successive European Championships: 100m in 2010 & 4x100m in 2012

100 pb: 11.02 -13. 6 EJC 100 2003; 5 WJC 100 2004; 1 under-23 ECH 100 2007 (2005-3); sf WIC 60 2008; 8 ECP 100 2008; 5 OLY 4x100 2008; 3 EIC 60 2009 (2007-sf, 2013-7); sf WCH 100 2009/2013 (2007-qt); 3 WCH 4x100 2009 (2013-4); 1 ECH 100 2010 (2006-sf, 2012-6); 1 ECH 4x100 2012; sf OLY 100 2012; 8 WIC 60 2014. 1 German 100

2006/2007/2008/2009/2010/2013 & indoor 60 2011/2012/2013/2014.
Former gymnast

WEIT Inna (GER) 5-8-1988 **4x100/200 Metres**
100 pb: 11.39 -13/14. 200 pb: 23.08 -12. sf ECH 200 2012. 1 German
200 2012 & indoor 2013

BAZZONI Chiara (ITA) 5-7-1984 **4x400 Metres**
2013 Mediterranean Games Champion
400 pb: 52.06 -13. 4 ECH 4x400 2010; 4 EIC 4x400 2011; ht ECH
2012; ht EIC 2013; 1 Mediterranean Games 2013; sf WCH 2013. 1
Italian 2013 (1 indoors 2013/2014)

BONFANTI Elena (ITA) 9-7-1988 **4x400 Metres**
Full name-Elena Maria Bonfanti
400 pb: 52.61 -12. 7 WSG 2013. 2 Italian indoor 2014

GRENOT Libania (ITA) 12-7-1983 **4x400 Metres**
Full name-Libania Grenot Martinez ... 3x Cuban Champion at 400m,
now the Italian record holder at that distance
400 pb: 50.30 -09. 200 pb: 22.45w, 22.85 -12. 5 World Youth 400 99; 4
Pan-Am Games 400 2003; 3 Central American & Caribbean Champs
400 2005; sf OLY 400 2008/2012; 1 ETCh 400 2009; 1 Mediterranean
Games 400 2009; sf WCH 400 2009/2013 (2005-ht); 4 ECH 400 2010
(2012-6); 6 IAAF Continental Cup 400 2010; 4 ETCh 200/200 2013. 1
Cuban 400 2003/2004/2005. 1 Italian 2009/2010 & 200 2012

MILANI Marta (ITA) 9-3-1987 **4x400 Metres**
European finalist indoors & out (at 400m)
400 pb: 51.86 -11. 800 pb: 2:01.35 -12. sf WJC 400 2006; 6 under-23
ECH 400 2009; 7 ECH 400 2010; 6 EIC 400 2011; 8 ETCh 400 2011; ht
EIC 800 2013; 7 ETCh 800 2013; ht WCH 800 2013. 1 Italian 400 2011
& 800 2012/2013 (1 Italian indoor 400 2010/2011 & 800 2014)

SPACCA Maria Enrica (ITA) 20-3-1986 **4x400 Metres**
400 pb: 52.53 -12. ht WJC 2004; 4 ECH 4x400 2010; 4 EIC 4x400
2011; sf WIC 2012; sf ECH 2012; ht EIC 2013. 1 Italian 2012 (1 indoors
2012)

HARRIGAN-SCOTT Tahesia (IVB) 15-2-1982 **4x100 Metres**
2008 World Indoor bronze at 60m ... British Virgin Islander record hold-
er at 60m, 100m & 200m
100 pb: 11.02w, 11.13 -06. 200 pb: 22.98 -07. 400 pb: 55.33 -13. LJ
pb: 6.17i -06, 6.06 -05. TJ pb: 11.93i -06. 5 COM 100 2006 (2002-sf);
1 Central American & Caribbean Games 100 2006/2010 & Champs
2009; 4 Pan-Am Games 100 2007; 3 WIC 60 2008 (2010-6, 2014-sf); qf
OLY 100 2008 (2012-ht); sf WCH 100 2009 (2005/2007-qf, 2013-ht)
Graduate of Speech Pathology and Communicative Therapy from the
University of Alabama ... collects stamps

BROOKS Sheri-Ann (JAM) 11-2-1983 **4x100 Metres**
2006 Commonwealth Champion at 100m. 2010 World indoor bronze at
60m
100 pb: 11.05 -07. 200 pb: 22.70 -08. ht WCH 200 2005; 1 COM
100/4x100 2006 (5 200); 2 Pan-Am Games 200 2007; 2 WCH 4x100
2007 (sf 100); =3 WIC 60 2010; 1 Central American & Caribbean
Champs 100 2013; sf WCH 100 2013. 1 NCAA 200 2005
Deputised for Shelly-Ann Fraser-Pryce in the heats of the 2013 World
Championship relay, so awarded a gold medal won by Jamaica in the
final

CALVERT Schillonie (JAM) 27-7-1988 **4x100 Metres**
Third leg for winning Jamaican relay team at Moscow 2013 (passing to
Shelly-Ann Fraser-Pryce
100 pb: 11.05 -11/12. 200 pb: 22.55 -11. 2 WJC 4x100 2004 (7 100); 3
World Youth 100 2005; 2 Pan-American junior 100 2005; 1 Central
American & Caribbean junior 100/200 2006; 3 WJC 4x100 2006 (sf
100); 2 Pan-American junior 200 2007 (3 100); 1 North, Central
America & Caribbean under-23 100 2008 (2 200); sf WCH 100 2013 (1
4x100)

CAMPBELL Simoya (JAM) 1-3-1994 **4x800 Metres**
800 pb: 2:03.07 -12. sf World Youth 2011; sf WJC 2012; 2 Central
American & Caribbean Champs 2013

DAY Christine (JAM) 23-8-1986 **4x400 Metres**
Led off the Jamaican team which won 2012 Olympic relay bronze

400 pb: 50.85 -12. sf WCH 2009; 3 OLY 4x400 2012. 3 Jamaican
2009/2012

FACEY Simone (JAM) 7-5-1985 **4x200 Metres**
Ran first leg for Jamaican team which won World relay gold in 2009
200 pb: 22.25 -09. 100 pb: 10.95 -08. 4 World Youth 100 2001; 2 WJC
100 2002 (1 4x100); 6 WCH 200 2009 (1 4x100); 3 Central American &
Caribbean Champs 100 2011) (2 4x100). 1 NCAA 200 2008 indoors &
out, representing Texas A&M (Agricultural and Mechanical) University

FRASER-PRYCE Shelly-Ann (JAM) 27-12-1986 **4x100/200 Metres**
Twice Olympic Champion at 100m ... reigning World Champion at 60m,
100m, 200m & 4x100m
100 pb: 10.70 -12. 200 pb: 22.09 -12. 400 pb: 54.93 -11. 1 OLY 100
2008/2012; 1 WCH 100/4x100 2009; 4 WCH 100 2011 (2 4x100); 2
OLY 200/4x100 2012; 1 WCH 100/200/4x100 2013. Ran in heat of
2007 World 4x100, so awarded a silver medal won by Jamaica in the
final ... her mother Maxine was a sprinter and long jumper ... married
Jason Pryce on January 7, 2011
She has opened a hair salon in Kingston: Chic Hair JA – “we specialise
in accentuating the natural beauty of the woman”

GORDON Chris-Ann (JAM) 18-9-1994 **4x800 Metres**
800 pb: 2:03.42 -11. 400 pb: 51.62 -11. 3 WJC 4x400 2010; 1 Pan-
American junior 400 2011; 7 World Youth 400 2011 (1 Medley Relay); 7
WJC 400 2012; 2 Central American & Caribbean Champs 2013
She clocked 52.68 for 400m at age 14 in 2009, but was too young to
compete at the World Youth Championships that year

GOULE Natoya (JAM) 30-3-1991 **4x800 Metres**
2013 US Collegiate Champion indoors & out
800 pb: 1:59.93 -13. 400 pb: 51.52 -11. 1 Central American &
Caribbean junior 2006/2010; sf World Youth 2007; ht WJC 2008; sf
WJC 2010 (3 4x400); 1 Central American & Caribbean Champs 2013;
ht WCH 2013; ht WIC 2014. 1 Jamaican 2013. Student of sport admin-
istration at Louisiana State University
Ran in relay heat at 2014 World Indoor Championships, so awarded sil-
ver medal won by Jamaica in final

HENRY-ROBINSON Samantha (JAM) 25-9-1988 **4x100/200 Metres**
Awarded Olympic relay silver in London 2012 when he led off the
Jamaican team in the heats (though replaced by Shelly-Ann Fraser-
Pryce for the final)
100 pb: 10.94w, 11.11 -12. 200 pb: 22.50w, 22.77 -12. 2 World Youth
Medley Relay 2003 (sf 100); 3 Pan-American junior 200 2007; 2
North/Central American & Caribbean under-23 200 2008 (3 100); Silver
OLY 4x100 2012

JACKSON Shericka (JAM) 15-7-1994 **4x400 Metres**
400 pb: 51.60 -12. 200 pb: 22.84 -13. 4 Youth Olympic Games 200
2010; 3 World Youth 200 2011 (1 Medley Relay); 8 WJC 200 2012 (2
4x400)

LE-ROY Anastacia (JAM) 11-9-1987 **4x400 Metres**
(Anastacia aka Anastasia)
400 pb: 51.09 -08. 100 pb: 11.27w -09, 11.41 -07. 200 pb: 23.08 -08. 6
WJC 200 2006 (3 4x100); ht WCH 4x400 2007; 3 Central American &
Caribbean Champs 200 2011; 3 WSG 2013

MALCOLM Yanique (JAM) 8-8-1991 **4x800 Metres**
800 pb: 2:03.97i -14. 400 pb: 54.06 -14

McKENZIE Lorain (JAM) 10-5-1985 **4x800 Metres**
800 pb: 2:04.79i -14, 2:05.52 -08. 7 North & Central American &
Caribbean 2007. 3 Jamaican 2013

McLAUGHLIN Anneisha (JAM) 6-1-1986 **4x200 Metres**
Former World Youth Champion at 200m. Ran 53.77 for 400m at 13 in
1999, a world age best at that time
200 pb: 22.54 -10/11. 400 pb: 51.89 -12. 100 pb: 11.23 -13. 3 World
Youth 400 2001; 2 WJC 4x400 2000; 2 WJC 200 2002 (1 4x100); 1
World Youth 200 2003 (2 Medley Relay); 2 WJC 200 2004 (2 4x100); 5
WCH 200 2009 (2013-sf); 1 WSG 200 2011; 2 WIC 4x400 2014. Total
of 10 medals in World Youth or Junior Championships

McPHERSON Stephenie Ann (JAM) 25-11-1988 **4x400 Metres**
Fourth at 2013 World Championships after having improved by almost
two seconds that year

400 pb: 49.92 -13. 400H pb: 57.46 -12. 4 WCH 2013; 2 WIC 4x400 2014. 2 Jamaican 2013. Student of Hospitality & Tourism at Kingston University of Technology. Affectionately known as "chicken foot" because of her slender frame (52kg). Her first sport was football, she was team captain at her primary and junior high schools. Her five personal bests in 2013 were: 50.78, 50.74, 50.43, 50.16, 49.92

MORRISON Natasha (JAM) 17-11-1992 4x100 Metres
100 pb: 11.12w, 11.17 -13. 200 pb: 23.08 -13. 5 Pan-American junior 100 2011

RUSSELL Carrie (JAM) 18-10-1990 4x100 Metres
 2011 World Student Games Champion at 100m ... led off winning Jamaican sprint relay team at Moscow 2013, then broke 11 seconds for the first time in Zürich
100 pb: 10.98 -13. 200 pb: 23.44 -13. 3 WJC 100/4x100 2006; 1 WSG 100 2011 (3 4x100); 1 WCH 4x100 2013. Attends Kingston University of Technology

SPENCER Kaliese (JAM) 6-5-1987 4x400 Metres
 As a 400 hurdler, fourth at London 2012 and at two World Championships, but then two silvers at the 2014 World indoors
400 pb: 50.19 -13. 400H pb: 52.79 -11. 800 pb: 2:03.01 -11. 1 WJC 400H 2006; 4 WCH 400H 2009/2011 (2007-sf, 2013-dq ht); 2 WIC 400/4x400 2014. 1 Jamaican 400H 2011. Won 2012 Diamond Race. Bad luck in Moscow 2013 – disqualified from her 400m Hurdles heat because of an illegal hurdle clearance when she clocked a time which would have won silver in the final, then clocked a fast 50.1 split in the 4x400m heats but disqualified from that too after Jamaica's lead-off Rosemary Whyte ran out of her lane

STEWART Kerron (JAM) 16-4-1984 4x100 Metres
 World & Olympic silvers at 100m ... winner of multiple US Collegiate titles, representing Auburn University
100 pb: 10.75 -09. 200 pb: 21.99 -88. 400 pb: 51.83 -13. 2 World Youth 100 2001; 4 WJC 100 2002; 7 WCH 100 2007 (2 4x100); =2 OLY 100 2008 (3 200); 2 WCH 100 2009 (1 4x100); 5 WCH 200 2011 (6 100, 2 4x100); 2 OLY 4x100 2012 (sf 100); 5 WCH 100 2013 (1 4x100). 1 NCAA indoor 60/200 2007; 1 NCAA 200 2007 (2 100/200 2006). 1 Jamaican 100 2013. Her first sport was football, her high school coach told her to choose between that and athletics when she was 15

WILLIAMS-MILLS Novlene (JAM) 26-4-1982 4x400 Metres
 2007 World bronze after leading for most of the race ... four successive World relay silvers ... three successive Olympic relay bronzes ... she competed at the London Olympics having been diagnosed with breast cancer
400 pb: 49.63 -06. 6 Pan-Am Games 2003; 3 OLY 4x400 2004/2008/2012 2 WCH 4x400 2005; 5 WIC 2006 (2010-dnf final); 3 COM 2006; 3 WCH 2007 (2 4x400); 4 WCH 2009 (2 4x400); 8 WCH 2011 (2 4x400); 5 OLY 2012; 8 WCH 2013. 1 Jamaican 2006/2007/2009/2010/2011/2012/2013. Studied Recreation at the University of Florida

DOI Anna (JPN) 24-8-1995 4x100 Metres
100 pb: 11.47w -12, 11.50 -12/14. sf World Youth 100 2011. 1 Japanese junior indoor 60 2013; 1 Japanese High School 100 2013

FUJIMORI Anna (JPN) 10-11-1994 4x100 Metres
100 pb: 11.61w, 11.73 -14. 2 Asian Champs 4x100 2013. 2 Japanese junior indoor 60 2013

ICHIKAWA Kana (JPN) 14-1-1991 4x100 Metres
100 pb: 11.43 -11. 200 pb: 23.51 -12. 400 pb: 54.15 -10. 8 WJC 200 2010. 2 Japanese 200 2012

KITAKAZE Saori (JPN) 3-4-1985 4x100 Metres
100 pb: 11.40w -11, 11.42 -08. sf WJC 100 2004; 7 Asian Games 100 2006; 8 Asian Champs 100 2007 (2 4x100); 2 Asian Champs 4x100 2013

WATANABE Mayumi (JPN) 6-6-1983 4x100 Metres
100 pb: 11.31w, 11.44 -09. 200 pb: 23.35 -13. 2 East Asian Games 100 2009; 4 Asian Champs 100 2013 (2009-5); 2 Asian Champs 4x100 2013. 2 Japanese 100 2009/2013 (2 200 2013)

CHERONO Mercy (KEN) 7-5-1991 4x1500 Metres
 2013 World Championship silver at 5000m

1500 pb: 4:02.31 -11. 3000 pb: 8:21.14 -14. 5000 pb: 14:35.13 -11. 10,000 pb: 34:33.4 -06. 1 World Youth 3000 2007; 1 Commonwealth Youth Games 3000 2008; 1 WJC 3000 2008/2010 (2 5000 2010); 1 African junior 3000 2009 (2 5000); 2 WCH 5000 2013 (2011-5). At WXC: 2007-23J, 2009-2J, 2010-1J. 1 African XC 2011. She is the oldest of six children ... coach-Claudio Berradeli (same as Janeth Jepkosgei, Nancy Jebet Langat)

CHESEBE Sylvia (KEN) 17-5-1987 4x800 Metres
 Full name- Sylvia Chesebe Chematui
800 pb: 2:00.76 -13. 3 African Games 2011; 4 African Champs 2012. 3 Kenyan 2013

JELAGAT Irene (KEN) 10-12-1988 4x1500 Metres
 2011 African Games Champion
1500 pb: 4:02.59 -11. 3000 pb: 8:28.51 -14. 800 pb: 2:02.99 -06. 1 WJC 2006; ht OLY 2008; ht WCH 2009; 4 African Champs 2010 (2008-5); 6 COM 2010; 1 African Games 2011; 4 WIC 2014 (2010-5). She represents the Dog Unit of the Kenyan Police team

JEPKOSGEI Janeth (KEN) 13-12-1983 4x800 Metres
 Full name-Janeth Jepkosgei Busienei (the IAAF put Busienei on her bib, but she's best known as Jepkosgei)
 2007 World Champion, 2009 silver & 2011 bronze ... 2008 Olympic silver
800 pb: 1:56.04 -07. 1500 pb: 4:04.17 -10. 400 pb: 54.06 -10. ht World Youth 99; 1 WJC 2002; 1 COM 2006; 1 African Champs 2006 (2010-2); 2 WCP 2006; 1 WCH 2007 (2009-2, 2011-3); 2 OLY 2008 (2012-7); 1 IAAF Continental Cup 2010. 1 Kenyan 2010/2011. Coach-Claudio Berradeli (formerly Paul Ereng)

KIMASWAI Agatha (KEN) 2-4-1994 4x800 Metres
800 pb: 2:03.22 -12. sf World Youth 2011; sf WJC 2012. 1 Kenyan junior 2012

KIPYEGON Faith (KEN) 10-1-1994 4x1500 Metres
 Full name-Faith Chepngetich Kipyegon
 Commonwealth record holder at 1500m and twice World Junior Cross Country Champion
1500 pb: 3:56.98 -13. 3000 pb: 8:23.55 -14. 800 pb: 2:02.8 -13. 1 World Youth 2011; 1 WJC 2012; ht OLY 2012; 5 WCH 2013. 1 African junior XC 2012. At WXC: 2010-4J (but only the fourth Kenyan finisher), 2011/2013-1J. Her older sister is Beatrice Mutai (5 Kenyan XC 2013)

KOECH Cheron (KEN) 8-12-1992 4x800 Metres
 2009 World Youth Champion
800 pb: 1:59.68 -11. 1 World Youth 2009; 2 WJC 2010; dq COM 2010; 2 African junior 2011; sf WCH 2011; sf OLY 2012

MWANGI Ann Karindi (KEN) 8-12-1988 4x1500 Metres
 2010 Japanese Champion at 5000m
1500 pb: 4:06.58 -10. 5000 pb: 15:05.34 -09. At WXC: 2009-7. 6 African Champs 2010; 6 African Games 2011. 1 Japanese 5000 2010. She competes in Japan for Team Yutaka Giken (manufacturer of car parts)

OBIRI Hellen (KEN) 13-12-1989 4x1500 Metres
 Full name-Hellen Onsando Obiri
 2012 World Indoor Champion at 3000m ... 2013 World 1500m bronze ... African record holder at 3000m
1500 pb: 3:58.58 -13. 3000 pb: 8:20.68 -14. 800 pb: 2:00.54 -11. 3 World Military Games 800 2011 (4 1500); 1 WIC 3000 2012 (2014-2); 12 OLY 1500 2012; 3 WCH 1500 2013 (2011-10). 1 Kenyan 1500 2011. When she fell in the World Championship 1500m final, she accidentally brought down favourite Morgan Uceny & spiked the defending champion Maryam Jamal. Lowered the African 3000m record to 8:20.68 at the 2014 Doha Diamond League

SUM Eunice (KEN) 2-9-1988 4x800 Metres
 Full name-Eunice Jepkoech Sum
 2013 World Champion, having improved by almost two seconds at the Moscow championships
800 pb: 1:57.38 -13. 1500 pb: 4:02.05 -13. sf WCH 800 2011; 2 African Champs 800 2012; ht OLY 1500 2012; 1 WCH 800 2013. 1 Kenyan 800 2012 (2010-3, 2011-2)

- GUEVARA Cristina (MEX) 12-12-1987** **4x800 Metres**
800 pb: 2:03.90 -14. 1500 pb: 4:16.22 -14. ht WJC 800 2006; 3 Central American & Caribbean Champs 2008; 9 WSG 1500 2013. 1 Mexican 800 2008 & 1500 2013
- MEDINA Gabriela (MEX) 3-3-1985** **4x800 Metres**
 2011 Central American & Caribbean Champion at 800m
800 pb: 2:01.50 -11. 400 pb: 51.25 -07. sf World Youth 400 2001 (ht 800); ht WJC 400 2002/2004; 3 Central American & Caribbean Games 800 2006 (2002-3); ht WCH 400 2007; 2 Central American & Caribbean Champs 400 2008; sf OLY 400 2008; 1 Central American & Caribbean Champs 800 2011; 2 Pan-American Games 800 2011
- ABINUWA Endurance (NGR) 31-7-1987** **4x100/200 Metres**
100 pb: 11.29w, 11.32 -11. 200 pb: 23.07w, 23.11 -11. 400 pb: 52.28 -11. 400H pb: 58.50 -11. 8 African Champs 400H 2006; 1 African Champs 4x400 2008/2012; 6 WCH 4x400 2009; 5 African Champs 200 2010; 4 OLY 4x100 2012. Was at the University of Texas El Paso
- ABOGUNLOKO Bukola (NGR) 18-8-1994** **4x400 Metres**
400 pb: 51.57 -12. 6 WJC 2010 (2 4x400); 3 Youth Olympic Games 2010; 6 African Games 2011; 6 WCH 4x400 2013 (2011-8); 4 African Champs 2012 (1 4x400); 6 WIC 4x400 2014. She was part of the Nigerian relay team who originally won silver at the 2010 Commonwealth Games, but were then disqualified due to the doping violation of lead-off runner Sade Abugan
- ABUGAN Sade (NGR) 17-12-1990** **4x400 Metres**
 (Sade pronounced "Shar-Day" as in Smooth Operator, shortened from Folasade)
 2008 World Junior Champion ... 3x Nigerian Champion
400 pb: 50.89 -08. 3 COM 4x400 2006; 2 WJC 4x400 2006; 3 African Games 2007; 1 WJC 2008 (2006-8); 2 African Champs 2008 (2009-3); sf OLY 2008; 1 African Junior 2009; sf WCH 2009 (ht 2007); 6 WIC 4x400 2014. 1 Nigerian 2008/2009/2010. Two-year doping suspension 2010-2012, meaning that Nigeria were stripped of their 2010 Commonwealth relay silver
- ALPHONSUS Peace Uko (NGR) 12-1-1989** **4x100 Metres**
100 pb: 11.39 -12
- ASUMNU Gloria (NGR) 22-5-1985** **4x100/200 Metres**
 2012 African Champion at 200m
100 pb: 11.02w, 11.03 -08. 200 pb: 22.70 -07. 7 WCH 4x100 2011; 3 African Games 100 2011 (5 200); 6 WIC 60 2012 (2014-7); sf OLY 100 2012 (ht 200, 4 4x100); 1 African Champs 200 2012 (3 100); sf WCH 100 2013. Holds dual citizenship with Nigeria and the USA ... was at Tulane University (New Orleans)
- DUNCAN Dominique (NGR) 7-5-1990** **4x100/200 Metres**
 We thought she was American, but now she's declared for Nigeria
100 pb: 11.05w -11, 11.30 -12. 200 pb: 22.70w -12, 22.82 -14. 2 US junior 200 2009; 3 NCAA 200 2012
- GEORGE Patience (NGR) 25-11-1991** **4x200/400 Metres**
 Full name-Patience Okon George
 (She's not related to Regina George)
200 pb: 23.73 -12. 400 pb: 51.87 -13. 6 WCH 4x400 2013; 6 WIC 4x400 2014. 2 Nigerian 2013
- GEORGE Regina (NGR) 17-2-1991** **4x200/400 Metres**
 World Junior relay competitor for USA in 2010, she has dual citizenship with Nigeria and was cleared by the IAAF to compete for that country from June 27, 2012
200 pb: 23.38 -13. 400 pb: 50.84 -13. sf WJC 2010 (1 4x400) (for USA); 2 African Champs 2012 (for Nigeria); sf OLY 2012; sf WCH 2013; sf WIC 2014 (though did not start due to injury). 1 Nigerian 2012/2013. 4 NCAA 2012 (2013-5). Student of Psychology at the University of Arkansas... 49.67 relay split at Moscow World Championships where Nigeria were sixth
- OGOEBUNAM Amaka (NGR) 3-3-1990** **4x400 Metres**
400 pb: 52.16 -09. 400H pb: 55.88 -09. 1 African junior 200/100H/400H 2009; dq/sf WCH 400H 2009 on two counts, illegal hurdle clearance and then it was revealed that she'd failed a doping control test was ultimately banned for two years, 2009-2011
- OKAGBARE Blessing (NGR) 9-10-1988** **4x100/200 Metres**
 Triple African Champion & double US Collegiate Champion indoors & out in 2010 ... 2008 Olympic long jump bronze ... high world class at 100m, 200m & long jump
100 pb: 10.75w , 10.19 -13. 200 pb: 22.31 -13. LJ pb: 7.14w, 7.00 -13. TJ pb: 14.13 -08. dnq WJC LJ/TJ 2006; 3 OLY LJ 2008 (2012-dnq); dnq WCH LJ 2009; 1 African 100/LJ/4x100 2010; 3 IAAF Continental Cup 100 (6 LJ) 2010; 5 WCH 100 2011 (dnq LJ); 1 African Games LJ 2011 (2 100); 8 OLY 100 2012. 1 Nigerian 100 2009/2010/2011, LJ 2007/2008/2009/2011, TJ 2007. 1 NCAA 100/LJ & indoor 60/LJ 2010. Business student at the University of Texas El Paso, she started there in 2008 after being offered a scholarship following her silver medal at the 2007 African Games long jump. 1.80 tall
 Great form already in 2014: 100m/11.18 (2 Doha); 200m/22.36 (1 Shanghai); LJ/6.86 (1 Shanghai)
- OMOTOSHO Omolara (NGR) 25-5-1993** **4x400 Metres**
400 pb: 51.28 -12. 8 African Games 2011; 1 African Champs 4x400 2012; sf OLY 2012; sf WCH 2013; 6 WIC 4x400 2014. Two-year doping suspension 2009-2011, at the start of it she was only 15
- BEDNAREK Agata (POL) 28-6-1988** **4x400 Metres**
 4x Polish Champion
400 pb: 52.41 -12. ht ECH 2010; 9 ETCh 2011. 1 Polish 2009/2010/2011/2012
- HOLUB Malgorzata (POL) 30-10-1992** **4x400 Metres**
400 pb: 52.28 -13. 2 EJC 4x400 2011; 4 under-23 ECH 2013 (1 4x400); ht WIC 2014 (5 4x400). 2 Polish 2013 & indoor 2014
- JESCHKE Marta (POL) 2-6-1986** **4x100 Metres**
 2014 Polish Indoor Champion at 60m ... ran third leg of Polish team which won European 4x100 bronzes in Barcelona 2010 & Helsinki 2012
100 pb: 11.33 -11. 200 pb: 23.19 -08. 1 EJC 4x100 2005; ht OLY 200 2008; 2 ETCh 200 2009; 5 WSG 200 2009; sf ECH 200 2010 (3 4x100); ht WCH 100 2011; 3 ECH 4x100 2012; ht OLY 100 2012; sf WIC 60 2014. 1 Polish indoor 60 2014
- KIE BASI SKA Anna (POL) 26-6-1990** **4x100 Metres**
 Declared 2011 European under-23 200m gold after original winner (Darya Pizhankova UKR) was disqualified for doping
100 pb: 11.51 -12. 200 pb: 23.23 -11. 3 EJC 200 2009 (2 4x100); 1 under-23 ECH 200 2011 (4 100); ht WCH 200 2011; ht OLY 200 2012; sf WIC 60 2014
- LINKIEWICZ Joanna (POL) 2-5-1990** **4x400 Metres**
400 pb: 53.72 -13. 400H pb: 56.86 -13. 6 ETCh 400H 2013 (2011-9); 4 Francophone Games 400H 2013. 1 Polish 400H 2013 & indoor 400 2011
- PTAK Ewelina (POL) 20-3-1987** **4x100/400 Metres**
 (Née Klocek)
 2006 World junior bronze at 200m
100 pb: 11.38w, 11.45 -10. 00 pb: 23.07 -09. 400 pb: 53.38i -14, 53.52 -13. 3 WJC 200 2006; 5 ECP 200 2008; 2 WSG 4x100 2009 (2013-3); sf ECH 200 2010; 2 ECH 4x100 2012; 5 WIC 4x400 2014
- WI TY Justyna (POL) 3-12-1992** **4x400 Metres**
 2014 World indoor finalist
400 pb: 52.22 -13. 2 EJC 4x400 2011; 3 under-23 ECH 2013 (1 4x400); 4 WIC 2014 (5 4x400). 1 Polish 2013 & indoor 2012/2014
- WEDLER Weronika (POL) 17-7-1989** **4x100 Metres**
 Won sprint double at 2010 Polish Championships
100 pb: 11.35 -11. 200 pb: 23.28w -11, 23.30 -10. 3 EJC 4x100 2007; sf WJC 200 2008 (ht 100); 6 under-23 ECH 200 2009 (2 4x100); 6 ETCh 200 'A' 2010; 3 WSG 4x100 2013. 1 Polish 100/200 2010
- WYCISZKIEWICZ Patrycja (POL) 8-1-1994** **4x400 Metres**
 2013 European Junior Champion
400 pb: 51.56 -13. sf World Youth 2011; 2 EJC 4x400 2011; sf WJC 2012; 1 EJC 2013 (1 4x400); 5 WIC 4x400 2014
- CANCEL Genoiska (PUR) 21-11-1988** **4x100 Metres**
100 pb: 11.56 -13. ht World Youth 400 2005; 7 Ibero-American 100 2012

- CRUZ Beatriz (PUR) 15-6-1980** **4x100 Metres**
100 pb: 11.66 -08. ht OLY 4x400 2000; 4 Pan-American 4x100 2007
- MORALES Celiangely (PUR) 2-11-1985** **4x100 Metres**
100 pb: 11.50 -08. 200 pb: 23.69 -08. 3 Ibero-American 100 2006; 4 Pan-American 4x100 2007
- RODRIGUEZ Carol (PUR) 16-12-1985** **4x100 Metres**
Puerto Rican record holder at 100m, 200m & 400m
100 pb: 11.28 -09. 200 pb: 22.23 -06. 400 pb: 51.39 -08. ht OLY 200/400 2008; 3 Central American & Caribbean Champs 100 2009; 6sf OLY 400 2012; 6 Central American & Caribbean Champs 200 2013 (7 400). Coach-Bobby Kersee
- BOBOCEA Claudia (ROU) 11-6-1992** **4x800/1500 Metres**
800 pb: 2:04.73 -13. 1500 pb: 4:15.84 -13. 9 under-23 ECH 1500 2013
- BUNEA Anca Maria (ROU) 4-8-1994** **4x1500 Metres**
1500 pb: 4:26.77 -14. 3000 pb: 9:25.11 -11. 8 World Youth 3000 2011; 2 European Youth Olympic Festival 3000 2011; 17 WJC 5000 2012. At WXC: 2010-59J. At EXC: 2010-16J, 2011-23J, 2012-24J
- NUNU Mihaela (ROU) 10-5-1989** **4x800 Metres**
800 pb: 2:02.57 -11. 1500 pb: 4:27.18 -12. ht WJC 800 2008; ht EIC 800 2011. 1 Romanian indoor 800 2014
- PIERDEVARĂ Florina (ROU) 29-3-1990** **4x800/1500 Metres**
800 pb: 2:02.73 -14. sf World Youth 2007. 1 Romanian 1500 2013
- SIMIUC Lenuta (ROU) 27-9-1994** **4x1500 Metres**
800 pb: 2:08.88 -13. 1500 pb: 4:18.37 -13. 7 EJC 1500 2013
- TANASIE Adelina Elena (ROU) 4-6-1993** **4x800 Metres**
800 pb: 2:04.51 -13. 1500 pb: 4:25.20 -13. 3 Romanian indoor 800/1500 2014
- BALAKSHINA Anna (RUS) 22-11-1985** **4x800 Metres**
800 pb: 2:00.19 -10. 1500 pb: 4:10.21i -11, 4:11.13 -10. 4 Russian indoor 1500 2014
- GUSAROVA Kseniya (RUS) 29-3-1989** **4x400 Metres**
(Née Prytkova)
400 pb: 52.14 -13. 2 ETCh 4x400 2013
- KOBELEVA Yelena (RUS) 12-6-1988** **4x800 Metres**
800 pb: 2:01.78 -11. 1500 pb: 4:08.65 -13. 4 Russian indoor 2014
- KOTLYAROVA Nadezhda (RUS) 12-6-1989** **4x400 Metres**
2013 European Indoor relay silver
400 pb: 51.93 -13. 200 pb: 23.33 -13. 2 EIC 4x400 2013; 6 WSG 200 2013 (1 4x400)
- MALANOVA Ayvika (RUS) 28-11-1992** **4x400 Metres**
400 pb: 53.32i -13, 53.60 -10. 800 pb: 1:59.61 -13. 1500 pb: 4:12.98 -13. 3 EJC 800 2011; 6 under-23 ECH 1500 2013
- MARACHEVA Irina (RUS) 29-9-1984** **4x800 Metres**
2012 European silver
800 pb: 1:57.82 -12. 1500 pb: 4:06.78 -11. 8 WSG 1500 2009; 9 ETCh 1500 2010; 2 ECH 2012. 4 Russian 2013
- MYAZINA Tatyana (RUS) 18-3-1988** **4x400/800 Metres**
400 pb: 54.80i -14, 55.63 -12. 800 pb: 2:02.29i -14, 2:03.43 -13. 1 Ural indoor 2014; 5 Russian indoor 2014
- ROGOZINA Svetlana (RUS) 26-12-1992** **4x400/800 Metres**
400 pb: 53.12 -14. 800 pb: 2:01.68 -13. 6 Russian under-23 800 2012
- ZUYKEVICH Yelena (RUS) 26-2-1990** **4x400 Metres**
400 pb: 53.23 -13. 1 Ural under-23 2012
- CUENI Michelle (SUI) 4-12-1983** **4x200 Metres**
200 pb: 24.18 -13. 100 pb: 11.60 -12. 2 Swiss 200 2006 & 100 2007
- GOLAY Joëlle (SUI) 15-10-1987** **4x100/200 Metres**
100 pb: 11.98 -14. 200 pb: 23.84 -13. ht WJC 200 2006; 5 Francophone Games 200 2013
- HUMAIR Aurélie (SUI) 24-1-1989** **4x100 Metres**
100 pb: 11.75 -13. 3 Swiss 100 2013. She is the older sister of sprinter Fanny Humair
- HUMAIR Fanette (SUI) 8-10-1991** **4x100/200 Metres**
100 pb 11.76 -13. 200 pb: 24.01 -13. 2 Swiss 100 2013. She is the younger sister of sprinter Aurélie Humair
- KAMBUNDJI Mujinga (SUI) 17-6-1992** **4x100/200 Metres**
100 pb: 11.50 -13. 200 pb: 23.24 -13. 6 World Youth 200 2009; sf WJC 100/200 2010; 5 EJC 100/200 2011; ht ECH 100 2012; ht OLY 200 2012; ht EIC 60 2013; ht WCH 200 2013. 1 Swiss 100/200 2009/2012/2013 (1 100 2011). 1 Swiss indoor 200 2011. Swiss/Congolese heritage
- LAVANCHY Marisa (SUI) 4-1-1990** **4x100/200 Metres**
100 pb: 11.53 -13. 200 pb: 23.93i -13, 23.99 -12. 8 WJC 4x100 2008. 3 Swiss 100 2008/2011/2012 (2 200 2010 & 2 2011/2012); 1 Swiss indoor 200 2012
- SPRUNGER Lea (SUI) 5-3-1990** **4x100/200 Metres**
100 pb: 11.61 -13. 200 pb: 23.08 -12. Heptathlon pb: 5651 -11. 13 World Youth Heptathlon 2007; 10 WJC Heptathlon 3 EJC Heptathlon 2009; 16 under-23 ECH Heptathlon 2011; ht OLY 200 2012; ht EIC 400 2014. Her older sister Ellen Sprunger is an international Heptathlete (pb 6124 -12) 19th in London 2012 Olympics
- AHYE Michelle Lee (TTO) 10-4-1992** **4x100/200 Metres**
(Ahye is pronounced like Eye - E, therefore rhyming with Bayi as in Filbert Bayi)
100 pb: 11.04 -14. 200 pb: 22.88w -14, 22.98 -13. 1 Carifta Games under-17 100/200 2007; sf World Youth 100 2007; sf WCH 100 2011; sf OLY 100 2012; 6 WIC 60 2014
- BLACK Geronne (TTO) 26-10-1989** **4x100/200 Metres**
100 pb: 11.48 -13. ht WIC 60 2014
- BROOKS Alena (TTO) 14-11-1991** **4x400/800 Metres**
400 pb: 53.55 -11. 800 pb: 2:04.90i -14, 2:05.25 -13. 7 NCAA indoor 800 2014. 1 Trinidadian 800 2013. Attends University of Minnesota
- DURANT Kamaria (TTO) 24-2-1991** **4x100/200 Metres**
(Kamaria aka Kamara)
100 pb: 11.39w, 11.41 -13. 2 Central American & Caribbean Champs 4x100 2013
- FERMIN Shawna (TTO) 17-8-1991** **4x400/800 Metres**
400 pb: 52.62 -13. 200 pb: 23.92 -12. ht WJC 400 2010; 1 Central American & Caribbean Champs 4x400 2013
- HOWELL Magnolia (TTO) 11-3-1983** **4x400 Metres**
400 pb: 53.45 -13. 1 Central American & Caribbean Champs 4x100 2011
- JAMES Jessica (TTO) 21-10-1991** **4x400 Metres**
400 pb: 54.20 -12. 800 pb: 2:09.80 -10. ht World Youth 800 2007; 3 Central American & Caribbean junior 800 2010
- MODESTE Ramona (TTO) 21-11-1983** **4x400/800 Metres**
400 pb: 53.82 -06. 1 Central American & Caribbean Champs 4x400 2013. 1 Trinidadian 400 2000
- SELVON Kai (TTO) 13-4-1992** **4x100/200 Metres**
2012 Olympic semi-finalist at 200m
100 pb: 11.19w -11, 11.21 -12. 200 pb: 22.89 -11. 400 pb: 54.00 -12. ht WJC 100 2008; qf World Youth 100 2009; 2 Central American & Caribbean junior 200 2010; 4 WJC 200 2010; sf WCH 200 2011; sf OLY 200 2012. Attends Auburn University
- TELESFORD Aaliyah (TTO) 10-3-1995** **4x100/200 Metres**
100 pb: 11.42w, 11.49 -14. ht WJC 100 2012
- THOMAS Reyare (TTO) 23-11-1987** **4x100/200 Metres**
100 pb: 11.16w -14, 11.30 -12. 3 Central American & Caribbean Champs 200 2009

- WILLIAMS Domonique (TTO) 8-8-1994** **4x400/800 Metres**
400 pb: 52.95 -14. 800 pb: 2:09.71 -13. 2 Trinidadian 800 2013
- ANDERSON Alex (USA) 28-1-1987** **4x100 Metres**
 2013 World 100m finalist & relay silver
100 pb: 10.91 -13. 200 pb: 22.60 -09. 400 pb: 52.63 -05. 1 World Youth Medley relay 2003; 1 WJC 4x400 2004; 2 Pan-American junior 200 200 2005; 5 WJC 100 2006 (1 4x100); 7 WCH 100 2013 (2 4x100). 1 NCAA 100 2009 (2 200). Deputised for Carmelita Jeter in the heats of the 2011 World 4x100m, so awarded gold won by US in final
- ATKINS Joanna (USA) 31-1-1989** **4x400 Metres**
 2014 World Indoor Relay Champion
400 pb: 50.39 -09. 6 WIC 2014 (1 4x400). 1 NCAA 2009 (2010-3, 2011-2). 2 US indoor 2013/2014. Ran in relay heat at 2013 World Championships, so awarded silver medal won by USA in final
- BARTOLETTA Tianna (USA) 30-8-1985** **4x100 Metres**
 (Née Madison) ... World Long Jump Champion in 2005 (outdoors) & 2006 (indoors) ... led off the USA's world record sprint relay team at the London Olympics
100 pb: 10.85 -12. 200 pb: 22.37w, 22.50 -12. LJ pb: 6.92w, 6.89 -05. 4 Pan-Am junior LJ 2003; 1 WCH LJ 2005 (2007-10); 1 WIC LJ 2006; 3 WIC 60 2012/2014; 4 OLY 100 2012 (1 4x100). 1 US indoor 60 2014
- BEARD Jessica (USA) 8-1-1989** **4x400 Metres**
 World Championship relay gold medallist in 2009 & 2011 ... 49.13 relay split in 2011
400 pb: 50.56 -09. 200 pb: 22.81 -13. 5 WJC 2006 (1 4x400); 3 Pan-American junior 2007; 2 WJC 2008 (1 4x400); sf WCH 2009 2009 (ran in heat of 4x400, so awarded gold medal won by USA in final); sf WCH 2011 (1 4x400); 2 WCH 4x400 2013. 1 NCAA indoors & out 2011. Student of Psychology at Texas A & M University
- BOWIE Tori (USA) 27-8-1990** **4x200 Metres**
 Former US Collegiate Champion
100 pb: 11.10 -14. LJ pb: 6.91 -13. dnq WIC LJ 2014. 1 NCAA LJ 2011 indoors & out; 2 US indoor 2014. Studied Psychology at The University of Southern Mississippi
- DANIELS Paris (USA) 25-1-1990** **4x200 Metres**
200 pb: 22.52w, 22.73 -13. 100 pb: 11.23w, 11.28 -12. 4 NCAA 200 2013
- DUNCAN Kimberlyn (USA) 2-8-1991** **4x200 Metres**
 Multiple US Collegiate Champion, representing Louisiana State University
200 pb: 21.80w -13, 22.19 -12. 100 pb: 10.96 -12. sf WCH 200 2013. 1 NCAA 200 2011/2012/2013; 1 NCAA indoor 200 2011/2012/2013. 1 US 200 2013
- GRACE Kate (USA) 24-10-1988** **4x1500 Metres**
1500 pb: 4:07.35 -14. 800 pb: 1:59.47 -13. 5 NCAA 2011; 4 US 2013. Graduate in Environmental studies from Yale University
 Her mother is the US fitness guru Kathy Smith, who has sold millions of her workout videos since the 1980s
- HARGROVE Monica (USA) 30-12-1982** **4x400 Metres**
400 pb: 50.39 -09. 2 WIC 4x400 2006 (Gold 2014). Eldest of three sisters. Psychology Graduate from Georgetown University, Washington DC
 Ran in relay heat at 2014 World Championships, so awarded gold medal win by USA in final
- HASTINGS Natasha (USA) 23-7-1986** **4x400 Metres**
 Winner of nine gold medals across various World Championships as a youth, junior, senior and indoors
400 pb: 49.84 -07. 200 pb: 22.61 -07. 1 World Youth 400/Medley Relay 2003; 1 WJC 400/4x400 2004; sf WCH 2007 (ht 4x400 2007/2009/2011 – awarded gold); 1 WIC 4x400 2010; 3 WIC 2012 (2 4x400); 5 WCH 2013 (2 4x400); 1 WIC 4x400 2014. Ran in relay heats at 2008 Olympics, so awarded gold medal won by USA in final. 1 NCAA in/out 400 2007. 1 US indoor 400 2011 & outdoor 400 2013. Born-New York, father Charles-Jamaican, mother Joanne Gardner was British Junior Girls 100m Champion in 1977 ... her cousin is Shaka Hislop, Trinidad's goalkeeper at the 2006 World (soccer) Cup
- KAMPF Heather (USA) 19-1-1987** **4x1500 Metres**
 (Née Dorniden)
1500 pb: 4:07.15 -14. 800 pb: 2:00.04 -13. 6 Pan-American Games 800 2011; dq WIC 1500 2014 (out of lane). 1 NCAA indoor 800 2006; 3 US indoor 800 2011 & 1500 2014; 1 US Road Mile 2012/2013
- KNIGHT Bianca (USA) 2-1-1989** **4x200 Metres**
 Led off winning US sprint relay team at the 2011 World Championships, then third leg for US team which shattered the world record in London 2012
200 pb: 22.34w -12, 22.35 -11. 100 pb: 11.07 -08. 400 pb: 52.55 -11. 1 World Youth 100/Medley Relay 2005 (2 200); 1 Pan-American junior 200 2007; 1 WCH 4x100 2011; 1 OLY 4x100 2012. 1 NCAA indoor 200 2008 (3 60). Attends the University of Texas, but has become a professional athlete ... her cousin Justin Jenkins plays American Football for the Buffalo Bills team
- LARA Geena (USA) 18-1-1987** **4x800 Metres**
 (Née Gall)
 Twice US Collegiate Champion, representing the University of Michigan
800 pb: 1:59.24 -12. 1500 pb: 4:12.23 -11. sf WCH 2009; sf OLY 2012. 1 NCAA 2008/2009. She was Tiffany Offili's room-mate for four years at the University of Michigan and was bridesmaid when Tiffany married Jeff Porter on May 7, 2011
- LAWSON Lekeisha (USA) 3-6-1987** **4x100 Metres**
100 pb: 11.14 -13. sf WIC 60 2014. 2 US indoor 60 2013/2014. Studied Communications as the University of Nevada, Las Vegas
- LIPSEY Charlene (USA) 16-7-1991** **4x800 Metres**
800 pb: 2:01.09 -14. 2 NCAA 2012 (2011-4); 3 NCAA indoor 2013
- MACKEY Katie (USA) 12-11-1987** **4x1500 Metres**
1500 pb: 4:04.60 -13. 800 pb: 2:02.21 -13. 5000 pb: 15:23.65 -13. 9 US Olympic Trial 1500 2013
- MARTINEZ Brenda (USA) 8-9-1987** **4x800/1500 Metres**
 2013 world 800m bronze
800 pb: 1:57.91 -13. 1500 pb: 4:00.94 -13. ht WIC 1500 2012; 3 WCH 800 2013. Born-California, parents-Mexican ... studied Sociology & Law at the University of California, Riverside
- MEADOWS Tawanna (USA) 4-8-1986** **4x200 Metres**
200 pb: 22.91 -14. 100 pb: 11.11 -14. 2 North, Central America & Caribbean under-23 100 2008. 6 US indoor 60 2013
- PIERRE Barbara (USA) 28-4-1987** **4x100 Metres**
 Fourth in 2012 World Indoor 60m
100 pb: 10.85 -13. 200 pb: 23.23 -10. 3 Central American & Caribbean Champs 100 2008; 4 North/Central America & Caribbean under-23 100 2008; qf OLY 100 2008 (for Haiti); 2 Pan-American Games 100 2011 (for USA; 4 WIC 60 2012). 1 US indoor 60 2013. She has dual citizenship with Haiti and declared for that country from 2007, but in 2010 she reverted to the USA
 10.85 for 100m at the 2013 US Championships which she then repeated at the London Olympic Anniversary Games, but she still could not even get a place in the US relay quartette for the Moscow World Championships
- PRICE Chanelle (USA) 22-8-1990** **4x800 Metres**
 New World Indoor Champion
800 pb: 1:59.75 -14. 6 World Youth 2007; 2 Pan-American junior 2009; 1 North/Central American & Caribbean under-23 2012; 3 NCAA 2011; 2 US indoor 2013/2014. Studied journalism and electronic media at the University of Tennessee
- RICHARDS ROSS Sanya (USA) 26-2-1985** **4x400 Metres**
 Individual Olympic gold at last in London 2012. She is the world's most prolific sub-50 second woman 400m runner (46 times up to 49.89 in Stockholm on August 17, 2012) ... 2013 season curtailed by a toe injury
400 pb: 48.70 -06. 200 pb: 22.09 -12. 100 pb: 10.97 -07. 2 WJC 400 2002 (3 200, 1 4x400); 1 WCH 4x400 2003 (sf individual); 6 OLY 400 2004 (1 4x400); 2 WCH 400 2005; sf WIC 400 2006; 1 WCP 200/400 2006; 5 WCH 200 2007 (1 4x400); 3 OLY 400 2008 (1 4x400); 1 WCH 400/4x400 2009; 7 WCH 400 2011 (1 4x400); 1 WIC 2012 (2 4x400); 1 OLY 400/4x400 2012 (5 200). Born in Kingston, Jamaica but left that country at age 12 and granted US citizenship on May 20, 2002. Married

US National Football League star Aaron Ross on February 26, 2010. Her 2013 season was cut short with a foot injury, she came back at the Jamaican International at Kingston on May 3, 2014 (5th place 51.62)

SMITH Stacey Anne (USA) 8-1-1991 **4x100 Metres**
2010 World Junior relay gold
100 pb: 11.47w -14, 11.86 -05. 200 pb: 23.23w -14, 23.27 -11. 400 pb: 52.83 -10. 4 WJC 400 2010 (1 4x400)

SOLOMON Shalonda (USA) 19-12-1985 **4x200 Metres**
2011 US Champion at 200m ... former World Junior Champion at 200m
200 pb: 22.15 -11. 100 pb: 10.90 -10. 400 pb: 53.47 -08. 2 WJC 4x100 2002; 1 WJC 200/4x100 2004; 1 North, Central American & Caribbean under-23 200 2006; 2 IAAF Continental Cup 100 2010; 4 WCH 200 2011 (ran in heat of 4x100, so awarded gold medal won by USA in final). 1 US 200 2011 ... studied Nursing at the University of South Carolina

TARMOH Jeneba (USA) 27-9-1989 **4x100 Metres**
Tied for third place with Allyson Felix in 2012 US Olympic Trial 100m; the two were due to have a run-off to break the tie, but she opted out and so the place went to Felix
200 pb: 22.15w -13, 22.28 -11. 100 pb: 10.93 -13. 7 WJC 200 2006 (1 4x100); 1 WJC 100 2008 (1 4x100); 1 North/Central American & Caribbean under-23 100 2010; 5 WCH 200 2013 (2 4x100). Ran second leg in heat of 2012 Olympic 4x100, so awarded gold medal won by USA in final where she was replaced by Allyson Felix. Parents from Sierre Leone ... student of Psychology at Texas A&M University

TROTTER Deedee (USA) 8-12-1982 **4x400 Metres**
Wonderful comeback in 2012 to take Olympic 400m bronze with her quickest time in five years
400 pb: 49.64 -07. 200 pb: 22.83w, 22.85 -13. 5 OLY 2004 (1 4x400); 5 WCH 2005/2007 (2003-sf); 1 WCH 4x400 2007; sf OLY 2008; 1 WIC 4x400 2010; 3 OLY 2012 (1 4x400). 1 NCAA 2004; 1 US in/out 2007. Ran in heats of 2003 World 4x400m relay, so awarded gold medal won in final by the USA. Full name-De'Hashia Tonnek Trotter ... her maternal great-grandfather was a native American

UCENY Morgan (USA) 10-3-1985 **4x800/1500 Metres**
(Pronounced "Yoose - enni")
Terrible luck to fall in the 1500m final at both the 2011 World Championships & 2012 Olympics, when she had a good chance of winning both races
800 pb: 1:58.37 -11. 1500 pb: 4:00.06 -11. 9 WCH 1500 2011; dnf OLY 1500 2012. 1 US 1500 2011/2012 (1 indoor 2010). Great-grandfather was from Czechoslovakia ... Former basketball player ... as a teenager she assisted with her father's business as a bricklayer

VAUGHN Sara (USA) 16-5-1986 **4x1500 Metres**
(Née Ensrud)
1500 pb: 4:08.34 -12. ht WIC 2012; 3 US indoor 2012. Psychology graduate from the University of Colorado. Mother of two, her husband Brent Vaughn was US Cross Country Champion in 2011

WILSON Ajee' (USA) 8-5-1994 **4x800 Metres**
(Ajee' is pronounced "ahh-jay" – she was named after a brand of perfume) Reigning World Junior & former World Youth Champion
800 pb: 1:58.21 -13. 1500 pb: 4:12.10 -14. 1 World Youth 2011; 1 WJC 2012 (2010-5); 6 WCH 2013; ht WIC 2014. 1 US indoor 2013/2014. Student of Kinesiology at Temple University, Philadelphia ... her older sister Jade Wilson is a 59.90 400m hurdler

SOTO Nercely (VEN) 23-8-1990 **4x100 Metres**
Venezuelan record holder at 200m & 400m
100 pb: 11.64 -13. 200 pb: 22.53 -12. 400 pb: 51.94 -13. 4 Ibero-American 200 2012; 2 South American 200 2013; 1 South American Games 200 2014 (2 400). 1 Venezuelan 100 2012 & 200 2010/2012